



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

MBONGOLWANE HOSPITAL

ISIBUKO SEMBONGOLWANE

NEWS

STAY INFORMED

July - September 2016

C.E.O'S CORNER



Mr. S.M Zungu:

**Acting Chief Executive
Officer**

Mbongolwane Hospital

Greetings to the members of management, staff at large for both District Hospital and PHC services, organized labour, Hospital board and partners (MSF & SAC-TUW).

2016/17 second quarter has come and gone. This is the time we reflect back on the activities we have done for the benefits of the community. The events we had show that these was a busy quarter.

We were humbled to have a North West Province MMC benchmark visit and support we got from Inkosi V.T Dube, DOH, District office & partners on 20/09/2016.

Special gratitude to Izinyane leSilo

Prince Nhlanganiso Zulu (ambassador for TB & MMC) to bless us on occasions we had in the past quarter. I also take this opportunity to thank all categories of staff for their dedication on rendering services to the community.

We must not forget that this is the last quarter before festive season.

I would like take these opportunity to wish all staff members, management, hospital board members, partners, organized labour and the community we serve, a very good time in 2016 festive season. May God bless and protect you and your families.



**North West MMC benchmark visit
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**Breast feeding week
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NORTH WEST PROVINCE MMC BENCHMARK VISIT



This was during the briefing session and on the far right Inkosi VT Dube doing the media interviews

On the 20th of September 2016, Kwa-Zulu Natal Department of Health HIV Prevention and Medical Male Circumcision programme hosted a delegation from Department of health North West Province.

The delegation was hosted at Kholweni Tribal Authority led by Inkosi V.T Dube under ward 8 of Umlalazi Local Municipality serviced by Ntumeni clinic under Mbongolwane District Hospital.

The purpose of the visit was to benchmark the multi-sectoral approach using the pillars of the accelerated scale-up plan for Medical Male Circumcision (MMC) in the community. Inkosi V.T Dube has been passionate and involved in Medical Male Circumcision since the call by His Majesty King Zwelithini Zulu to revive circumcision in 2010. She got a recognition by Department of Health and she was awarded during 2015 MEC's Annual Service Excellence Awards for her contribution in MMC programme.

The day began with a short briefing session which outlined the processes and stakeholder participation particularly the role played by Traditional Leadership and Operation Sukuma Sakhe in the MMC programme and followed by walk about at the service sites where

MMC services were showcased and their roles were explained. After that there was a short formal programme where purpose of the day was outlined by Ms Grace Tsele, Acting Chief Director North West Province who was leading the delegation. Inkosi V.T Dube welcomed the delegation and gave her message of support.

Prince Nhlenganiso Zulu delivered the key note address. On his speech he spoke deeply about social values, roles and responsibilities of a real man in the community. He further encouraged all males to get circumcised and use condoms when engaging in sexual activities in order to fight the spread of HIV/AIDS.

While the programme was in motion, circumcisions was in progress at the Tribal Court. Special thanks to our supporting Medicine Sans Frontiers (MSF), SACTWU, also to Inkosi VT Dube and her council, Community leadership, Faith based sector, Induna, Traditional healers, Traditional coordinators and Councilors for making the event a success.

Get tested, circumcise and use a condom.



Ixoxwa ngezithombe



North West Delegation stepping down from the MMC mobile theatre



Delegates listening carefully to presentation at service site



Ms G Tsele Acting Chief director North West Province addressing the community



Prince N Zulu ambassador for TB & MMC giving key note address



Dr BR Ndaba– Manager for MMC and HIV prevention in KZN health during media briefing



UMGUBHO WENYANGA YAMAGUGU



Abasebenzi baseMbongolwane esibhedlela beholwa izinyane lesilo uMntwana Nhlanganiso Zulu kuhaywa amahubo

Minyaka yonke ngenyanga kaMandulo iningizimu neAfrika kugubha usuku lwama gugu. Kulonyaka wezinkulungwane ezimbili neshumi nesithupha (2016), Isizwe samaZulu besigubha iminyaka engama khulu amabili(200) kwabunjwa isizwe samazulu. Lokhu kulandela ukuthi Inkosi uShaka yanqoba izizwe eziningi ezazakhele lelizwe zaba yisizwe esisodwa samaZulu. Inkosi uShaka yahlala esihlalweni sobukhosi ngo 1816 wakhothama ngo 1828, kushukuthi ngalokho wabusa iminyaka eyishumi nambili

kodwa wakwazi ukubumba isizwe samaZulu. Isibhedlela saseMbongolwane sikhumbhula ukukhothama kweLembe mhla zingamashumi amabili nane kuMandulo ngonyaka wenkulungwane namakhulu ayisishiyagalombili namashumi amabili nesishiyagalombili (24 September 1828).

