



## ISIBUKO SEMBONGOLWANE

# NEWS

STAY INFORMED

April–June 2016

# C.E.O'S CORNER

**G**reetings to management, staff, organized labour, hospital board and the community we serve as Mbongolwane hospital. I would like to thank management, health care workers, support staff and our partners for the good work they have done in the past quarter. It is motivating to have dedicated people around you. We know that we are rendering services with minimum resources, despite that you were able to render good services to the community. We also appreciate the work that is done by our partners, without you we can not reach all the corners of our catchment population. We recognize your presence.

Mphakathi waseMbongolwane namaphethelo, siyabonga ukusebenzisana kanye nobuhloki bomphakathi.

Sisebenzisane kahle nomphakathi kulezinyanga ezintathu ezedlule. Sibonga nomphakathi odlulise izikhalazo zawo, ndawonye sazama ukuzixazulula.

Nalabo abadlulise izincomo, konke lokho kuyasikhuthaza njengabaphathi nabasebenzi bezempilo. Sicela niqhubeke nokusebenzisana na nalesi sibhedlela kanye nemtholampilo yethu. Uma kukhona ukungaphatheki kahle, nisebenzise ngasosonke isikhathi. Siyabonga ukusebenzisana kahle.

Sifisa ukudlulisa ukubonga kwi Hospital board ngokusebenzisana kahle kulomsebenzi wokunakekela isizwe sakithi.



Message from the Acting C.E.O:  
Mr S.M Zungu



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OYAYA SENIOR CITIZENS WARD 3 LISTENING CAREFULLY TO SPEECHES PRESENTED BY OFFICIALS DURING THE EVENT

It has been greatly noted that senior citizen & disabled people are sometimes neglected in our communities. Mbongolwane district hospital in collaboration with ward 3 Development Community Worker (DCW) hosted a successful open day for senior citizens & disable people on the 29 of April 2016 at Inkosi Mzungezi peace center.

The main aim of the event was to assist in attending to health & social needs of senior citizens & disable people. The event was blessed by the visit from different government departments such as Home affairs who assisted in taking or replacement

of ID documents, DSD who assisted in solving social welfare issues in collaboration with Department of Health Social Work services. SASSA who assisted them in complains regarding illegal deductions from their accounts.

Services that were rendered by department of health as a major stake holder were as follows; eye clinic, physiotherapist ,dietetics, Social work services and mobile clinics. Mbongolwane Wellness champion assisted in giving physical wellness activities and gave tips on how to keep fit by doing physical activities.

Excitement was written all over the faces of people who attended the prestigious

event as new wheelchairs , walking sticks and food parcels were given out. The need to expand the event to other municipal wards was seen & expansion will be done.



Physiotherapist department handing over new walking sticks to the client



## CHILD PROTECTION WEEK



School health team with Mamba C.P School teachers and class representatives

According to the Department of health calendar, Week of May 27–June 2 is recognized as a Child Protection week. Mbongolwane School health team in collaboration with hospital Social work services visited local primary schools around Oyaya to give awareness on child abuse.

Among the schools visited was Mamba primary school where social worker intern Miss Khumalo gave detailed information on different kinds of abuses, signs of abuse and who are the most victims of abuse. In South Africa, the child care act of 1983 defines a child as a person who is under the age of 18 years.

Child abuse means the physical or mental injury, sexual abuse, negligence or maltreatment of a child by a person who is responsible for the child welfare.

There are three types of abuse namely; Physical, emotional & sexual abuse.

**Physical abuse** is any non-accidental injury or pattern of injuries to a child as a result of acts of omissions or commissions by a parent or care provider that endanger or impair the child's physical or emotional health and development. Children who have been physically abuse are left with feelings of worthlessness and unimportance. The child sees himself as unloved and

cannot have trust relationship with anyone.

**Emotional abuse**: verbal abuse falls into that category, and is perhaps one of the most difficult form of abuse to detect. Verbal assaults can cripple or handicap a child emotionally behaviorally and intellectually.

**Sexual abuse** is defined as the engaging of a child in sexual activities that the child does not understand, to consent, or which violet the social taboos of society. Perpetrators in most cases are family members nor is person known to the child.

In South Africa it is estimated that one in 4 girls, and one in 8 boys are sexually abused before the age of sixteen.



