



Ezakwa Dinuzulu

NEWS

October 2022

Patient safety

The WHO resolution WHA 72.6 ‘Global action on patient safety’ recognizes patient safety as a global health priority and endorses the establishment of World Patient Safety Day to be observed annually on 17 September. WHO has identified “*Medication without Harm*” as the theme for the third Global Patient Safety Challenge with orange as the colour of the day. *Medication Without Harm* aims to reduce severe avoidable medication-related harm by 50%, globally in the next 5 years.

Unsafe medication practices and medication errors are a leading cause of injury and avoidable harm in health care systems across the world with huge associated costs. Errors can occur at different stages of the medication use process and medication errors occur when weak medication systems and/or human factors such as fatigue, poor environmental conditions or staff shortages affect prescribing, transcribing, dispensing, administration and monitoring practices, which can then result in severe harm, disability and even death.

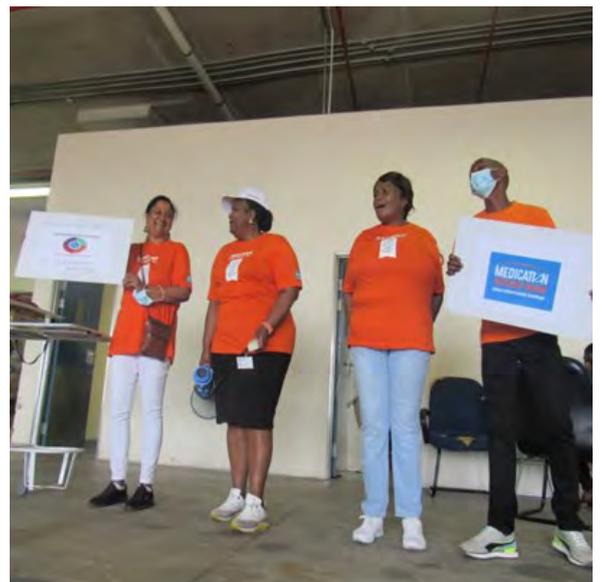
The third WHO Global Patient Safety Challenge: *Medication without Harm* proposes solutions to address many of the obstacles the world faces today to ensure the safety of medication practices. WHO’s goal is to achieve widespread engagement and commitment of WHO Member States and professional bodies around the world to reducing the harm associated with medication.

“MEDICATION SAFETY IS EVERYONES RESPONSIBILITY”

Medications are the most widely utilized interventions in health care, and medication-related harm constitutes the greatest proportion of the total preventable harm due to unsafe care, let alone the economic and psychological burden imposed by such harm.

Recognizing that improving medication safety requires a multi-modal approach, KDHC healthcare workers planned an advocacy march around the hospital sharing messages to improve patient safety, educating patients in outpatient waiting areas and hosting a formal programme targeting healthcare workers and patients. Wearing brightly colored orange T-Shirts printed with safety messages for patients and healthcare workers, the message that “medication safety is everyone’s business” was heard loudly across the hospital complex.

WHO strategy to improve medication safety consists of 4 domains focusing on patients and the public, healthcare professionals, medicines and systems and practices of medicine. Each domain has sub-domains that guides focus areas and activities. Three key action areas identified are polypharmacy, high risk situations and transitions of care.



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Patient safety day 2022



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Speakers of that day :Dr. N. Misra, Dr. Akbar and O.M. Jaca



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Oral health



Dental Therapist performing oral mouth care to our clients



In collaboration with Colgate, the dentistry department at King Dinuzulu Hospital held an “Oral Health Day” on the 8th of September 2022. Because September is National Oral Health Month, this was done to promote oral hygiene.

The Colgate truck was parked in the main parking lot to make it accessible to all patients entering our facility. Oral hygienists from the dental department, along with dental therapy and oral health students, screened patients gave them oral health instructions and distributed free samples. Staff and patients both learned a lot in this regard.

