



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

MANGUZI HOSPITAL

MANGUZI HOSPITAL

NEWS

STAY INFORMED

JANUARY-JUNE 2016

SAY NO TO ILLEGAL ABORTION



AWARENESS ON ILLEGAL ABORTION AT MANGUZI

It has been noted with great concern that there is a growing number of patients admitted due to incomplete abortion at Manguzi Hospital. On 29 March 2016 Manguzi Hospital with the support from uMkhanyakude District embarked on an initiative to educate the community of Manguzi about the dangers of illegal abortion. The campaign's aim was to inform the community that:

- Manguzi hospital is now offering termination of pregnancy services
- Fight the stigma against safe and illegal abortion.
- To encourage safe sex and double up protection
- Importance of Family planning.

MANGUZI HOSPITAL GIVING BACK TO COMMUNITY



Manguzi Vegetable garden

Household food insecurity, limited access to water and climate change have had a negative impact on the health of the Manguzi community. Through our partnership with the Department of Agriculture we have been able to provide the means to reduce malnutrition.

Water, seeds and land are provided at Manguzi hospital and all 11 clinics. The gardens are tended to by nutrition advisors, patients, community members, CWP workers and here at Manguzi hospital we have mothers and caretakers from Phumelela Mithwana crèche (next to Manguzi Hospital) assisting us.

The objectives of establishing vegetable gardens is as follows: 1. To train individuals on different gardening techniques. To save water and reduce the effects of a changing climate. 3. Importance of healthy eating and its effects on our health and the community. 4. Awareness regarding protecting our environment.

All members of the Manguzi community are encouraged to join this initiative as we look towards having a larger impact on community health through growth and further development.

.....continue from previous page



Mr. R H Sanzul– Dietician



MDR PATIENTS ASSISTING WITH GARDENING

Why condom week?



It has been noted that as health employees we always focus on our clients (patients) and forget ourselves(employees) in a long run.

Wellness team decided to host an employee awareness campaign to remind the staff members about the importance on using condom.. Condoms were distributed to staff members.

Condoms distribution

CEO'S FROM DIFFERENT HOSPITAL VISITED MANGUZI

As part of their learning assignments, Manguzi was one of the fortunate institutions in uMkhanyakude district to be visited by CEO's from different Hospitals. Manguzi hospital lives by Batho Pele principles where sharing of information to its stakeholders and colleagues is seen as good practice, which is why the Manguzi management were not hesitant when they were given the opportunity. CEO's stayed for the whole week in the hospital and according to their report they were pleased in the manner in which they were welcomed by the Manguzi management team and its staff members.



CEO'S from different Hospital

WORLD TB DAY AT MALARIA CAMP

T B is the number one killer in the world, which is why the Department has set aside March of every year to be an awareness month. Although there are measures which are done in the Hospital and in clinics to try and deal with this deadly disease, Manguzi Hospital felt it is important to raise awareness on TB to malaria teams

The event was a great success, Ms Maphumulo (District TB Co-ordinator) was also part of the event for support.



TB awareness campaign

MMC CONTINUES IN FULL FORCE



MMC traditional coordinator at uMthayi festival



MMC training by SACTWU

The medical male circumcision campaign was launched in April 2010 following a shared commitment from traditional leaders and government of KwaZulu-Natal to roll out this campaign as part of the comprehensive HIV prevention arsenal. Manguzi Hospital embarked on a campaign to do MMC at the Hospital and PHC level almost every week, training of staff on how to do MMC is done regularly. Benefit of doing MMC it: Reduces the chances of men getting infected by sexual transmitted infections like HIV, herpes etc., Reduces the chances of cancer of the cervix in women.

WHO CAN GET CIRCUMCISED?

- ◆ Male children from the age of 16 to 80 years.
- ◆ HIV men also have the right to be circumcised, however only HIV positive men that are currently healthy will be permitted to undergo the procedure and will need to have a CD4 count of 350 and above and be in a good state of health.

RETURN TO THE CLINIC IF YOU HAVE THE FOLLOWING POST CIRCUMCISION:

- ◆ There is bleeding that does not stop.
- ◆ Severe pain, especially in your lower abdomen.
- ◆ Difficulty in urinating.
- ◆ Swelling around your penis.
- ◆ Discharge from the wound.

.....from previous page

Attached is the list schedule date for MMC campaigns from August to October 2016

MANGUZI HOSPITAL MMC SCHEDULE PLAN FROM AUGUST TO OCTOBER 2016

DATE	NAME OF CLINIC
11 August 2016	Phelandaba Clinic
18 August 2016	Zibi Clinic
25 August 2016	Bhekabantu Clinic
01 September 2016	Manguzi Hospital
08 September 2016	Mboza Clinic
15 September 2016	Mahlungulu Clinic
22 September 2016	Manguzi Hospital
29 September 2016	Manguzi Hospital
06 October 2016	Zamazama Clinic
13 October 2016	Phelandaba Clinic
20 October 2016	Zibi Clinic
27 October 2016	Mshudu Clinic

Compiled by: MMC Co-ordinator (Sir Thwala)

Manguzi warmly welcome the new traditional co-ordinator Mr L M Hobe



Mr.L. M. Hobe
(new
Traditional
coordinator)

CCG'S TRAINING

Training took place from 9th May-20th May 2016 at Bhambanana community Hall. CCG's were from Ngwavuma under Mosvold Hospital and Umhlabuyalingana under Manguzi Hospital. There were 64 CCG's in total who attended the training. The role of CCG's in the community and Health facilities was discussed.

CCG's were trained on:

- ◆ Personal and environmental hygiene
- ◆ Antenatal care
- ◆ Choice on termination of pregnancy
- ◆ Phila Mntwana
- ◆ Prevention of Mother-to-child Transmission
- ◆ Prevention of HIV: The role of MMC
- ◆ Caring for caregiver
- ◆ Community household entry, screening and referral.
- ◆ Healthy eating and lifestyle
- ◆ Infectious Diseases
- ◆ Chronic conditions
- ◆ Mental illness
- ◆ Domestic violence



Mr. Mathenjwa training CCG's



Training in progress



Condom demonstration by one of the CCG

THENGANI CLINIC – HEALTHY LIFESTYLE

Thengani wellness day was held on 29 June 2016 and was led by wellness co-ordinator Mr S Qwabe. The session was attended by all health care workers whereby they were reminded of the importance of exercising. The nutrition advisor also advised the staff on how to maintain healthy diet.



ACKNOWLEDGEMENTS



Mrs.S. N Mthembu
WRITER AND DESIGNER



Mrs B P Shabalala-Mhlongo
EDITOR



Ms B.X Msane
PHOTOGRAPHER



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

Physical Address:

Manguzi Hospital road

Kwangwanase,3973

Postal Address: P/Bag 301

Kwangwanase,3973

Web Addresswww.kznhealth.gov.za

SWITCHBOARD:

035 5920 150

SWITCHBOARD FAX NUMBER:

035 5920 158