



health

Department
Health
PROVINCE OF KWAZULU-NATAL

MANGUZI HOSPITAL

MANGUZI HOSPITAL

NEWS

STAY INFORMED

JULY-SEPTEMBER 2016

DONATE BLOOD & SAVE LIVES



Manguzi Hospital staff made the day possible by saving thousands lives through donating blood. South African Blood Services) SANBS officials were very impressed by the commitment and support they were given by the staff of Manguzi Hospital. The employees came in their numbers to support and donate blood since the Province is experiencing a shortage of blood . Hospital employees and members of the community supported this initiative by donating blood.



MANGUZI GIJIMA EAT HEALTHY , EXERCISE YOUR BODY STAY HEALTHY

KWAPHINDA LOKHO!!!!!!!!!!

On 24 September 2016 the second annual Manguzi Gijima took place at the Manguzi Stadium. The event was organized by the Dietetics and Therapy departments from Manguzi Hospital and aimed at providing an inclusive fun day for physical activities and community health awareness.

Despite the rain many participants still arrived and many more came out to support their friends, families and community members. The main races were the 21km, 10km and 5km races, a 3km wheelchair race, and a race for children with disabilities including cerebral palsy. The dietetics & PHC team had a campaign focusing on National Nutrition week. The day was enjoyed by all with face painting and a jumping castle.

Manguzi hospital provided health screening and massage for participants.



21 KM RACE IS STARTING



Hhola morabaraba



Jumping Castle

.....continue from previous page



10 KM RACE IA ABOUT TO START



Wheelchair race

DEAF AWARENESS WEEK

Audiologist Ms. N.L Zulu conducted Deaf Awareness week at Maputaland Community Radio station where she educated the community about the impact, symptoms and how to recognize a person if he/she is deaf. After recognizing that the person is deaf, she explained what you should do as a parent or guardian to assist that particular person.



Ms. N. L Zulu(Audiologist)

C.T Mdletshe (Presenter)

BOXING WORKSHOP

The relationship between the Department of Health and Sports and Recreation continues to grow in Manguzi and provides services which allow our community members to grow in health and sporting endeavors.

The Dietetics and Therapy departments were invited to take part in a workshop which provided aspiring Olympic boxers, from Umkhanyakude, with knowledge and expertise to assist them with their training and competition. Nutrition for athletes, injury and prevention and common issues among boxers were discussed.

The interactive workshop was another successful joint initiative by the departments of Health and Sports and Recreation

MARYKE BEAZUHOUT-CHIEF PHYSOTHERAPIST (MANGUZI HOSPITAL) IS TRAINING THE BOXERS AND ATHLETES



ACKNOWLEDGEMENTS



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