



**health**

Department:  
Health  
PROVINCE OF KWAZULU-NATAL

# Mega

# NEWS

STAY INFORMED

October – December 2016

## QUALITY AWARENESS DAY



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# “WE PUT THE PATIENTS FIRST AT MADADENI HOSPITAL”

It was a magnificent day for Madadeni staff to host the annual Quality Awareness Day. Mrs. T Gamede who is a Quality Assurance Manager explained the word quality as a comprehensive and multifaceted concept.

“There are eight dimensions of quality namely; technical competence, access to services, effectiveness, interpersonal relations, efficiency, continuity, safety and amenities.”

We are an institution that put the patients first. It is important to practice quality everyday because it will assist us to achieve our main objective. There are five fundamental principles of quality improvement which are:

- Client
- Teamwork
- Data
- Systems and processes
- Communication and feedback

If we continue to work together in order to achieve these principles we will be the ideal hospital.



Mrs. T. Gamede—Quality Assurance Manager at Madadeni Hospital



Best Employee in TB OPD, N.R.F Mbambo with Dr. J.J.N Duze (Left)



ICU Department obtained 1st position in NCS

“Climbers never quit they overcome any obstacles”

# LONG SERVICE AWARDS



"It is important to thank you as Madadeni Hospital that you did your job until now". Systems Manager , Mr. A.N. Ndamane was speaking at the ceremony held at Madadeni Hospital on the 30<sup>rd</sup> November 2016. There were 23 employees who have worked for 8-40 years. "As Madadeni Management we take this opportunity to thank you". "You were working without complaining, although there were challenges,you never gave up, you were saying we put the patients first".

## Thank you

### Retirees

- Langa S.V- 8 years
- Mtshali T.G - 8 years
- Shabalala T.P- 9 years
- Mbuyisa Z.A-9 years
- Nkosi T.P- 9 years
- Kubheka N.J -10 years
- Moodley L.- 17 years
- Makhaza M.D- 20 years
- Kunene V.C- 20 years
- Zungu P.F-24 years
- Mndebele E.N - 28 years
- Duma F.Q- 28 years
- Nkosi S.C- 28 years
- Khumalo M.D.N -30 years
- Sikazi J.C- 30 years
- Ngcobo L.I - 30 years
- Hlatshwayo S.P 30- years
- Dlamini T.B -30 years
- Khumalo N.L- 30 years
- Mavuka P.- 34 years
- Nkabinde B.A -34 years
- Zwane P.C- 39 years
- Hlahane C.T.N - 40 years

Congratulations Hlahane T.C.N who has worked for 40 years at Madadeni Provincial Hospital.



Hlahane C.T.N flanked by Dr. J.J.N Duze (CEO) and Mr. J.M Jele (H.R. Manager)



Madadeni Hospital Retirees

## WORLD AIDS DAY COMMEMORATION



Madadeni Hospital Staff



Rev. Langa (Left) Mrs. A.M.E.T Tshabalala (District Director) & Dr. J.J.N Duze (Right)



Mrs. D.T Manthata , OMN of the eye ward at Madadeni Hospital

“It is in our hands to end HIV & TB”, this was the theme of the day at Madadeni Hospital where employees commemorated World Aids Day. The commemoration was held on the 06th December 2016 to raise awareness, educate people about HIV and support those affected by HIV. The District Director of Amajuba Health District urged employees to support each other whether affected or not. She said that our main goal in Amajuba is to reduce the spread of HIV by 2030 through 90-90-90 strategy.

She said that the strategy aimed to ensure that 90% of people living with HIV knew their status, 90% of people diagnosed with HIV receive ART and 90% achieve viral suppression and live longer. Previously people who were tested positive for HIV could only be initiated on treatment when their CD4 count fell below 500 but the new policy stipulated that everyone who tested positive could commence treatment immediately, regardless of their CD4 count. It is important to know your status. She urged all to fight against HIV/Aids together.

Mrs. Manthata raised an awareness on how HIV affects eyes. Cytomegalovirus Retinitis (CMV Retinitis) is a blinding condition caused by CMV (Cytomegalovirus). It is imperative that all HIV patients do yearly eye check ups as it would assist early detection of this condition. Squamous cell carcinoma usually presents with growth in the conjunctiva of the eye. If the patient presents early, excision and biopsy is done, if positive, then early treatment by chemotherapy or radiotherapy helps. Another important infection is Herpes zoster virus that affects the eye because if it is untreated it might lead to blindness.

“She concluded by saying that it is important to prevent opportunistic infections as well screen for the cancer of an eye. Early detection, early initiation of treatment saves vision”.

# MADADENI HOSPITAL MENTAL HEALTH SYMPOSIUM



Ms. S Mngoma ,Principal Clinical Psychologist at Townhill Hospital her presentation was based on Traumatic Brain Injury.



