



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

INDABAYETHU NEWSLETTER

MAY - JULY 2015

"If you are going to achieve excellence in big things, you develop the habit in little matters. Excellence is not an exception, it is a prevailing attitude."

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"UTHUKELA SHINES"



LADYSMITH REGIONAL HOSPITAL MANAGEMENT AND UTHUKELA HEALTH DISTRICT MANAGEMENT

On the 15th of May 2015 UThukela Health District excelled at the Annual MASEA Awards that were held in Durban International Convention Center (ICC), unlike the previous year where Uthukela Health District came empty-handed.

Ladysmith Regional Hospital was the biggest achiever in the District receiving two Awards on the day. On the Sports Category, under Indigenous games, Mr. Zethembe Ndlovu from Ladysmith Regional Hospital received the **Best Umlalaba Award**.

The biggest Award we received on the day, under Service Excellence through Innovation and Best Practice was **Auditory Brainstem Response Project**, which was

a brain child of our Rehab Department. Our C.E.O Dr. R.S Moeketsi was over the moon and very excited by receiving this prestigious award. He said after receiving this Award, 'it was a new beginning for us as the Institution and he is hoping that come next year we will be receiving more Awards under his stewardship'.

"Halala Ladysmith Regional Hospital!"

INTERNATIONAL NURSES DAY

Uthukela Health District commemorated its International Nurses Day on the 18th of June 2015 at Agra Crescent Hall (Ladysmith Hall). International Nurses Day is celebrated

annually around May 12 – the anniversary of Florence Nightingale’s birth. This is one of the most important days, each year celebrated by the International Council of Nurses, producing and distributing the International Nurses’ Day (IND) Kit. The 2015 IND Kit contains educational and public information materials, for use by nurses everywhere.

2015 theme: A Force for Change

The Ladysmith Regional Hospital’s CEO, Dr Moeketsi, was featured on the programme to deliver a message of support to the Nurses. In his message he expressed his gratitude and deep love for the nurses (more especially in his position as a Sotho speaking person who has been around different provinces nationwide and so happened to be accommodated mostly by nurses) saying:

“...it may not seem real, but today as a support, we say we thank you so much for your hard work; we love you and we will forever love you”.

In addressing the nurses, the Key-note address, Mrs R. Mthembu, emphasized two important points that affect the nursing profession: Ethical behaviour and legislation. She also encouraged nurses to adapt to the changing environments by acquiring knowledge — for their growth sake.

The word of God was received from Pastor J. Nkutha — Jeremiah 17:7.

(Note: Though the IND is planned around May 12, its activities continue for much of the year by nurses and others.)



Entertainment: Escourt Hospital choir

Top: Escourt Hospital choir

Right: Nurses reciting the Nurses Pledge



CHILD PROTECTION WEEK EVENT (31/05/2015 – 07/06/2015)

The Ladysmith Regional Hospital hosted its Child Protection Week (CPW) event on the 3rd of June 2015 around the MOPD section of the hospital. The Hospital’s Social Workers gathered the community/ patients to educate them about children’s rights, outlining the history and importance of commemorating the event.

CPW is celebrated in South Africa annually to raise awareness of children’s rights as communicated in the Children’s Act of 2005.

The 2015 theme is: Working Together to Protect Children.

The Social Workers classified and explained the four types of child abuse a child might experience and taught the crowd on how to distinguish between them.

See pictures on page 3.



LRH Child Protection Week Photos



Speaker: Miss L.C Ndlamlenze (Social Worker) addressing the audience on early childhood development.



Poster depicting a happy family.



