



INDABAYETHU



2nd Quarter - 2007

KZN Health Department
DC 23 - Uthukela

THE HOSPITAL BOARD MEMBERS ARE ON BOARD

One of the requirements for a Public Hospital is to have an up and running Hospital Board. Ladysmith Provincial Hospital now has a fully functional Hospital Board. This body comprises of various Community Leaders like, the Mayors, Lawyers, educators, civil society members, medical practitioners etc together with the Senior Hospital Management. The Objectives of a Public Hospital Board are, to support hospital management in meeting the greater burden of responsibility attached to increased delegation of functions, to ensure that the hospital management meets its obligations in terms of hospital staff performance agreements with the Departments, and to ensure that hospital management is responsive to community needs and views.

Their meetings take place monthly to discuss issues like, equitable access to services for all community members, setting hospital policies appropriate for local application, formulating strategies and drawing up hospital plans, conduction of inspections at the hospital, reviewing financial statements on a monthly basis, to make recommendations to the Department the on hospital's building and maintenance programmes and many more.



Hospital Board Members

It is important that staff and community know the board members. They are: Mr BV Hadebe, Pastor S. Garridigan, Moulana S. Karrim, Mr T.E Ndlovu, Mr C.I. Narendes, Mrs M. Mdlalose, Mrs N.T. Tshabalala, Mr SM Sithole, Mr P.J. Sokhela, Ms D. Mazibuko, Cllr. G. Singh, Cllr. Z.B. Rasool, Mr R. Govender, Mrs N.I. Hlatshwayo, Mr D.D. Dumisa, Dr E.W. Nambassi, Mrs L.P. Zikalala, Mrs AJM Jordaan, Mr N.E. Yeni and Mr V.S. Cele.

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STAFF TRAINING ON HEALTH AND SAFETY

As from January 2007 there were a series of Health and Safety training workshops that were conducted in Ladysmith Provincial Hospital. The workshops were facilitated by Mr Msane who has extensive experience and knowledge through the NOSA Health and Safety System. The main aim was to provide Health and Safety representatives\supervisors with basic knowledge and skills to enable them to deal with prevention against incidents\accidents and identify unsafe acts and\or conditions in the hospital environment through risk assessments. After each module the participants were evaluated by writing tests and presenting case studies. The Health and Safety Training Course was time well spent and it provided necessary skills for the participants to deal with workplace hazards.

STRATEGIC PLANNING SESSION

On the 9th and 10th March 2007 Ladysmith Provincial Hospital Staff attended a workshop at Royal Hotel to compile a Strategic Planning Document for 2007/2008.

Heads of Components together with the Hospital Board Members and the District Manager were present to give inputs for the completion of this document.

This Strategic Planning Session was conducted by Ikhono Communications Company. At the end of day two, all attendees were so pleased to have completed this important document.

This document is used as a guide by all categories of staff to perform their daily duties. It also needs to be reviewed annually to see whether all the objectives that were set have been achieved.



Health and Safety Officer and Pharmacy Manager listening attentively

WERE ARE SEEING SOME IMPROVEMENTS IN THE KITCHEN DEPARTMENT

- ◆ New Meal Carts, which keep food hot for a long time have been purchased.
- ◆ Staff received in-service training which was done by Abaholi. Topics covered were
 1. Hygiene
 2. Food preparation
 3. Various types of cooking methods
- ◆ “Staff is committed to upgrading hygiene standards, therefore all food for the patients is now sent covered.”

Onion and Cheese Muffins Recipe

Ingredients:

2 cups cake flour, 2 tsp mustard powder, 1 cup grated cheese, 1/2 tsp salt, 1 tsp sugar 2 tbsp chopped onion 1/2 tsp cayenne pepper, 10g Instant Yeast, 2 tbsp margarine, 2 large eggs beaten, 80 ml lukewarm water and 125 ml lukewarm milk

Method:

1. Mix the first 7 ingredients together and add Instant Yeast
2. Mix water, eggs, milk and margarine, allowing the margarine to melt in the warm mixture.
3. Combine the two mixtures together and stir until the batter is well bended
4. scoop batter into greased muffin pan—filling 3/4 of the way.
5. Using a greased plastic sheet, cover batter and allow to rise in warm place until double in size.
6. Bake in a preheated oven at 200°C for 15-20 minutes.

HOSPITAL GIVING BACK TO THE COMMUNITY

On 2 - 13 April 2007 Qophindlela Grade 10 and 11 Pupils were given an opportunity come and complete their School Project - “Task Assessment” during the short Easter Holidays. The purpose was to gain experience and knowledge and also obtain reports and certificates to be taken back to school for further assessment. These students that you see below were working under close supervision of Matron T. Dweku. Many Other departments also had learners working under their supervision.

These children were in high spirits and you could spot that they will indeed in-future enjoy being in the workplace. Ladysmith Hospital Staff are so proud to have ploughed skills and knowledge back to the community.



Thrilled Qophindlela School Pupils

“The Zulu Boy Joke”

There was a case in a Hospital's ICU, where patients always died in the same bed, every Sunday morning at 11am - regardless of their medical condition. This puzzled the doctors and some even thought that this particular bed was the work of the Devil... as to why the deaths at 11am on Sunday mornings? A world-wide team of experts were constituted and they decided to go

Down to the ward to investigate the cause of the incidents. So on the

Next Sunday morning, a few minutes before 11, all doctors and nurses

Nervously waited outside the ward to see for themselves what the

Terrible phenomenon was all about. Some were holding wooden crosses,

Prayer books and other holy objects to ward off any evil spirits...

