



# LADYSMITH PROVINCIAL HOSPITAL STAFF NEWSLETTER



January 2005

Volume 1, Issue 1

KZN Health Department  
DC 23 - Uthukela

## MPILONHLE & LADYSMITH HOSPITAL LAUNCH

KZN Health Department in conjunction with Bristol Myers-Squibb launched Mpilonhle and Achiva programme on the 14th January 2005 at Abantungwakholwa Traditional Centre and Clinic in Driefontein .

The CDC clinic has been running since 2002. Through funding from Bristol Myers Squibb's Secure the Future the clinic was expanded to run daily . An NGO Mpilonhle was also funded to work hand in hand with the CDC Clinic offering Social Support for both patients that are and not on ARV treatment.

Dignitaries that attended the event included Inkosi Thandi Khumalo, Umnambithi/Ladysmith Deputy Mayor, KZN Health Head Office, Mr Peter Donal, (Chief Executive Officer & Chairman, Bristol-

Myers Squibb), and distinguished guests from all over South Africa and abroad.

The day started with a tour of the CDC Clinic, Ladysmith Provincial Hospital, followed by a welcoming note by Dr Gyi, Hospital Manager. Dr Nambassi gave a brief history of the hospital and how the partnership with Bristol-Myers Squibb began. Guests were then invited to a home visit on the way to Abantungwakholwa where an official function was to be held to educate, entertain and destigmatise HIV/AIDS.

Entertainment for the day included Khetha Gwala, Ukhozi FM's DJ and performances from local Indlamu and Isicathamiya Group including performances from Mfiliseni Magubane, Loyiso Mangena (Chippa from Back-



Mr Peter Dolan, CEO & Chairman Bristol-Myers Squibb with Dr Aung Gyi, Hospital Manager.

stage) and Tsekeleke.

All the speakers spoke in one word encouraging people to get tested and to know their status. An HIV/AIDS Counseling and Testing Centre was available for those who wanted to get tested and to know their status.

The message for the day was clear to everyone present "That together, United we will conquer HIV/AIDS"



## MESSAGE FROM HOSPITAL MANAGER - DR AUNG GYI

Dr Gyi's wish this year is for all staff members and their families to fill with love, peace and joy in 2005.

Ladysmith Provincial Hospital is in the process of developing to be a fully fledged regional hospital .

Despite so many challenges, we will strive for the best possible care. Together, we can provide quality care to the people of Uthukela District.



DR A. GYI - Hospital Manager

Untsumpa wesibhedlela ufisela abasebenzi besibhedlela iLadysmith Provincial kanye nemindeni yabo un-

yaka omusha onothando, ukuthula nenjabulo.

Uyethembisa ukuthi isibhedlela saseManambithi siyalungiswa ukuba sibe seqophelweni eliphezulu .

Noma kunezingqinamba sisonke futhi sibambisene sizibophezele ekunikezeleni ukunakekela umphakathi wasoThukela ngasemkhakheni weZempilo.

Ngiyabonga

### Inside this issue:

About the Editor	2
Staff Christmas Party	2
Annual Quality Day	2
Meet the Members of the Team	3
Quality News	4
Classifieds	5
Sports News	6

### HEALTH DAYS:

**FEBRUARY - Sun Safe Awareness Month - CANSA**

9-14 : STI / Condom Week

13-19 : Pregnancy Awareness Week

**MARCH (Nutrition Campaign Month) - CANSA**

8 : International Women's Day

20 : Head Injury Awareness Day

24 : World TB Day

24-30 : National Kidney Awareness Day

**APRIL (Health Awareness Month)**

National Blood Donor Month

7 : World Health Day

4-10 : Polio Eradication Week

17 : World Haemophilia Day

Regards

## MEET THE EDITOR - Nokukhanya Gasa, PRO

Nokukhanya Gasa recently appointed Public Relations Officer is a Greytownian through and through, after matriculating from Buhlebuyeza High, she studied Public Relations Management at Technikon Natal which was followed by a year's in-service training with the South African Sugar Association. In 1999 to 2002 she worked as a Public Relations Officer for the Playhouse Company. She then had a short stint with the KZN Department of Health as a Spokesperson. Nokukhanya has vast experience in the Public Relations field, she also worked for National Ports Authority, and Durban Solid Waste which helped her gain much insight in Events Management and promotions.