Spinal Symposium 2022

The spinal orthopedic team at KDHC held a Spinal Symposium on the 06 October 2022, it was held at Inkosi Albert Luthuli Nurse's Home Residence hall. The theme was Healing Holistically, the Multi-Disciplinary team Approach. A eulogy to honor the late Professor Govender was presented by Dr. Mabusha, HOD spinal orthopedics. The Multi-disciplinary team empowered staff on the management of the spinal impaired patients. A total of 122 attendees from 22 different hospital around KwaZulu Natal attended. We are grateful to the Management of KDHC, TB Surgical staff, the attendees and the sponsors. Education for better care, of the spinal impaired patient!!!



Healthy life style 2022

KDH Complex Hospital hosted a Wellness Day event on 09 September 2022 .

Purpose of the event was to encourage staff members to live a healthy lifestyle

Motivate staff to take care of their health through exercising , playing sport, healthy eating, regular health screenings and manage stress

To keep employees healthy physically and mentally to improve productivity

Activities of the day

The day started with an Aerobics session led by Phaka Skhosana

Health screenings services were conducted by Sydenham Clinic (, HIV testing and Counselling family planning and Pap smear)

GEMS CLO was present for Member servicing and enquiries

Staff enjoyed neck , body and shoulder massage by CARES Mobile SPAR



OLD MUTUAL, LIBERTY, SAHOMELOAMNS AND FUNDI were on site

OLD MUTUAL, LIBERTY, SAHOMELOAMNS AND FUNDI were on site to offer financial advice to KDH Complex staff

Important benefits of exercising to remember

- Increased strength and flexibility
- Boost energy
- Sleep better
- Improve memory
- Reduce the risk of heart disease naturally

- Losing weight
- Stress releaser,
- Teambuilding,

Keeping healthy and strong to prevent illnesses and live longer

Wellness team would like to thank KDHC Management for allowing staff to attend the event , our partners / service providers support for making the day exciting with lucky draw items for participants and all staff members for making the day a success



The day started with an Aerobics session led by Phaka Skhosana



WORLD CONTRACEPTION DAY AT KDHC & COMMERCIAL CITY 2022



Dr. M. Panday from family planning and her team set up a service station at the main held a contraceptive day event by the main entrance



WORLD CONTRACEPTION DAY AT KDHC & COMMERCIAL CITY

World Contraception Day was commemorated globally on 26 September. Staff of the Family planning and maternity units of King Dinuzulu Hospital Complex and Commercial City Clinic ran an information desk at the entrance foyer of their institution showcasing all methods of contraception, giving advice and handing out information leaflets to patients. The interest and uptake was encouraging and many clients and staff booked to visit the dept. for reproductive health services.

King Dinuzulu Hospital Complex boasts the only specialist referral Family Planning Dept. in the province. Women are seen from everywhere in the province. We offer a sterilization program and run a clinic that manages all complications related to contraception. The staff of our obstetrics and gynecology dept. is trained to provide counselling on all forms of contraception. We offer our community long acting contraception and make sure all post-partum women leave the maternity ward with a contraceptive option of their choice.

Worldwide, almost half of pregnancies are unintended. Many of these end in unsafe abortion. In South Africa our maternal mortality ratio is 120 deaths per 100 000 live births. Currently we have an epidemic of teenage pregnancies. Many pregnancies are plagued with morbidity. **All** of these problems can be significantly reduced by offering all couples safe effective family planning in a rights based approach. Contraception is one of the most cost effective interventions to uplift women, families and the economy of a country. It's that simple!

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KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA



KwaZulu-Natal Department of Health



KZN Department of Health



kznhealth



@kznhealth

**GROWING
KWAZULU-NATAL
TOGETHER**

Heritage Day 2022

On the 23rd of September 2022 King Dinuzulu Hospital held a Heritage Day event at the Moth Hall. There were prayers in several languages. The entire management team and personnel were present. Everyone was wearing their traditional outfits and took part in the event's various activities, including singing and dancing. After his presentation the invited guest speaker was given a token of appreciation, after all the formalities done refreshments were served.



Opening Prayer in English, Hindu, Zulu, Sotho, Afrikaans, Arabic, Xhosa,



Guest speaker Mr. Makhosi Toki



Heritage Day 2022

Exploring Synergies and Mutual Benefit through Health Diplomacy

Why Do Natives Recognise, Compare, Label 'healers' as 'Iyana' or reference them as the literal Moon?

