
Male Medical Circumcision



health

Department:
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PROVINCE OF KWAZULU-NATAL



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DEPARTMENT F HEALTH KZN

*Fighting disease, fighting poverty,
giving hope*

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The medical male circumcision campaign was launched in April 2010 following a shared commitment from traditional leaders and government of kwa-Natal to roll out this campaign as part of the comprehensive HIV prevention arsenal.

WHAT IS MALE MEDICAL CIRCUMCISION?

Is the complete surgical removal of the foreskin covering the head of the penis under local anesthesia. It is performed in a sterile setting by trained doctors and nurses. The operation takes between 20 and 30 minutes. There may be bleeding and little pain.

WHAT ARE THE BENEFITS OF MALE MEDICAL CIRCUMCISION?

- ◆ Reduces the chances of men getting infected by sexual transmitted infections like HIV, herpes etc.
- ◆ Reduces the chances of cancer of the cervix in women.

- ◆ Your penis is odour free and feels cleaner.

WHO CAN GET CIRCUMCISED?

- ◆ Male children from the age of 16 to 80 years.
- ◆ HIV men also have the right to be circumcised, however only HIV positive men that are currently health will be permitted to undergo the procedure and will need to have a CD4 count of 350 and above and be in a good state of health.

WHAT DO YOU HAVE TO DO?

- ◆ go to your nearest clinic or Hospital for screening and blood test

What do you have to do to recover?

- ◆ Avoid heavy work or exercise.
- ◆ Take good care of the wound.

- ◆ Clean the penis three times a day with pure water after removal of the bandage.
- ◆ Do not pull the stiches or scratch the penis while it is healing.
- ◆ It is important to go to the Clinic or Hospital for reviews, usually within 1 -21 days.
- ◆ Avoid sexual activity even with a condom, as well as masturbation for at least 6 weeks after your surgery.

RETURN TO THE CLINIC IF:

- ◆ There is a bleeding that does not stop.
- ◆ Severe pain, especially in your lower abdomen.
- ◆ Difficulty in urinating.
- ◆ Lots of swelling around your penis.
- ◆ Discharge from the wound.