Before joining the Hospital she was

working as a Tourism Officer for Umvoti Municipality but due to her passion for dealing with the media and organizing she decided to come back to Public Relations.

As a Public Relations Officer for the hospital her duties include sensitizing all stakeholders about the role of the hospital, developing and nurturing relations with the media, conducting surveys, handling customer queries and complaints, promoting the image of the hospital through this kind of medium and the Website to name but a few. All of these would not be possible without the support from colleagues and management.

As one of her duties she also have to design this medium of communication,

"I am appealing to staff members to make use of this platform to educate and to learn from one another." she says seriously. "This is the first issue of our newsletter and I hope more staff members will contribute to its success." "I would also like to thank those employees who took time and contributed to the first issue" On the personal side Nokukhanya is a people's person who enjoys reading, going to church and spending quality time with her daughter, Asemahle. For more of what this publication will cover **watch this space!**



PRO - NOKUKHANYA

### STAFF CHRISTMAS PARTY

### ZIXOXWA NGEZITHOMBE!

Ladysmith Provincial Hospital held its Christmas Party on the 08th December 2004.

Entertainment included music by Samad Rasool, Rivash Buthuram and Rakesh Kumar.



LUNCH BEING SERVED

There were other items to keep

the people entertained, a solo item from linen room and an item from ICU. The highlight of the day was a Dance piece from Dance Fusion, a group of kids who provided us with entertainment. The "musical chairs" was a laugh a minute item as the participants went through their paces. To add more humor, Dr



SOLO ITEM

Thulani Khumalo joined the second group of participants who not only joined the ladies but stole the show, walking and acting like one of them. Unfortunately, he was "bummed" out and it was now only a ladies thing. The event of the day was preceded by a delicious lunch organized by our very own kitchen staff.



### QUALITY CELEBRATION DAY

Ladysmith Provincial Hospital celebrated its annual Quality Day on the 3rd of December 2004.

Guests included Ladysmith/uMnambithi Mayor, Cllr C.G. Makhathini, Mr J. Nkosi, Deputy Director, Quality Assurance who was the Guest Speaker, Mr Charles Charlton, President Lions Club, Senior Management from Emmaus and Ladysmith Provincial Hospitals and staff.



Dr Gyi, Mr Charlton, Mayor Cllr CG Makhathini, Mr Nkosi (Guest Speaker), Megan & Matron Zikalala

The function was held at the Lecture Room, Ma-

tron's Complex.

Mr Nkosi's speech was about setting goals, he also encouraged staff to adopt a philosophy of doing things right the first time. He stressed the importance of personal development and self upgradation as this will help staff to have the right resources which will enable them to cultivate a wonderful care to patients. Megan Estran, also gave a report of the year.

The events of the day included presentations on

equipment and wounds.

Thank you to all for making the event a memorable one, all the departments for submitting posters as guests were impressed on the quality of projects and the difference they have made to our clients.

A big thank you to Sr TR Ngwenya and Sr N Khanyile for their presentations. Infection Control Committee also presented a play on Waste Management, Well done as waste Management has to be done correctly as we are not allowed to incinerate any more!

# APPOINTMENTS - LOOK WHO'S JUST JOINED US....



**S'thandiwe Buhlebethu Njokwe**, Dietician, is from Imbali - PMB. She joined the LPH team on the 1st of February 2005 from Church of Scotland Hospital. S'thandiwe loves working with people. Her hobbies includes shopping and playing tennis.



**Mr. L Grewan, Chief Security Officer** hails from Winterton on the foothills of the Drakensberg. He was employed at Emmaus Hospital as a Security Officer in Charge before joining LPH. He is married with two boys and enjoys spending quality time with his family.



**Busie Phakathi**- Information Officer's career began at Church of Scotland Hospital as Sub district information Officer. Before joining LPH she was working for Umzinyathi District Office as Acting DIO.



**Xolisile Malinga** - Enrolled Nurse from Ezakheni. Before joining LPH she was doing her two year training at Church Of Scotland Hospital (COSH).