## OSUNGULWENI FUN WALK



Osungulweni youth led by A.T.N Dalangalala (O/M Osungulweni clinic) & Q.T Xulu (Clinic committee chairperson)

The M.E.C for health: KwaZulu-Natal, Dr. S.M Dhlomo advocates that “**a healthy mind in a healthy body**” is a sure guarantee to productive healthy nation.

Osungulweni clinic hosted a successful fun walk in commemoration of 16 June 1976 (Soweto uprising) where students from numerous Sowetan schools protested in the street of Soweto against the introduction of Afrikaans as a medium of instruction in local school.

The youth of Osungulweni ward 1 were motivated to live a healthy life style and have drug free generation as they were part of the 3 KM walk spreading the word of living a healthy life style to the community.

During the event Mr Magwaza who spent 22 years in prison because of the mistakes committed while he was young motivated the youth not to use alcohol and drugs but instead to focus on

their education as there is no future without education. After the fun walk, awards were handed over the top 3 winners in different categories.

We hope that there will be a decrease cases of alcohol & drugs abuse and the youth will live a healthy life to pro-long their life span.





## LAUNCH OF YOUTH FRIENDLY CLINIC : MATHUNGELA



From left : Sister Shandu (youth friendly clinic nurse), AS Maphumulo (M&E), ATN D Inalala,(Osungulweni Clinic O/M ), Mr V Bhengu (MSF), Sister A.L.N Gazu (Mathungela Clinic OM)

The present generation of youth faces more complex challenges to their health and development than their parents did, how ever the major health problems for young people are largely preventable.

Access to primary health care services is seen as important component for preventing young health problems. Amongst other health problem affecting the youth, HIV/AIDS was identified as a Major problem .Fear about the

lack of confidentiality and being judge is the main reasons youth do not utilize health services . For a example, fear about being recognized in the clinic waiting area with the possible of stigma attached or health workers might not maintain confidentiality especially from parents.

With all above problems identified Mathungela Clinic hosted a successful launch of youth friendly services on the 29th of June 2016 in trying to resolve issues faces by youth at Mathungela area.

Youth friendly services will be managed by friendly young nurses who understand current challenges faced by

youth. With the launch of youth friendly clinic, there will be an increased number of youth accessing health services and the burden of disease will decrease.



Mathungela female youth holding their sanitary pads & school bags donated by Department of Social Development Eshowe



Mr. S Mantame (MMC coordinator ) & Mr B Nxumalo (MSF) during their radio interview

fighting against HIV/AIDS pandemic. The benefits are not only for men but also for your partner as it reduce the risk of an HIV negative male contracting HIV through heterosexual sex by 60% reduces the risk of STI, makes penis easier to clean and also is linked to a reduction of prostate cancer and genital cancer.

Medicins sans frontiers (MSF) DOH partner bought ICORA FM slot from 10h30 –11h00 every Tuesday where we are able to discuss health related issues and there is an SMS line where listeners ask health related questions and we answer every questions accordingly.

*Maximum protection is equal to getting tested, circumcised and condom usage .*

**S**ince the call from His Majesty King Goodwill Zwelithini KaBhekizulu to revive the tradition of circumcision for all males,

Mbongolwane District Hospital in collaboration with MSF&SACTAWU have embark on Male Medical Circumcision as one of the intervention of

LAUNCH OF CENTRAL CHRONIC MEDICINE DISPENSING(CCMDD)



From left : Mrs Mthembu(DMN) , Medipost rep, Ms P Dlwathi (District Pharmacy Manager) & Mr. S.M Zungu : CEO

- \*Clients accessing chronic medication closer to home
- \*Decongested health facilities
- \*Reduce health provider work load
- \*Improve client satisfaction

Chronic medication will be dispensed at central point & medipost will pre-pack the medication and distribute these to health facilities.

Only stable patients can be enrolled into the CCMDD programme. In preparation for the roll out, patients need to start taking their ID books to the hospital and have cellphone number to be registered in the programme.

Nomination of one or two people to collect medication on ones behalf can be done. With the roll out of these programme , patients will be satisfied & less complains of waiting time will be received .

Mbongolwane Hospital launched the new programme called CCMDD (Central Chronic Medicine Dispensing and Distribution) which aim to achieve the following objectives

- \*Reduced waiting times
- \*Improve access to chronic medication
- \*Pick up points which are accessible to patients



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