



Ezakwa Dinuzulu

NEWS

SEPTEMBER 2020

Management and organized labour embarked on a campaign intending to Destigmatize COVID 19 at work place, steering committee was established to plan the roadshow targeting all internal stake holders from the gate up to the management.

Preparation for the road show went smooth, and heddles were overcome. On the 2nd October 2020 we held a road show aiming to educate all staff members and our patients that CORONA Virus can affect or infect everyone and support must be given to the victims , why are alienated by their communities.

The purpose of the day was to reach out to our staff members and show that we are with them and offer the support, but our main aim is to Destigmatize COVID19 Because when people tested positive ,we have discover that they are alienated and feel lonely ,we want to show them our support”.

Organize labour and

Destigmatize COVID 19

management shared the common objective of the roadshow, was to take the event to the health workers and surrounding community, and that going forward ,they are a stronger team should there be an outbreak of another pandemic are on of the first hospital to initiate such a wonderful event. I would like to say to my colleagues from other hospital and trade unions that we must work together so that our health workers are protected and safe”.

The program for the day included a march around the hospital ,in-service training, a dram by health Ninja, and washing demonstration to the tune of popular Master KG Jerusalem which brought the roadshow to its celebration conclusion.



Management ,labour and stakehold-



March led by NEHAWU and Management



JERUSALEMA DANCE

CEO office update



DR. Z. Dlamini

Dear colleagues,

First and foremost, we would like to thank you for what you have done already to weather this COVID 19 crisis and to get KDHC prepared to cope with this situation. I am proud and inspired by the way KDHC has risen to this challenge - with flexibility, courage and a caring heart. Thank you for all your enormous contributions.

President Cyril Ramaphosa announced the reintroduction of new lockdown restrictions on Sunday evening (12 July), as the country faces a surge in coronavirus cases. "The storm is upon us," the president said. "More than a quarter of a million South Africans have been infected with coronavirus, and we know that many more infections have gone undetected."

The new lockdown directive and amendment of regulation 5 under the Disaster Management Act, 2002, made it explicitly mandatory for people to wear masks that cover their noses and mouths in public places. In addition, Regulation 37 (1) was also amended to enforce strict adherence to all health protocols and social distancing measures.

Indeed the storm is upon us. Today marks exactly 4 months (20 March) since the first swab for SARS-CoV-2 was taken at King Dinuzulu Hospital and about two months since our first positive test result. Today we're already sitting at 171 positives! The number of staff infections is increasing rapidly. To date 37 reported staff members have tested positive since our first positive result in April 2020. We have put in place measures to help minimize the spread of infections in KDHC. However, the response and collective responsibility have not been seen in some parts of the institution. In heeding the president's call, today I am announcing the following **compulsory** measures for all our employees, including private contractors. They are most simply broken down into 'musts' and 'must nots':

THE MUSTS

Daily symptom self- screening upon arrival, before commencing your duties at KDHC.

Stay home if you are suffering from cold or flu-like symptoms and seek necessary care.

YOU MUST NOT

Perform any duties or enter the employment premises if you are not wearing a face mask.

Attend unauthorized meetings, or events within the facility.

Conduct morning prayers (This is suspended with immediate effect).

Conduct team briefing of more than 5 people. Supervisors to arrange briefing sessions.

Stigmatize/ discriminate colleagues who have contracted the coronavirus, suspects and/or people working in the COVID 19 designated areas. The virus does not discriminate; it can also affect you or your loved ones.

All these measures are applicable to all employees, irrespective of role or geography. Managers and Supervisors should take all measures to ensure adherence to these rules.

Let's work together – across all parts of the hospital - to keep going. Let's make this one of our finest hours. Thank you again for your commitment.

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Road Show COVID 19



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Dr. T. Mabesa

Senior Medical Manager

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King Dinuzulu Hospital staff members and management warm welcome our Senior Medical Manager Dr. Tumelo Mabesa, he has been a long serving medical professional in various institutions in the province. He has background specialist training in Diagnostic radiology as registrar/Medical Officer from 2007 to 2010 at King Edward VIII, Inkosi Albert Luthuli, RK Khan, Addington and Prince Mshiyeni Memorial Hospitals.