Just then the clock struck 11 and.....

.....In walked Muzi Ngubane (the Zulu boy Part-time Sunday cleaner). He entered the ward and unplugged the life-support system so that he could use the vacuum cleaner!

Exit Interview with Ms Sthandiwe Njokwe (Dietician)

Sthandiwe was a great asset to our institution and her departure has left many of our staff astonished. Describing her two-year stay in her position as Dietician, she says, it was great, challenging and was an opportunity to learn. She has gained a lot of clinical insight, having worked with the greatest team (nursing, doctors and health therapists). She told us, she gained a lot of leadership skills and learnt to cope working under pressure. Her job was challenging because she saw a lot of out-



patients on a daily basis and the fact that she had multi tasks at times. The legacy that she leaves behind is, "take an opportunity and make the best use of a challenge presented to you and make something out of it".

THE TALENTED GEORGE

Did you know that Goerge Mazibuko is a multi-talented fellow. Besides his full-time job as Pharmacy Assistant he is also an art-man. Recently he spent plenty of his spare time making art craft, a double story house. This idea came as a dream and he later put it into reality.



In 2004 he made a beautiful mini house and a boat. He started by collecting scrap boxes from the pharmacy, and eventually made this multi- bed-roomed house

and finished off by painting it. He is now going to enter his hard work in the Royal Show Competition to be held in Pietermaritzburg later this month. That is not all, after finishing this house he started making a Greyhound Bus which is not yet finished.

Although George is a married family man with four kids, he is able to keep an equal balance between family life, his full-time job and his art talent. This only shows that if you are passionate about something you will achieve it, nomatter what. We wish him all the best for the forthcoming Royal Show competition.

STAFF NEWS

REQUEST FROM MR D. MNGADI

He would like to appeal to staff members who need help in OPD - Admin to use the counter which is on casualty side between 07h00 - 08h30 for their relatives repeats files. "Ring the bell once for attention and wait for help".

TRANSPORT DEPARTMENT

Two temporary staff members have been appointed to alleviate the workload in the Transport Department.

BIRTHDAYS AT O.P.D.

On 28 May 2007 two staff members from O.P.D. will be having a private birthday party, Mr M.C. Shezi and Getty Gumede. Wishing them happy birthday, in advance.

"OMAMA ABASHA" - CONGRATULATIONS!!!

- ◆ Nozipho Zikalala (ENA) gave birth to a baby boy.
- ◆ Pride Mtshali (Dietician) gave birth to a baby boy (Lwandle).
- ◆ G.V. Mlotshwa also got umfana
- ◆ Thully Lamula - Baby Girl

USUKU LWABAHLENGIKAZI

Mhla zingu 9 Meyi 2007, abahlengikazi basibhedlela sethu u-Mnambithi benza okuncomekayo, ukuthi baqoqane bazogubha usuku lwabahlengikazi olugujwa jikelele minyaka yonke ngomhla-ka 12 May.

Abaphathi babahlengikazi bethula izinkulumo ezahlukene ngenhloso yokuthuthaza abahlengikazi ngomsebenzi abawenzayo. Kwabakhona nomkhuleko kanye nesifungo sobuhlangikazi (Nurses Pledge), zibonele ngezansi.....



Abahlengikazi bevuselela izifungo zabo

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NEW STAFF

- ◆ Xolani Ntini - OPD
- ◆ Joy Maphumulo - Human Resources Department
- ◆ Mr B.E. Kubheka - Principal Pharmacist
- ◆ Mr Z.H. Ndlovu - Pharmacy Assistant
- ◆ Mr M.N. Miya - Pharmacy Assistant
- ◆ B.A. Mchunu - Food Service Orderly
- ◆ Zanele Ntombela - Quality Nurse
- ◆ Mr Mdletshe - Assistant Manager (Labour Relations)

DEPARTED STAFF

- ◆ Phillip Nkosi - Security Department
- ◆ Leornad Anthony Madonsela - Security Department

STAFF PROMOTIONS

- ◆ Mbanjwa M. Promoted to Finance Services Officer
- ◆ Mrs R. Karb promoted to Chief Pharmacist
- ◆ Bheki Mhlongo promoted from Food Service Aid to Food Service Orderly
- ◆ Mrs Wendy Ntuli has been promoted from Human Resources Officer to EAP Practitioner
- ◆ Ms Nombulelo Msimang has left the Department and has joined private sector for greener pastures
- ◆ Norman Zondo has been promoted from Intern to HR Officer
- ◆ Mbali Ntsuntsha has been promoted from Intern to Records Officer

STAFF ACHIEVEMENTS FROM PHARMACY DEPARTMENT

Four staff members completed the Post Basic Level Pharmacist Assistant Course:

- ◆ Mr N. Ramsuder
- ◆ Mrs S. Jugamohan
- ◆ Mrs T.P. Nene
- ◆ Mr S.G. Maphanga

AMA NQAMPU NQAMPU



Esithombeni (kwesobunxele) sibona uZodwa Kheswa (Oral Hygienist) endlale itafula lakhe ngenhloso yokuqwashisha umphakathi ngezifo zomlomo namazinyo emcimbini wesifo sofuba obusendaweni yase Rockliff ngomhla-ka 20 April 2007.



Sibonga uNkkz Marry-Anne Naidoo we Catholic Church khona la emphakathini waseMnambithi ozinikele kakhulu ekuqedeni ububha emphakathini. Uyaye afike njalo kanye ngeviki alethele iziguli e-OPD ama-sandwiches nezithelo.