



KWAZULU-NATAL PROVINCE  
HEALTH  
REPUBLIC OF SOUTH AFRICA

# MANGUZI DISTRICT HOSPITAL

## MANGUZI HOSPITAL

## NEWS

January-March 2025

### **“ISIBAYA SAMADODA EVENT”**



**MR A N MKHUMBUZI  
(OPERATIONAL MANAGER FOR  
THENGNAE CLINIC)**

The Department of Health under the leadership of MEC Nomagugu Simelane continues with its commitment in ensuring a desirable crescendo for visitation of health institutions by males for their check ups and health care management. Thengane clinic did it again when they successfully hosted “Isibaya Samadoda”. The event was attended by throng of males within the area. Amongst issues that was discussed was the importance of early testing for any kind of diseases, Attendants were encouraged to visit the clinic as the department has introduced a special stream exclusively for males.

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## ISIBAYA SAMADODA HELD AT THANGANE CLINC

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# COMMUNITY DIALOGUE ON TEENAGE PREGNANCY

**Ukuzama** ukwehlisa izinga lokukhulelwa kwezingane ezibalelwa kwiminyaka eyi 10 kuya kweyi shumi nane. Zibalelwa kwi shumi nesikhombisa (17) izingane ezikhulelwe zikule minyaka kulonyaka, umnyango wezimpilo wenze ngempumelelo inkulumo ngxoxo endaweni yase Mboza enkundleni yezemidlalo okuyilapho abafundi kanye nabazali beqhamuke namasu okunqanda lo mbulalazwe.



## LEARNERS AND COMMUNITY MEMBERS AT THE EVENT

(03)



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# TRAINING ON CEREBRAL PALSY CAREGIVERS

Malamulele Onward NGO visited Manguzi Hospital to conduct training on Cerebral Palsy caregivers. The training took place in Paediatric ward (Playroom) from the 3<sup>rd</sup> of February until the 6<sup>th</sup> of February 2025. This training was conducted by Kydia Ngwana (Master trainer) and Hilda Zwane (Assistant Trainer). Malamulele Onward support and empower families having children living with Cerebral Palsy in remote rural areas. The



purpose of the training , was to equip caregivers, care workers at special schools, daycare Centre's and introduction courses for therapists with the knowledge and skills needed to care for individuals with cerebral palsy.

Their program is called C2C Program where they provide accurate information about Cerebral Palsy and how to manage it so that a child can reach their maximum potential. After training some caregivers became parent facilitators to make a difference in others lives as cerebral palsy is manageable. The same training was offered to Manguzi caregivers to be parent facilitators in order know and understand their own children

**MASTER TRAINER KYDIA NGWANA & ASSISTANT TRAINER HILDA ZWANE SHARING FACTUAL INFORMATION WITH CAREGIVERS ABOUT CEREBRAL PALSY.**

better, and empowering them to support others.



# ***SAY NO TO SEVERE MALNUTRITION***

Operational manager for eMpophomeni clinic ( Mr. O.K Mathenjwa) is leading by example when he says NO to severe malnutrition especially to children.



The initiative to have a vegetable garden was to encourage communities to have gardens in their homesteads. In addition, clients visiting the clinic are allowed harvest in the garden so that there are no cases of children with malnutrition this is evident by the statistics of the clinic which shows decline in malnutrition related illnesses.

***MR.O.K .MATHENJWA: OPERATIONAL MANAGER  
FOR MPOPHOMENI CLINIC***

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# ULWAZI NGEZIFO

## UPHENYANE (Pink eye)

### IZINKOMBA ZIKAPHENYANE:

- ⇒ Ukushintsha kweso lakho libe bomvu noma libe pink
- ⇒ Ukuzizwa unobuhlungu emehlweni
- ⇒ Ukuzwa amehlo akho eshisa noma eluma
- ⇒ Ukuphuma izinyembezi
- ⇒ Ukuphuma kwezimbici noma izintongo emehlweni
- ⇒ (Okusaketshezi oluphuze noma olumhlophe okanye oluluhlaza)
- ⇒ Ukuvuvukala kwamehlo

### IZINDLELA ZOKUVIMBELA UPHENYANE:

- ⇒ Gcina izandla zakho zihlanzekile
- ⇒ Gwema ukuthinta amehlo akho
- ⇒ Gwema izindawo ezinabantu abaningi

Uma usola ukuthi unophenyane, vakashela umtholampilo oseduzane.



## UTWAHLANE (HAND, FOOT AND MOUTH DISEASE)

### IZIMPAWU ZOTWAHLANE:

- ⇒ Imfiva
- ⇒ Ukuzizwa ungaphilile nokukhathala ngokweqile
- ⇒ Izilonda ezibuhlungu emlonyeni
- ⇒ Umphimbo obuhlungu
- ⇒ Amaqhuquhuva noma izilonda ezandleni nasezinyaweni
- ⇒ Ukungakufuni noma ukungakithandisisi ukudla

### UKWELASHWA KOTWAHLANE

Awukho umuthi owaziwayo wokwelapha lesi sifo, kodwa kuthatha cishe izinsuku eziyisikhombisa kuya kweziyishumi nane ukuthi siphele emzimbeni.

### AMAQHINGA ONGAWEZAMA UKUZE WELAPHEKE:

Qinisekisa ukuphuza amanzi nokuthi anele emzimbeni

Ungawaphuzi ama-antibiotics.

Uma izimpawu ziqhubeka, phuthumisa umntwana esikhungwini sezempilo ukuze athole usizo.



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## **EDITORIAL TEAM / DETAILS**



**Mrs.S.N Mthembu**  
**Writer & Designer**



**Mrs.S.Mngomezulu**  
**Editor**



**Dr.S.B.Vumase**  
**Chief Editor**