**Patricia R Hlomuka** - Professional Nurse from Ezakheni. Before joining LPH, Patricia was working for PHC.



**Makhosi Malinga** - Registered Nurse from Bergville (Zwelisha). Makhosi was doing her 4 year Degree Training at the University of Zululand before joining LPH.



**Sethabile Sithole** - Professional Nurse got a transfer from Enkonjeni Hospital to join the dynamic team at LPH.



**Mlamuli Madonsela** - Enrolled Nurse from Watersmeet Lady-smith. Before joining LPH he was doing his two year training at Church of Scotland Hospital.



**Zandile Hlatshwayo** - Enrolled Nurse from Nquthu eMagongoloza. She was also doing her 2 year training at Church of Scotland Hospital before joining us.

Management and Staff would also like to welcome these other new staff members. Sithanda ukwemukela no Lindiwe Nqeketo - Secretary to the Hospital Manager, Dr Okunga Nambassi, Gabuza GN, Femida Govender (Senior Finance Officer), Dr Katumba & Dr Salumu.

Siyanemukela esibhedlela saseMnambithi, nizizwe nisekhaya. Siyethemba Nizosebenza ngokuzimisela nangokubambisana ukuze si-phakamise iflegi laseMnambithi liyephezulu -

**ABANTU PHAMBILI - PEOPLE FIRST !!!**

## QUALITY IMPROVEMENT NEWS -By Mrs Megan Estran

### VISION OF QUALITY IMPROVEMENT COMMITTEE

- We aim to close the gap between the actual performance of the hospital and the desirable result.
- We aim to improve the performance at the hospital so that the care provided is as effective and safe as possible.

Quality improvement involves every staff member in the Hospital and that is why it is important that every department get actively involved.

The Quality Improvement Committee meets on the 1st Monday of every month at 11h00, Please bring all ideas

and suggestions to the meeting so that we all can walk together to make Ladysmith Hospital a happy and efficient place to work in. Happy Staff = Happy Clients.

Let's do the right thing right the 1st time and do it even better the second

*"Let's do the right thing right the 1st time and do it even better the second time" - That is Quality!*

## CLASSIFIEDS - Ezingamanqampunqampu

### X-RAY NEWS

X-ray department will soon have its own **CT scanner**. It will be fully operational as of May 2005.

The team would also like to welcome Beverley Salmond who just joined this dynamic team. Shantel Naidoo (Radiographer) took a two months trip to India, the team wishes her well, for the trip, they would like to say **Bon Voyage!!**

### RETIREMENTS

Ladysmith Provincial Hospital Management would like to wish the following employees well on their retirement.

Hadebe PV - SNA, Maishi ML - CPN, Mavundla NS - cleaner, Mazibuko NC - S Porter, Thusi TM - Cleaner, Radebe G - Security, Nala NF - SSN and Mnguni NP - CPN.

### RESIGNATIONS:

The following employees resigned as of the end December and left for greener pastures, sibafisela inhlanya emikhakheni emisha ase-bezithathele yona.

Moloi NV - CPN	Hudle BI - CPN
Mzolo BR - S O	Nkosi KM - S .F.S.S.
Jordaan SE - Occupational Therapist	
Mbhele JH - CPN	Chapatso TAE - Professional Nurse
Tseku LA - PN	Venter ME - CPN
Olivier D - SN	Msibi JS - CPN
Sithole TB - SN	Mahlangu GM - SSN
Sosibo ND - FIO	

### DEATHS:

Ladysmith Hospital is sad at the untimely death of Ngwenya AD Housekeeper and TM Ngwenya - PN who passed away on the 11 December 2004. Sizobakhumbula kakhulu singabasebenzi kanye nabangani engathi

bangaphumula ngobuhle size sibonane futhi.

### MEDICAL BOARDING

Ndlovu NB - Cleaner due to ill health was medically boarded, we wish him well.

### COMMUNITY SERVICE & INTERNS



Khan RB, Hlangwane PM, Motala S, Seedat F, Sibisi B, Somai LP, Zikhali TN, Wessels IM, Chunilall D, Mostert E, Delius A, Gibson SL, Nayiager E, Ramparsad EB, Ramsoonder S, Rufus BC, Steenkamp JE, Vennig KL. We would like to take this opportunity to welcome them to Ladysmith Provincial Hospital and we wish them a productive and fruitful stay.