Mrs. A. Kramers –Olen, Principal Psychologist Fort Napier Hospital. She presented on chronic mental illness, Sexuality, Humans Rights and legislation.



Mr. S.G Ncwane, Professional Nurse at Madadeni Hospital focuses on worksite description which are Psychiatric department, Admission procedures, limited movements, pre-discharge phase and family involvement.



Ms. N.P Mavangwe, Operational Manager at Townhill Hospital her topic was based on Autism spectrum disorder.



Ms. N. Mkhize , Director of Durban lesbian & Gay Community Health Centre. Ms Mkhize concentrated on effective psychologist services for LGBTI.



Ms. Z. Mchunu, Principal Clinical Psychologist at Madadeni Provincial Hospital.



Mr. T.K Nkosi Professional Nurse at Madadeni Hospital who focused on principles of professional ethics.



Mr. V.M Penyane, Counselling Psychologist focused on the capacity needs of extended family , community members in the care & support of orphans in Umgungundlovu & Uthukela districts.

On the 27<sup>th</sup> of October 2016, the Clinical Psychology Section of Madadeni Provincial Hospital hosted its annual mental health symposium. This year's theme was 'Life with a mental illness'. Presenters from various institutions made their presentations on topics that enlightened the attending mental health care providers on the importance of not only focusing on the mental health care users, but to also pay more attention to family members who are affected by mental illness. The symposium was well attended and was accredited by the University of Free State with 6 continued education units.

# LAUNCH OF UNIVERSAL TEST AND TREAT

Universal Test and Treat launch was held at Madadeni Provincial Hospital on the 08th November 2016. The purpose of the launch was to introduce the UTT strategy. Dr. J.J.N Duze, CEO of the hospital stated that this strategy would assist achievement of the 90-90-90 strategy and ensure that we achieve zero new infections by 2030. "With effect from 1st September 2016 all HIV positive children and adults regardless of CD4 count will be offered ART". She urged the community to test for HIV by visiting clinics because it is easy, quick and always free.



Attendees of UTT

Get tested ,Today!  
Get Treatment, Today!



## HAND WASHING CAMPAIGN



"Hand washing is the most important way to prevent the transmission of infection". This information was shared by Madadeni Hospital I.P.C during their hand washing campaign. The campaign was on the 14th October 2016 to raise awareness on how to wash hands correctly.

Stop infection wash your hands!!



## DOMESTIC VIOLENCE AWARENESS



Mr. Mhlophe from Department of Justice, Mrs. P. Ndlovu from Amajuba Health District and Mr. M.B Sokhela from Madadeni Provincial Hospital.

The 16 days of Activism for no violence Against Women and Children is an international awareness raising campaign. The event was held at Madadeni Hospital on the 29th November 2016. The aim was to raise awareness to the community about Domestic Violence. Mr. Mhlophe from Department of Justice explained domestic violence as a terrible violent crime that can be in the form of murder, rape, robbery or assault". "It is important to report any abuse immediately, do not wait or delay to report because it affects your emotions". "You can report to your nearest police station, social worker, church leader or any person you trust". Mr. M.B. Sokhela, Case Manager at Madadeni Hospital highlighted that as Chairperson of Madadeni Hospital men's forum they discuss domestic violence issues in their meetings with other staff. It is our responsibility to change our attitude and the way we behave.

## CUSTOMER CARE



Madadeni Hospital Management with the patient holding the certificate which was awarded to Orthopaedics Ward Team

It goes without saying that Madadeni Provincial Hospital is an institution that puts patients first. It was proved by the patient that was admitted at ward 2C. On the 15th November 2016 Rev. Mbuli stood up at Madadeni Hospital to say thank you for the care they provided to him. Madadeni Management was proud of the Orthopaedics ward and team of doctors their work and commitment rendering high quality care.

Well done! Madadeni staff well done!

# BREAST CANCER AWARENESS

According to Department of Health October is a Breast Cancer Awareness month.

The most important weapon against cancer is to detect cancer early. This message was from CANSA when they visited Madadeni Hospital on the 11th October 2016. The purpose of the event was to raise awareness and educate people, both men and women, about breast cancer.

Dr. Kaboza, Medical Doctor who shared the presentation about breast cancer stated that breast cancer affected many women. "Early detection of the condition can lead to effective treatment and positive prognosis". He said that regular self-examination of breast, checking for lumps is the key to spot cancer early.

How to prevent cancer?

CANSA Research advises people to:

- Avoid smoking.
- Eat balanced diet of food.
- Exercise 30 min per day.
- Avoid using plastic bottles that are not BPA free for drinking water.
- Use Canola oil for cooking.
- Avoid warming food using a plastic container.



Breast that is affected by cancer



Ms. Philisiwe Mabaso from CANSA



Mr. P. Mkhwanazi, Professional Nurse at Madadeni Hospital demonstrating breast examination.



People who were attending Breast cancer awareness.



# ACKNOWLEDGEMENTS



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