Inside Story Headline

Van Reenan Outreach Programme

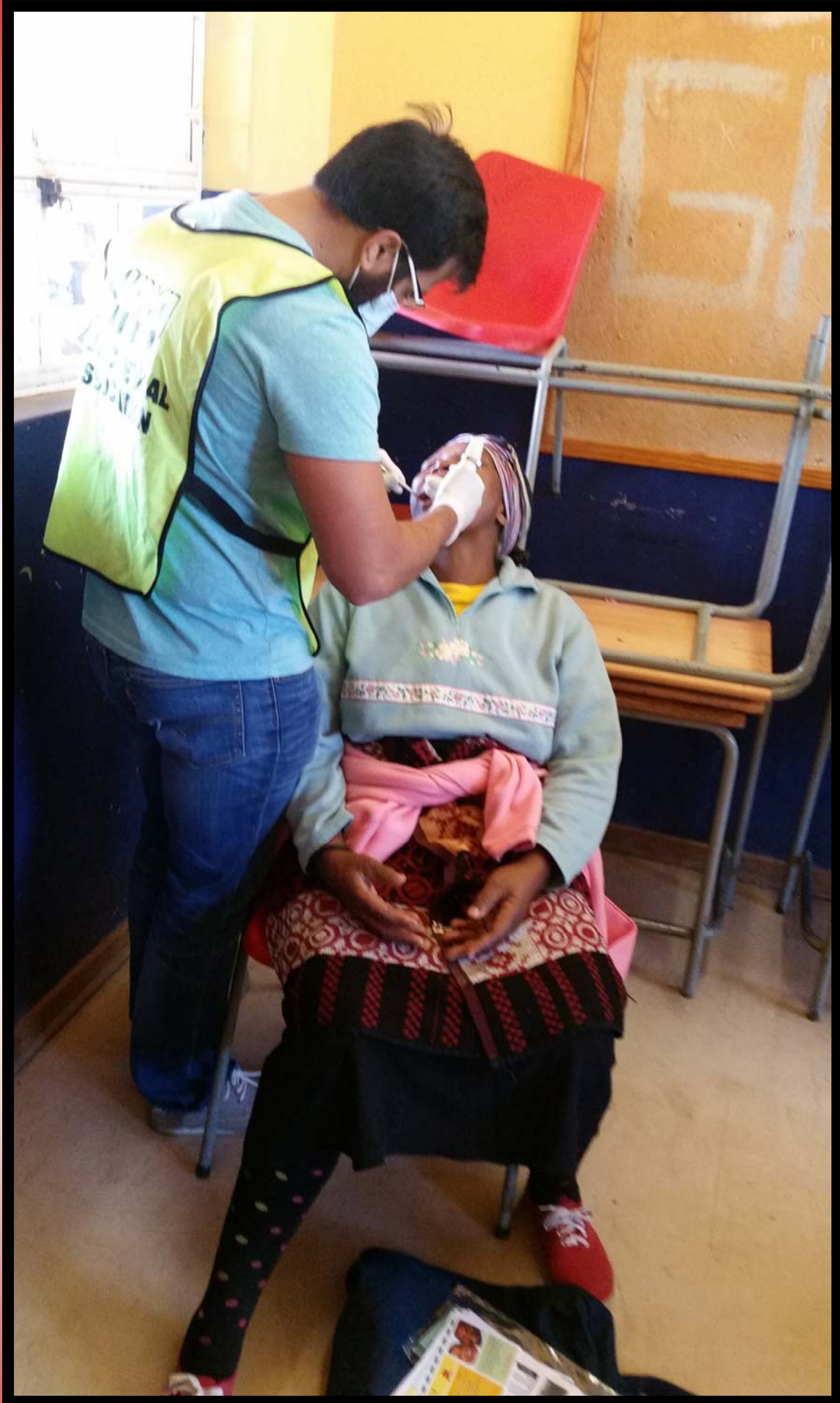
The Ladysmith Regional Hospital in partnership with the Islamic Doctors Association and Al-imdaad foundation, embarked on an outreach programme on the 7th of June 2015 at Van Reenan Public School.

Though the weather was very cold, community members gathered at the school to receive healthcare service.

A total number of 98 patients were screened and of those patients, 75 had minor ailments and 20 were diagnosed as chronic patients. The statistics of clients seen by specialists are as follows: Dentist – 49; Optometrist -- 65; and Rehab - 29.

Al-imdaad foundation donated 80 blankets to the community members, more especially the elderly.





Picture: Dental screening of patient at Van Reenan Public School.

X-RAY FAREWELL PARTY FOR MRS. BEV SALMOND (RADIOGRAPHER)



The X-Ray department hosted a farewell party for Mrs. Bev Salmond (Radiographer) on the 27th of May 2015. Mrs. Bev Salmond joined the hospital in 2004, November. She was described by her Manager – Mr. Mbana (who joined the organization in 2007) as a passionate and committed worker who took her job seriously, putting patients first and not money driven. “She was and still remains one on

the most experienced radiographers I know”, said Mr. Mbana.

She volunteered to participate in an in-service training at Greys Hospital on how to operate a CT scanner which was to be used at Ladysmith Regional Hospital. As a result she is one of the two radiographers who started CT scan services in March 2015. To date , she leaves the hospital with experience on how to operate a sixteen slice CT scanner. On behalf of the X-Ray department and the hospital, Mr. Mbana thanked Mrs. Salmond for the service she offered.

In tears, Mrs. Salmond expressed her gratitude to her colleagues for organizing her farewell party and she also mentioned, she prays that her team does their job to the best of their ability and they think of patients in all they do, because “that is what I think we are here for on earth - to help others”.



Photo frame awarded to Mrs. Bev Salmond by colleagues

“Leading by Example”



Dr. R.S. Moeketsi, Ladysmith Regional hospital CEO, was deployed as SMS at Ward 7 – to lead the team. Public Service Week is done in honour of the late former State President, Dr Nelson “Madiba” Mandela.

What transpired that week was that ten households were profiled to identify challenges/needs, namely: poverty, employment challenges and Home Affairs issues. This was done in order to capacitate the household in poverty-eradication and capacitating them to be self-reliant. Multiple issues relating to Home Affairs, Education, Agriculture, Social Development and Human Settlement issues, were identified.

Interventions, in the form of: Food parcels by the DSD, seedlings by the Department of Agriculture, Assessment of patients by the Department of Health, were done.

Fundraising was done to buy thirteen pupils school uniform.

Many thanks goes to the Ladysmith Regional Hospital Specialists, the Private General & Specialists teams in making this endeavour possible.

With Human Settlement, a household of five members staying in a one roomed mud house, was identified, and interventions of sourcing assistance in building a house is underway; wherein Build-It has pledged R5000 worth of building material and MICA and Cash Build are still weighing their options.



EDETORIAL TEAM



Mr. Thabo Sithole
Public Relations Officer



Miss Zanele Ngwenya
(Public Relations officers Intern)

For more information or newsworthy items, please contact the Public Relations Office.

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Vision: To achieve optimal seamless service delivery as the Regional Hospital of uThukela District.

Mission: All the workers of Ladysmith Regional Hospital strive to provide primary and secondary health care to all patients with the means at our disposal. We are committed to ensure the dignity and the rights of our patients and health care workers.

Core Values:

- Trust built on truth, integrity and reconciliation
- Open communication, transparency and consultation
- Commitment to performance
- Courage to learn, change and innovate