**Ladysmith Provincial Hospital**  
**Private Bag x 9928**  
**LADYSMITH**  
**3370**

**Phone: 036-637-2111 ext 219**  
**Fax: 036-637 6457**  
**E-mail: nokukhanya.gasa@kznhealth.gov.za**  
**www.kznhealth.gov.za/ladysmithhospital.htm**

**ORIENTATION FOR THE NEW NURSING TEAM**

New members of the nursing team that joined Ladysmith Provincial Hospital as of the 14th February attended an orientation programme on Monday and Tuesday which culminated on ethics and labour relations programme facilitated by Matron DB Khumalo.

They were given an overview on the role of Public Relations in the institution which also included a workshop on Batho Pele Principles. These were explained to the team and how they will impact on their work as well as their daily interaction with the community we serve, they were then taken on the tour of the hospital.

Matron DB Khumalo then took them through the Ethics and Labour Relations which included professional conduct and practice, legal framework governing the practice, contract between the employer and employee, employee rights and Public code of conduct. The group was then given hand-out for future reference.



**Nursing Team during orientation on Ethics and Labour Relations.**

The group had nothing but praise for the programme. "It was mind opening, gave us much insight about the institution," "We wish all hospital can adopt this kind of programme as it helped us learn a lot before being introduced to the wards"

**Welcome team, keep the LPH flag flying high!!!**

**Ladysmith Provincial Hospital is a 508 bedded Regional Hospital situated at Ladysmith in the Uthukela Health District. The foundation stone for the hospital was first laid in 1940 by the Honorable Gordon Wayson, ISO, Administration of Natal.**

**Ladysmith Provincial Hospital was used as a military hospital between World War 1 and 11 and later used as a General Hospital.**

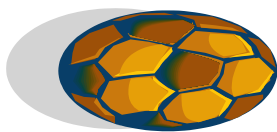
**The hospital serves 92% of the population, which comprises of 25.6% urban and 74.4% rural.**

**SUGGESTIONS FOR THE NAME OF THE PUBLICATION**

The Editorial Team is looking for a name for this publication. A few staff members forwarded their suggestion on what they would like for their publication to be called.

The team felt we should give you guys another chance to forward your suggestion. So far what we have goes: **GRAPEVINE: ADVERTISER; BUZZER** and **INDABAYETHU** (our news). Guys I know we can do better than this so I am giving you another chance to be Creative and come up with a name that will describe your newsletter then we will all vote on the best name. The suggested names plus the ones that appear in this issue will be printed on the next so we can all **VOTE ON THEM**, the person with a winning name will get a **SURPRISE** so keep thinking and forward those ideas to the **PRO**, the sooner the better !!!!

**SPORTS NEWS—Shaffie Hoosen**



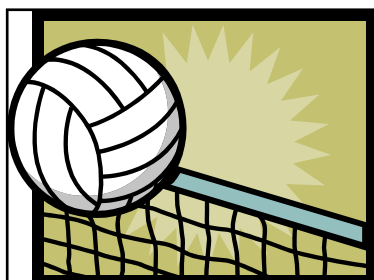
**Sports Round-up**

**Interdepartmental Soccer Tournament**

The new-year is upon us and the sports department is lacking enthusiasm and dedication.

In the past years we had the opportunity of challenging the departments in a soccer tournament, but then the "boys" had other matters on their minds and it all came to an abrupt end.

It is time to get into shape for the new season, and it is only a matter of putting your teams together to kick-off the tournament. Time and again I was confronted about this issue and always put it on hold. This tournament will be played every three months on a round robin basis. The duration is



minutes a side and will be played during lunch break. Teams wishing to participate, should contact me on ext 274.

**Netball:**

The ladies will need to get themselves fit again for the forthcoming netball tournament to be held in the near future.

To avoid this though, they should get involved in organizing tournaments internally amongst themselves, where a selection process takes place and the players selected to play in the annual district tournament that's held in Durban.

**For more soccer news always watch this space!!**