He also worked as a Clinical Manager at Hlabisa, Charles James and General Justice Gizenga Mpanza (GJGM) Regional Hospitals (Stanger) for few years. He recently worked as Manager: Medical Services at General Justice Gizenga Mpanza Regional Hospital (Stanger).

In February 2020, Dr. Mabesa was appointed as a member of Technical Advisory Panel of the Office of Health Standard Compliance (OHSC) and Health Ombudsman.

Dr. Mabesa is a newly appointed Senior Manager: Medical Services at King Dinuzulu Hospital Complex as from 01 September 2020.

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Wellness Clinic upgrade

King Dinuzulu Hospital's pro-active response to keeping Healthcare Workers safe during the COVID -19 pandemic

Authors: Dr. N. Misra (Pharmacy Manager); Dr. J. Devjee (Acting Medical Manager); Dr. Z. Dlamini (Acting CEO), Mr. B. Khoza (Occupational Health and Safety), Ms. T.W Kubeka (M&E Manager)

Under the Occupational Health and Safety Act (No. 85 of 1993), the employer has an obligation to provide “a working environment that is safe and without risk to the health of his employees.” In addition, an employer has an obligation to ensure that in instances where hazards cannot be eliminated, they be appropriately controlled to prevent a risk of an adverse health outcome. The COVID 19 Pandemic poses unprecedented risk to Healthcare Workers.

The first case of COVID-19 was reported in South Africa on 5 March 2020. Although stringent measures were implemented in a phased response, the country experienced a continuous growth in numbers of positive cases since the first reported date. Healthcare workers are frontline soldiers fighting against this deadly disease and their safety must be prioritized.

Protecting Employees in the Workplace

KDHC Hospital Complex serves as the Centralized Drug Resistant Tuberculosis Hospital (DR TB) in KZN and provides specialist spinal orthopedic and psychiatric services, district hospital services and a dental training unit. The staff complement consists of approximately 1300 workers of varying categories in addition to outsourced service providers and partners. Keeping the workforce safe during this pandemic is a key priority of Hospital Management. A multi-pronged strategy to keep healthcare workers safe during the COVID 19 pandemic was implemented that included ensuring sustainable access to alcohol based hand sanitizers and Personal Protective Equipment (PPE), optimizing early screening of staff for possible COVID 19 infection and establishment of a new Occupational Health Clinic to manage staff cases. The KDHC COVID 19 Task Team consisting of all Managers contributed to keeping healthcare workers safe.

Access to alcohol based hand sanitizers

Availability of and access to a continuous supply of >70% alcohol based hand sanitizers is considered a key defense mechanism against COVID 19, especially in the hospital setting. The increased demand fueled by fear and inappropriate usage for this commodity increased the risk of stock-outs. Global shortages were being reported of commercially available products as well as raw ingredients for local manufacture.

KDHC Management's rapid response to this impending crisis ensured that all areas received alcohol based hand sanitizers throughout the surge period and continues to do so. Pharmacy played a key role in stock management including quantification and forecasting, manufacturing and procurement as well as distribution of alcohol based hand sanitizers. The hospital was divided into high risk and low risk areas based on access to soap and water, high traffic and high touch areas and quantification and forecasting based on assumptions

of demand was done. Stock management processes that included setting minimum and maximum stock levels for every department and office, establishing reorder levels and an empty returns policy was implemented to reduce pilferage and ensure a sustainable supply. An alcohol champion was appointed in Pharmacy to oversee the procurement, manufacture and distribution of alcohol based hand sanitizers.

KDHC's strategy to optimize the availability of alcohol based hand sanitizers was presented at the KZN Pharmacy and Therapeutics Committee and distributed to all hospitals as “Best Practice”.

Access to Face Masks

The use of face masks is recommended to reduce person – to – person transmission of COVID 19. In addition to COVID 19, KDHC staff working in the TB Hospital had a high risk of contracting drug resistant tuberculosis. Surging global demand – driven not only by the number of COVID-19 cases but also by misinformation, panic

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buying, and stockpiling resulted in shortages of PPE globally. One of the key responses to ensuring availability of face masks was to educate staff regarding the policy governing the appropriate use of face masks, comparability of the N95, FFP2 and KN95 and reuse policy.

