



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

Manguzi District Hospital

Manguzi Hospital

NEWS

STAY INFORMED

July-December 22

MANGUZI GIJIMA 2022

Manguzi Gijima is an annual event which is aimed at encouraging physical activity and healthy lifestyle choices. It operates in Manguzi and surrounding areas with particular focus on the inclusion of people living with disabilities and addressing their barriers to participating in recreational sports, health services and lifestyle information.

This year's event was a great success with SANEC being the sponsor of the event, Dr Sibongiseni Dlomo (Deputy Minister of Health) was also part of the event which took 2 days. The first part was a workshop held at Thengane hall and the second part was the physical activities held at Manguzi stadium. Both events were a success .



**Deputy Minister for health
Dr.Sibongiseni Dlomo at Thengane hall
during the Manguzi Gijima event**

GROWING KWAZULU NATAL TOGETHER

TEENAGE PREGNANCY DIALOGUE



Learners during teenage pregnancy awareness at Shengeza High School

Community dialogue was held on 27 October 2022 following the high number of cases of teenage pregnancy at schools. The dialogue was an intervention by the Department of Health in order to understand the courses of teenage pregnancy. Sister departments including (DSD, SASSA, Home Affairs and various NGO's were also part of the dialogue.

During the group discussions it came out clear that parents don't have time for their children because of work and children end up seeking advise from the wrong people. There is also a need for integration of services so that they can be able to do family planning.

Disadvantages of early pregnancy was shared with the learners which among other things include risks of eclampsia ,higher risks of low birth weight, preterm birth and severe neonatal condition. Other schools like Sithembinhlanhla, Langelihle Mashalaza high school were also part of the event , councillor Tembe contributed a lot in ensuring that the event was a success.

2022 WOMEN'S DAY



DURING WOMEN'S DAY

Mostly women come across difficult situation which may lead them to stress and eventually die immaturely. This year's theme was "deal with it" which is meant at encouraging women to deal with every situation be it abuse, finances or health related issues.

One of the things that was also encouraged is the issue of health lifestyle "a healthy mind in a healthy body" which also assist in elevating and minimising deceases.

“ISIBAYA SAMADODA”



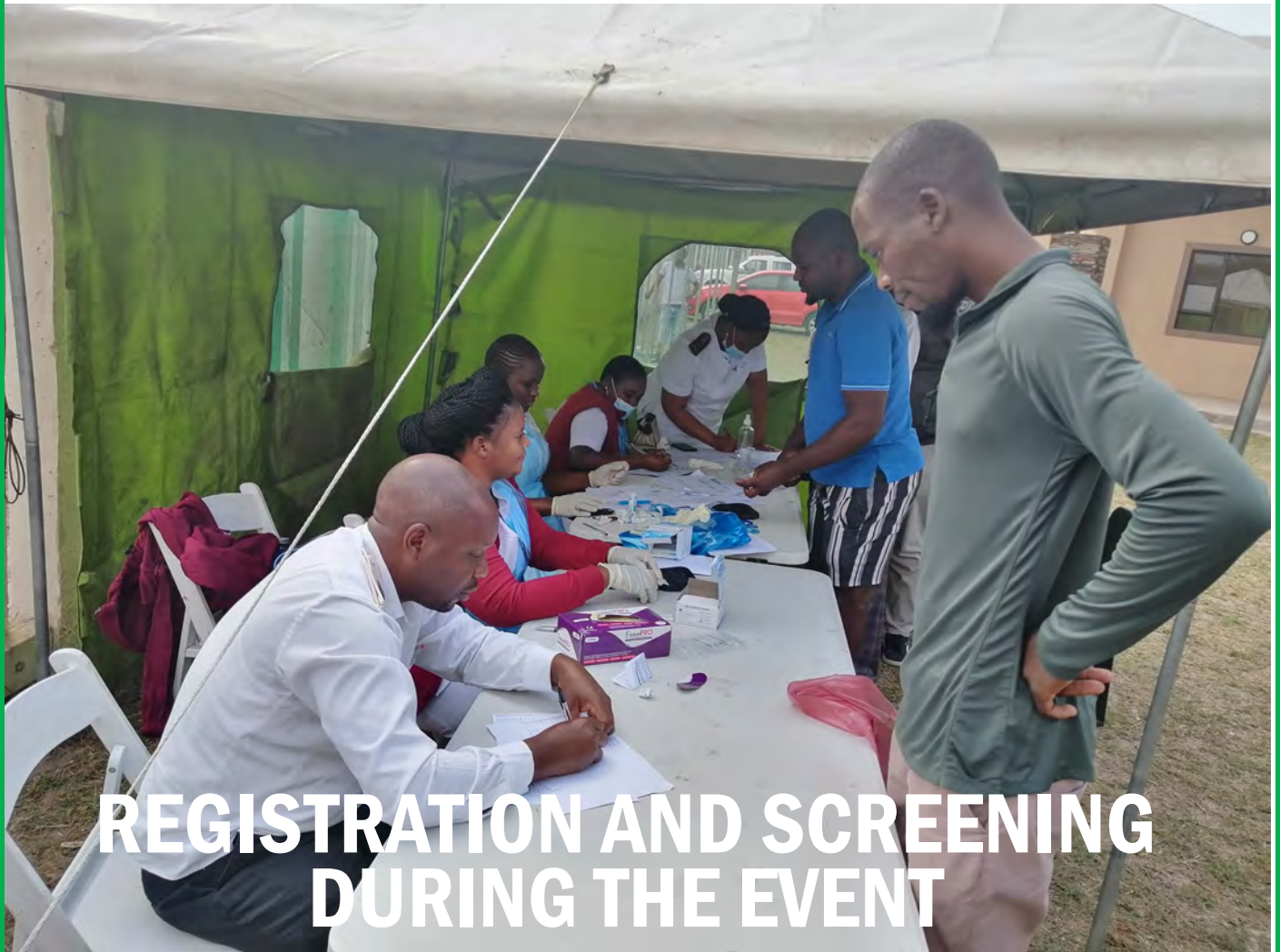
AMADODA ETHAMELE INKULUMO E-THENGANE HALL

Introduction of men's health in all facilities is one of the priorities set by the department of health. This is done to encourage men to visit health institution as it is seen that they normally visit late when they are critically ill which then lower their chances of recovery.

The clinic will focus on medical male circumcisions, prostate cancer, diabetics, hypertension, HIV, TB,STI and many more.

Thengane clinic under the leadership of Mr N A Mkhumbuzi as the operational manager hosted a very successful men's imbizo. Different departments were also invited to the event.

“ISIBAYA SAMADODA”



REGISTRATION AND SCREENING DURING THE EVENT



Dignitaries during the “isibaya samadoda” event

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