

MANGUZI HOSPITAL NEWSLETTER



OPERATION SUKUMA SAKHE CABINET VISIT AT MANGUZI HOSPITAL



Sukuma Sakhe motto is taken from the Prophet Nehemiah 2:18 . It is a call for the people of KwaZulu-Natal to be determined to overcome the issues that have affected the communities such as poverty, unemployment, crime, substance abuse, HIV & AID and TB. As we all know Mhlabyalinga Municipality is amongst the top 5 municipality which was identified as the poorest of the poor municipalities. Following the visit by SMS members during the public service week. Operation Sukuma Sakhe (OSS) cabinet visited all the uMhlabyalina wards as an interaction between Government and the community. Amongst other visit they visited Manguzi Hospital which is in ward 17 whereby they visited the new Female and Pediatric ward. The delegation was led by Ms N G Khanyile (HOD Social Development), Mr Bheki Ndimande Head of Ministry for Department of Health. From the Hospital the delegation went to Engozini area which is also in ward 17 to interact with the community.



Community heads and Female ward led by Ms M P Tembani District Manager



Miss N.G Khanyile and Mr B Nkabinde



Engozini community

Inside this issue:

Manguzi gijima	2
Women's day celebration	3
Breast feeding campaign	4
Manguzi IPC Won	5
Thengani clinic campaign	5
Farewell : Ms O.K Gumede	6
Photo gallery	7

MANGUZI GIJIMA

Manguzi Gijima was organized with an intention of bringing the community together regardless of their age, gender, race, whether physically challenged or not. Participants were able to enjoy a morning filled with fun and healthy activity. A Salt Awareness Campaign was also held at the Manguzi Gijima event. The campaign was aligned with November's National Nutrition Week's theme on healthy eating at the work

place or schools. This was the first year that the Manguzi Gijima has been held with the hope of hosting it yearly. As such, the number of participants and spectators was relatively small, but still exceeded expectations. The Therapy Department organized the event to promote physical activity as part of a healthy lifestyle. Participants of the dietetics department's Biggest Loser health initiative from multiple sectors (Agriculture, Education, NPOs & health) were invited and encouraged to run in the event. There was a 3km moms and buggies

was a 3 km moms and buggies race, 5km, 10km, or 21km race from which participants could choose. Live music, a stall selling goods to raise funds for the MDR-TB patients, as well as the dietetics stand all helped to keep the crowds entertained.



Manguzi gijima participants



WOMEN'S DAY CELEBRATION



As we all know Women's day is celebrated across the country, this year Manguzi Hospital decided to celebrate this memorable day by empowering the women of the future.

The day was an eye opener to most of those who attended as there were different slot by guest who made sure that event was meaningful to everyone.

Words of wisdom were from different guest as follows

Ms B.P Shabalala (women and career ,T.O Manzini (women and family) N Nozibele (women an death) B.P Mdletshe (wonderfully and fearfully made)

S Mngomezulu (women and love), Ms S Mngomezulu also demonstrated breast examination which was done to encourage women to love themselves. Dietetics department also participated in the event whereby women were encouraged to live a healthy lifestyle



Mrs Nozibele

Ms B.P Shabalala (giving guidance of women and career



Mrs. Pillay (supervisor guest from DU)



Women empowered by different speakers

BREAST FEEDING CAMPAIGN



ELEMENTS OF SUPPORT

TIME

1. Six months paid maternity leave in accordance with the ILO Convention 183 on Maternity Protection. Where leave is shorter, women need means to extend their leave period so that they can be with their babies, combining fully paid, unpaid or some other form of leave.
2. One or more paid breastfeeding breaks or a daily reduction of hours of work to breastfeed her child. This is one of the key elements of the ILO C183 provisions.
3. Flexible work hours to breastfeed or to express breastmilk such as part-time work schedules, longer lunch and other breaks, job sharing or any such alternatives.

SPACE/ PROXIMITY

1. Infant and child-care at or near the workplace, and transportation for mothers to be with their babies. For rural worksites and seasonal work, women could use mobile child-care units or shared child-care and wet nursing arrangements according to accepted cultural practices.
2. Private facilities for expressing and storing breastmilk. It can be a breastfeeding room, a corner or any safe space at or near the worksite.
3. A clean work environment safe from hazardous waste and chemicals.

SUPPORT

1. Information about national maternity laws and benefits – as well as maternity provisions provided at their workplace or sector-wide – which may be better than national laws and practices.
2. Support from employers, management, superiors and co-workers in terms of positive attitudes towards breastfeeding in public.
3. Information about women's health during pregnancy and lactation in order to be better able to combine employment with breastfeeding and child care needs.
4. Support from worker's or trade unions either from their own work sector or the larger national unions.
5. Job security and non-discrimination on the grounds of maternity.



Code Of Good Practice on the Protection of Employees During Pregnancy and after the Birth of a Child issued.

MANGUZI HOSPITAL IPC TEAM WON

Manguzi Hospital (IPC) Infection Prevention and Control team won by receiving a price and a certificate during the Department of Health IPC event at Inkosi Albert Luthuli Central Hospital . The event was on the 06th of August 2015.

The team was one of other Hospital who designed a very educational and attractive poster on the importance of hand washing during the celebration of the Global Hand Washing Campaign in May 2015.



Mrs Mthimkhulu (District M & E, Mr Zikhali (Infection control Manager), Mrs S Mngomezulu (Infection control nurse) during price giving

SUICIDE AWARENESS AT THENGANI CLINIC

A suicidal awareness was held at Thengane clinic after the Department of Health felt that there is a high rate of people committing suicide due to lack information, the Department then saw a need of coming together with the community educating them on how to accommodate disappointments, failure and facing the reality.

The theme of the day was **“Phansi ngokuzibulala phansi”**.awareness was successful, 51 clients attended , community was very participative, questions and answers were from the community.

Clients return to their homes informed on how to dealt with difficult situations



Community Participation

FAREWELL TO LONG SERVICE “SOLDIER”

Manguzi management team bids farewell to a long serving member (O.K.Gumede). She started working for the Department of Health way back in 1968 up to 2015. Although they were sad that she is leaving, but at the very same token they were happy that she is still well and fit. May her days be filled with lots of happiness, good health and love. She served the Department with commitment, dedication, and positive spirit.



Ms O.K Gumede (Assistant Nursing Manager for OPD, Theatre and High care

FARE WELL PARTY PHOTOS.....



CEO (Dr.S.B.Umase) And Medical Manager (DR IMMELMAN)



Manguzi hospital management team bids fare well to O.K Gumede