



# MANGUZI HOSPITAL NEWSLETTER

## C.E.O'S DESK



Manguzi Hospital C.E.O

In presenting the last quarter of Manguzi hospital newsletter, it is hard for one not to marvel at how far we have come as a district hospital. It is even harder not to recognize how far we still have to go in the provision of services for the most vulnerable members of our societal women, children, the disabled, the elderly, and the sick.

The people of UMhlabuyalingana expert, and rightly so, a constant improvement in the quality and accessibility of

services we deliver. It is precisely for this reason that the 2015/16 operational plan is more than just another plan. It sets out unequivocally what has been achieved, what we plan to do, by when and by who.

As the executive of the hospital, I would like to express my gratitude for hard work and resilience of the staff. I urge them to even work harder in the realization of the objectives of provincial department of health.

Our hospital has never been able to adequately fill all the vacancies in the establishment. Our level of staffing remains far below what a hospital of this size requires. Quite frankly, the delays in filling posts have been a means of cost containment.

Despite all this, we have had resounding successes in 2014/15. Our achievements included the starting of an "on call system" for Mshudu and Zibi clinics; functioning of Maputa clinic over weekends and holidays; decentralization of 2279 patients on ARVs which subsequently led to the decongestion of our outpatient department; and many more.

During the past year, we were less successful in the execution of male medical circumcisions (MMC). Our target was 3000 but we only managed 1347. We nonetheless, hope to improve on this as a new traditional MMC coordinator is in the employ with effect from April 2015.

**FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE**

## 2015 OPENING PRAYER

28 January 2015 will never be forgotten at Manguzi as this was the day when most of our employees were gathered at the Hospital dining hall to thank God for protecting them through out the year. They asked God to continue giving them strength, patience, and wisdom as they continue to serve the people of Manguzi area. The theme of the day was taken from the book of Proverbs 3:5 "Trust in the LORD with all thine hearts, and learn not unto thine understanding"



.....PRAYER DAY



Rev. W. Myeni

### 5 THINGS EVERYONE SHOULD KNOW ABOUT DIEBETES

1. You develop diabetes when your body doesn't make enough insulin or use the insulin. Without the insulin your body can not get the energy its needs from your food.
2. You will never know that you have it as there may be no obvious signs.
3. Without proper management it can lead to heart and kidney disease, blindness and amputation.
4. There is no cure but effective treatment.
5. Anyone, anywhere , at any age can get diabetes.

#### Still to read.....

- \* Legislature visit.....page 3
- \* Provincial IPC.....page 3
- \* Wellness day.....page 4
- \* Biggest looser.....page 5

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## LEGISLATURE VISIT AT MANGUZI HOSPITAL

The legislature visited Manguzi Hospital on the 16th of October 2014. The team was led by Ms Ludidi, amongst other units they visited, were OPD, Maternity and Male ward. They were very pleased that as much as the Hospital is having old structures, but it is clean and well maintained.

Dr S B Vumase (Manguzi Hospital C.E.O), presented the achievements as well as the challenges that the Hospital is facing. Ms Ludidi promised to forward the report to the relevant provincial Departments for urgent intervention, so that the Hospital could run smoothly.



AT OPD



Interaction with the Public

## PROVINCIAL IPC VISIT MANGUZI HOSPITAL

The month of November is the Infection, Prevention and Control (IPC) month for umkhanyakude District. Manguzi Hospital had an honour to be visited by Provincial delegates on the 26 of November 2014.

According to Mrs J Masinga (Provincial IPC Manager), the Hospital was found to be compliant to IPC and she pleaded that the Hospital maintain this status at all times. The highlights of the day was the best practices by the Dietician-Mr Duncan Mosehle (a milk kitchen audit was conducted using the national milk kitchen audit tool. The score indicates that the facility

achieved silver level implementation which is considered very good

*Photos: right- Mrs Mthimkhulu, Mrs Masinga and Dr Onyemwense congratulates Duncan Mosehle*

*Left- Mrs Masinga doing rounds at female ward*



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## MANGUZI HOSPITAL WELLNESS DAY

"Caring for the cares" was the theme of the day. The day was filled with laughter, lots of advices and exercise.

Mr Mosethle (Dietician) gave tips on how to stay healthy, by eating healthy, losing weight and exercises. He encouraged the staff to join biggest loser as when one member trained on how a meal is prepared, it means the whole family shall benefit. This will also ensure that the staff remains healthy and the organization does not lose experienced personnel because of diabetes, mellitus and stroke.



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**COMPLIMENTS FROM THE CLIENT**

“Siyazibongela kakhulu ukuba nehotela , impela asiwuvali umlomo silala kamnandi size sikhohlwe nokuthi siyagula siyazibongela kumphathi sibhedlela “

From: B.O.P Sithole

“Siyabonga mphathi sibhedlela ukuba usizwele bandla ngemibhede. Sesiphumulile ukulala phansi la e O.P.D. Okwenzile kuhle futhi kuyancomeka ngoba noma ukhathele uma ulele nje embhedeni,umzimba uyaphumula futhi sigeza kamnandi”

From: Ester Sibiya

**BIGGEST LOSER JANUARY TO MARCH 2015**

Biggest loser January– March 2015 winner, from 78 kg to 70 kg  
Congratulations: Ms Z Manzini



BEFORE/AFTER



TEAM:HLASELA AMAFUTHA!!!!!!!

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