The term "Iryanga" is a derivative of the practice called "Uku.Nyanga"/"Ho Alafa"/"Ho Phekola"/"Ukwelapha" which all mean to; heal, balance or restore.

The term "Iryanga" is a Ngoni reference to both the 'Moon' and what we know as a 'Traditional Healer'

Of all the stars in our solar system, the moon is critical for performing the said function and maintaining a semblance or order, perpetuity and inter-relational or symbiosis between earth life and the cosmos.

2 specific roles are achieved by the 'Moon':

- it is the main cause of the tides (not the waves, as people sometimes claim)
- it stabilises Earth rotation

Out of the two main functions of the Moon, the second is probably the most important, even though we do not notice the effect.

A stable rotation is essential for evolution of life.

If Earth were to wobble too much on its axis, we would have various parts of the Earth pointing to the Sun at irregular times.

Thus, yearly seasons would be irregular, and all living things have evolved with stable seasons. Imagine if one place on Earth would, over the course of twenty thousand years, go from a polar climate to a tropical climate? Disastrous wouldn't even begin to describe such consequences, near - if not utter ruin would blanket earth life in an instance.

It would be a major impediment for the development of most species of plant or animal which are adapted to a fairly narrow temperature and water availability range. For this reason, people suggest that a planet with higher life needs a moon.

Healers are often misunderstood, given the rise of foreign socio-cultural, or psycho-spiritual influences whose prevalence has nullified the effect and critical role our healers have played within a cultured and indigenous society.

They operate within or under the ambit of geology, physics, plant biology, astrology, neurology, cosmology, numerology and biochemistry. Some may not fully align with secularism or academic prescripts but do - in their unique way - embrace such dynamics albeit through either oral tradition or inspiration from their aged sages/ ancestral tutelage.

Such a reality, responsibility and pressure has led some to abdicate the responsibility, and for economic priorities - even go as far as adopting counterproductive measures to earn a living and beguile the impressionable amongst us.

Worth emphasizing is the fact that no healer works according to their (assumed) power, will or desire - they are either inspired or become the channel through which a particular intervention is extended - even including as a subject or object of reincarnation. Outside of the influence, permission and interest of or alignment with the will of your creator (not God/ Jesus/ Allah or whatever deity humans revere) nothing can help you or change your circumstances.

It should be noted that only a minute portion of adepts of alchemy dabble in the forbidden arts or witchcraft (energy manipulation) as it were, regrettably disastrous habits within the fraternity of indigenous knowledge.



Guest Speaker **Toki Mohoto**



Hand washing 2022 drive

Global hand washing day awareness campaign was successfully conducted at KDHC foyer and MOPD on the 14 October 2022. Patients relatives and visitors were engaged in this campaign. Global Handwashing Day, celebrated each year on October 15, highlights the importance of handwashing with soap and water, especially during key times throughout the day. Handwashing is one of the best ways to avoid getting sick and spreading illness to others.



Patients, visitors, Relatives, were given health education on the benefits of hand hygiene.



Demonstration by members of the Public Hand washing



Different categories of Nursing staff demonstrating hand hygiene for the patients in the foyer and in MOPD so that no patient, nor relative or visitor will go home not knowing when, how and why hand hygiene is important.



Breast Cancer Awareness 2022

A successful Breast cancer awareness day was held on the 18 October 2022. The day was coloured with shades of pink as patients and staff were invited to have breast examinations done by a trained nurse from the Pink Drive team.

114 ladies and 2 males were examined throughout the day. 3 people were referred for further investigation.

In the interactive presentations done at the end of the day staff and patients were educated on how and when to examine themselves. They were inspired by a testimony of a survivor and they were encouraged to seek help as soon as diagnosed as there is much help available to patients and their relatives if ever they are faced with this challenge. The day ended on a high with spot prizes given out to patients. Everybody left empowered and in good spirits.



Members of the Public and staff member queue for registration and examination at MOPD



The day ended on a high with spot prizes given out to patients.