In order to ensure a sustainable supply of face masks, a needs analysis was done per department based on exposure to DR TB and COVID 19. Staff working in DR TB units or managing patients with DR TB and those involved in aerosol generating procedures was eligible for respirators (N95, KN95 OR FFP2) and reuse was advocated as per WHO guidelines and other staff given surgical masks sufficient for daily use. Heads of departments submitted their departmental monthly needs and distribution was done from a central office with a "Mask Champion" identified. In addition every staff member was given 4 cloth masks and a face visor.

Establishment of a new Occupational Health Clinic

As the number of cases of COVID 19 spiked, healthcare worker infections also increased. The Occupational Health Clinic (OHC) was identified by management as a high risk area for contracting COVID 19 especially since it was situated temporarily in a small park home with no dedicated waiting area for staff, poor ventilation and limited space to allow social distancing. Separation of staff that require routine medicals on appointment, staff seeking chronic care or treatment for non-COVID infections and staff that screen positive for possible COVID 19 and require further assessment and testing was not possible.

Rapid response by KDHC Management following a walkabout to identify suitable space resulted in the conversion of two existing containers linked to vacant park homes into a new OHC that catered for the needs of staff. The unique design and concept presented by the Divine Health Forum NGO included creating three individual consulting rooms for doctors, a filing room, and a nurse station in the park homes with the creation of a ramp for wheelchair access. The containers were cut and re-assembled to create a screening area for staff, sufficient undercover waiting area for staff seeking different types of care, donning and doffing area and a dedicated testing area for staff cases. Wash facilities with elbow taps and hand sanitizer dispensers were also installed.



New Occupational Health Clinic approved by Hospital Management and facilitated by The Divine Health Forum through funding obtained from private individuals, corporates, faith based organizations and non-governmental organizations. The design includes a wheelchair ramp, hand washing facilities, sufficient space for staff to social distance whilst awaiting care, donning and doffing areas and dedicated testing booths. The Power of Partnerships to keep staff safe during the COVID 19 Pandemic.

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Official handover of quarantine and isolation site

King Dinuzulu Hospital Complex Management official accepted the site handover from department of Public works, the recently revamp old nurses home which have been converted to quarantine site for the patients in our catchment area in EThekweni district. The total number of quarantine beds at King Dinuzulu is currently 212. The management of King Dinuzulu Hospital Complex and staff are keen to serve the people of EThekweni with pride and diligence within the minimum available resources.

What is quarantine and isolation and what is its purpose?

Quarantine is defined in the State of National Disaster Regulations as the restriction of activities or separation of a person who was, or may potentially have been exposed, to COVID-19. Such a person has the potential to spread the disease to others. The aim of quarantine is to prevent the spread of COVID-19 infection and contamination. Isolation is defined in the Regulations as separating a sick person with a contagious disease from healthy people. The aim of isolation is to prevent the spread of infection and contamination.

Who must provide Q&I sites?

All spheres of government must identify and make quarantine and isolation sites available as they are needed The Minister of Public Works and Infrastructure in the national sphere of government;

The members of the provincial Executive Councils (provincial ministers) responsible for public work in the provincial sphere of government; and Accounting officers of municipalities in the local sphere of government.

In KwaZulu Natal, the Department of Public Works is responsible for identifying and establishing Quarantine facilities.

Who must undergo testing for COVID-19?

People who:

- present with clinical signs and symptoms of COVID-19; or
- are reasonably suspected to be infected or contaminated with COVID-19; or
- have been in contact with a person who is infected or contaminated with COVID-19;

Must comply with an oral instruction or written direction from a medical practitioner, person authorized by a medical practitioner, a nurse or an enforcement officer to be screened (tested) for COVID-19.

Who must go into quarantine or isolation?

