



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

MANGUZI HOSPITAL

MANGUZI HOSPITAL

NEWS

STAY INFORMED

JULY-DECEMBER 2019

BREAST CANCER AWARENESS



MANGUZI HOSPITAL STAFF MEMBERS RAISING AWARENESS ABOUT BREAST CANCER

Carrying placards with educational messages, on 30 October 2019 Manguzi Hospital staff members embark on a match to raise awareness about breast cancer. They reached out sections including; OPD; female ward; maternity; MDR, and lodger mothers in pediatric ward. The match then proceeded to Sibiya residence whereby massive screening campaign was conducted. The community was educated on how to do self examination of breast and were encouraged to visit the health facilities nearby should they notice anything unusual for example, lump, bleeding, swelling, e.t.c

QUALITY DAY 2019

“I would like to applaud my entire staff members for their commitment in ensuring sure that the Hospital and clinics continue to give quality of care to the people of uMhlabuyalingana and the surrounding areas” said the CEO Dr S B Vumase during the quality day event held on 20 November 2019 at Manguzi Hospital.

Quality day is one of the major events which took place in the health calendar for manguzi Hospital staff members , it is done to boost the morale of the employees. **See pictures below:**



ISIKAPULANE (MHLABUYALINGAN TRADITIONAL DANCE) DURING THE QUALITY DAY

From page 1



Chronic clinic team led by T. O Mlungwana (operational manager) and quality assurance manager expressing jubilation as they receive the award on the day



Guest speaker (Dr Luther) and Board deputy chair person (Rev K Manzini) gracing the event by their presence

AWARENESS BY LIFE LINE



People with disability came in numbers to the event which was organized by manguzi hospital and life line which is an NGO based in the hospital

The Life Line team from Manguzi Hospital facilitated a workshop for people living with disabilities on intimate relationships and partner violence. Violence in South Africa especially against women has become a serious problem. Information from different countries indicates that 35% of all women have been physically or sexually abused by an intimate or non-intimate partner. The latter occurs in all settings and among all socioeconomic, religious and cultural groups. People living with disabilities are often neglected in this topic. Even though the overwhelming burden is borne by women, African women are particularly vulnerable in this regard.. However, the statistics are sometimes considered unreliable due to poor reporting probably as a result of fear.

Renal Nutrition workshop



This event was held and organised by Manguzi Hospital and the eligibility for attendance was for all health professionals interested in non-communicable diseases (NCDs). The objectives of the workshop were to give an overview of causes of malnutrition and nutrition related problems in CKD, learning to perform screening of nutritional status in those with kidney diseases, and getting knowledge of pertinent and up-to date scientific renal-specific nutritional guidelines, treatment protocols and practice tips.

It is common knowledge that NCDs are the most common causes of premature death and morbidity and have a major impact on health-care costs, productivity, and growth. Furthermore, cardiovascular diseases, cancers, diabetes, and chronic respiratory diseases have been prioritized in the Global NCD Action Plan endorsed

by the World Health Assembly, because they share behavioural risk factors amenable to public-health action and represent a major portion of the global NCD burden.

Chronic kidney disease (CKD) is a key determinant of the poor health outcomes of major NCDs. CKD is associated with an eight- to tenfold increase in cardiovascular mortality and is a risk multiplier in patients with diabetes and hypertension. Milder CKD (often due to diabetes and hypertension) affects 5-7% of the world population and is more common in developing countries and disadvantaged and minority populations. Early detection and treatment of CKD using readily available, inexpensive therapies can slow or prevent progression to end-stage renal disease (ESRD). Interventions targeting CKD, particularly to reduce urine protein excretion, are efficacious, cost-effective meth-

ods of improving cardiovascular and renal outcomes, especially when applied to high-risk groups. Integration of these approaches within NCD programs could minimize the need for renal replacement therapy. Early detection and treatment of CKD can be implemented at minimal cost and will reduce the burden of ESRD, improve outcomes of diabetes and cardiovascular disease (including hypertension), and substantially reduce morbidity and mortality from NCDs.

The workshop was facilitated by a renowned speaker on the topic, Mrs Cecile Verse put, who has presented various renal workshops for health professionals across the country and internationally and hold many accolades in the subject. The course was well received by the nursing staff, dietitians and district management.

Clinic committee training



Training for clinic committee under bhekabantu, mboza, zama zama and kwandaba clinic



Training for clinic committee under Thengani, Phelandaba, Mpophomeni and Mvelabusha clinic



Training for clinic committee under Zibi, Maputal, Mshudu and Mahlangu clinic

In his budget speech the honourable minister of health, Dr Zweli Mkhize gave commitment “to improve governance in our health facilities, the department will ensure that all clinic committees and hospital boards are up and running by the end of this year. These structures will be trained to ensure that they are effective voices of the public to assist management to run the health system in a responsive manner and thereby improve the quality of health services”.

Under the leadership of Dr. S B Vumase, Manguzi Hospital embarked on a training of all clinic committee members from 12 august 2019 to 30 august 2019. The training was for 5 days per each group.

“We would like to thank all the clinic committee members who took their time and attended the training. “This shows that you are fully committed to your work and you are willing to work with the department in trying to improve the quality of care, and there is no doubt that the information you gained in these training will be will be utilised to assist the community you reside in”, said the CEO (Dr S B Vumase)

Okumele ukwazi ngomshayilense wempilo (NHI)

uyini umshwalense wempilo?

Iolu uhlelo lwezempilo ezothengela bonke abantu baseNingizimu Afrika izinsiza zempilo ezisemgangathweni. Lezi zinsiza zizonikezelwa osozempilo abaqeqeshiwe ezikhungweni zempilo zikwazwelonke (ezomphakathi nezangasese) ezizobe zihlanganisiwe zabumba uhlelo lwezempilo olunakekela izidingo zabantu baseNingizimu Afrika yonkana

Lokhu izokwenza ngokuhlanganisa izimali ezibhekele ezempilo kuyoyonke imikhakha owangasese kanye nekahulumeni esikhwameni esisodwa ukuze kuncishiswe izindleko kwandiswe izinsiza

Uzosiza obani umshwalense?

- Abantu baseniNingizimu Afrika, abahleli ngokuvunyelwa umthetho
- Zonke izingane ezizalwe, kanye nezikhulela eNingizimu Afrika
- Bonke abanye usizo abayoluthola olwezimo eziphuthumayo kanye nokulashelwa ukuqubuka kwezifo ezinobungozi bokuqubuka zande.
- Abasebenzela uphiko lwezokuvikela (SANDF) basazoba nesikhwama sabo sezempilo

Ingabe ngizothola mahhala usizo lwezempilo?

uma usizwa esikhungweni se NHI, ulandela nemigomo yokudluliswa, angeke ukhokhe mali noma usebenzise izimali zosizo lwezokwelapha (medical aid). Lezinsiza zizotholakala mahhala ngesikhathi ubonwa esikhungweni seNHI

Ngingaba kanjani yingxenye ye NHI?

ukuze ube ingxenye ye NHI ungabhalisa wena kanye nomdeni wakho kudokotela noma umtholampilo owakhelene nawe.

PHOTO GALLERY



MANGUZI MEN'S FORUM LAUNCH



NHI EDUCATION SESSION AT MBOZA



NHI EDUCATION SESSION AT KWANDABA



NHI WORKSHOP FOR MANGUZI HOSPITAL STAFF PRESENTATION DONE BY MR M K KHANYILE

ACKNOWLEDGEMENTS



Mrs.S.N Mthembu
Writer, Designer & Photographer



Mr.M.K.Khanyile
Editor



Dr.S.B.Vumase
Chief Editor