As a precaution to contain the transmission of COVID-19, people who:

- present with clinical signs and symptoms of COVID-19; or
- are reasonably suspected to be infected or contaminated with COVID-19; or
- have been in contact with a person who is infected or contaminated with COVID-19;

Must comply with a written direction from a medical practitioner, person authorized by a medical practitioner, a nurse or an enforcement officer to:

voluntarily travel to or be taken to a health establishment or any other place for



Quarantine site at KDHC—old nurses home.



Dr. Z. Dlamini signing off documents



Recreational area

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cont.

quarantine or isolation; or

quarantine themselves according to the instructions of such a medical practitioner, person authorized by the medical practitioner, or nurse;

While they wait for the results of their COVID-19 tests.

How long must people stay in a Q& I facility?

People who have a confirmed COVID-19 infection are kept at a separate facility and are quarantined for 14 days.

People with severe symptoms will be admitted to hospital.

People who are waiting for test results are usually isolated for a few days.

What happens if a person fails to obey a Q&I instruction?

If people refuse to obey a direction from a medical practitioner, person authorized by a medical practitioner, a nurse or an enforcement officer to:

quarantine or isolate themselves;

travel to a quarantine or isolation facility; or

travel to a COVID-19 medical screening (testing) facility

They must be ordered to do so by a magistrate.

I need to self-isolate, but I can't do it at home. What should I do?

If you have been exposed to COVID-19 you should isolate yourself for 14 days. If you are not able to isolate yourself, call the Provincial Hotline at 021 928 4102 for help.

I need to be quarantined, but I can't do it at home. What should I do?

If you have been diagnosed as positive for COVID-19 you should go into quarantine for 14 days. If you are not able to quarantine yourself, call the Provincial Hotline at 021 928 4102 for help.

I am waiting for test results, but cannot self-isolate. What should I do?

If you have been exposed to COVID-19 you should isolate yourself until you get your test results. If you are not able to isolate yourself, call the Provincial Hotline at 021 928 4102 for help.

How can I travel safely to a Q& I facility?

The Department of health and EMS operates the service to safely move people to and from Q&I facilities. Strict health protocols and hygiene measures are in place to prevent the transmission of COVID-19 on this service.

Are visits allowed to Q&I facilities?

For safety reasons, people in Q&I facilities may not receive visitors.

There is a Q&I facility in my neighborhood. Am I at risk?

Very strict health protocols are applied in Q & I facilities to prevent the spread of COVID-19. Waste is disposed of in accordance with National Department of Health protocols. The risk of COVID-19 contamination from a Q&I facility is very low.

Do communities have a say on where Q&I facilities are established?

No. Because South Africa is under a National State of Disaster under the Disaster Management Act, Q&I facilities will be established wherever they are needed.

Where can I find more information on the COVID-19 pandemic?

Only use reputable sources of information about the COVID-19 pandemic. Reputable sources of information include:

National website: <https://sacoronavirus.co.za>.

National hotline: 0800 029 999.

Provincial hotline: 0333952745

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MEC Ms.Nomagugu Simelane Zulu doing a walk about and a final site inspection before official; hand over of the building



Areal view

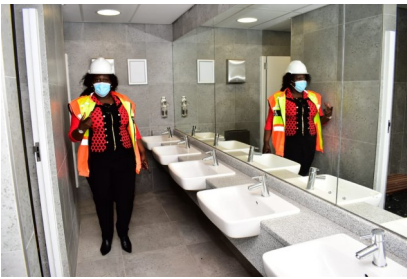
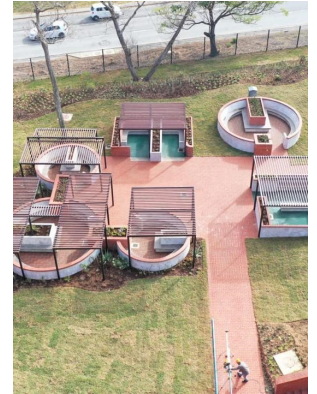
King Dinuzulu quarantine side



Recreational area



Briefing by Dr. Zanele. Dlamini



H.O.D Dr. Sandile Shabalala conducted a walk about to check the quality, standards and readiness to serve the community of Sydenham and eThekwni.