Kulomcimbi sibenenhlanhla yokunyathela kwezinyane leSilo umntwana uNhlanganiso Zulu, inhloso yalo kwakuzohlanganyela kanye nathi kulomcimbi oyisikhumbuzo senkosi uShaka. Kwisethulo somntwana

wayesikhumbuzo ngomlando wethu singamaZulu. Lapho wayesichazela kabanzi ngokuthi isizwe samaZulu sisukaphi. Saphinda futhi seluleka abasebenzi kanye nomphakathi waseMbongolwane ngokubaluleka kokusoka.

Nanokuthi kubaluleke kangakanani ukuziphatha nhlangothi zombili zobulili ukuze isizwe sethu singabhuqwabhuqwa igciwane nesandulela nculazi.

Emvakomuncimbi sazitika ngokudla kwesintu wena bhatata, zinkobe, nhloko kanye nokunye, sasi-bondwe sayekwa sifinya ngendolwane.



Isibuko seMbongolwane

BREAST FEEDING WEEK



From left : Mr B Mkhabela (District Dietician), Ward 5 Counselor Mr N Zulu, Mr V (Msf), Sir D.O Nzama (Ngudwini Clinic O/M)

World Health Organisation (WHO) initiated National Breast feeding week awareness from the 1st – 7th of August yearly. These awareness promotes, protects and support breast feeding which is the optional nutrition for the growth and development of the young child regardless the HIV status of the mother.

It is of great importance to increase the breastfeeding rate in the community as a whole and educate the community on HIV in the context of breast feeding.

Mbongolwane hospital hosted successful breastfeeding awareness held at Ngudwini area on the 31st of August 2016. The event was made successfully with the presence of breastfeeding mothers as well as pregnant ones.

Mrs Vilakazi (Breast feeding mother) gave testimonial on the advantages of breastfeeding & encouraged other mother to do the same.

The key note address speaker of the day was Mr B Mkhabela, KingCetshwayo District Dietician who clearly elaborated broadly about breastfeeding.

Medicine Sans Frontiers which is the NGO that support Mbongolwane hospital demonstrated an educational play on the importance of breast feeding. At the end of the event, Mothers were asked questions (quiz) about breastfeeding, those who got the correct answers were given prizes.



Mbongolwane hospital dieticians giving gift bags to a breast feeding mother.

MENS FORUM LAUNCH



Prince Nhlenganiso Zulu, giving the key note address during the launch of men's forum (Isibaya samadoda)

According to South African government website, the idea behind the launch of men's forum came after it had been realized that men were the sole contributors to family violence due to lack of knowledge and failing to open up with their issues to seek assistance from professional practitioners.

The forum is aiming to motivate, engage, assist and inspire men to be examples of

change in their community and build a society where all people who live in it, are free without fear.

The men's forum also looks at how men can be engaged in dealing with various social issues such as victimization of woman and children, violence in families, alcohol and drugs abuse and gender based violence.

Mbongolwane hospital hosted a successful men's forum launch. We were blessed to

have Prince Nhlenganiso Zulu as the main guest speaker. In his speech he spoke broadly about how males should behave in their communities and be responsible for action they take. He also emphasized males to get circumcised.

Dr Ndimande spoke broadly about men's health & health challenges that are most luckily to affect males and gave advice on how to keep healthy.

Special thanks to Oyaya Traditional Council & SAPS for supporting the event.



MENTAL ILLNESS AWARENESS DAY



From left: Ms C.N Nkwanane (Social worker), Sir Mfeka (OPD O/M), Dr O.A Olowe (Medical Manager), Dr Ndimande (OPD Doctor) during the presentation of mental illness awareness

July 2016 is marked as Mental Health Awareness Month. According to the World Health Organisation (WHO) one of four people will experience some form of mental health problem in their lifetime.

Mbongolwane District Hospital hosted a successful Mental Health Awareness campaign at hospital Out patients department. The purpose of the event was

to alert the community about the signs & symptoms of the mentally ill person so that they can be reported immediately to health care institutions .

Also was to educate families with mental illness family members on how they should assist them in making sure that they take their medication accordingly.

Key note address speaker was Dr Ndimande who spoke broadly about different

types of mental illness and how they can be managed. He elaborated more on causes & symptoms of depression & anxiety. He further spoke about the importance of family & friends support care in mental illness patient.

He also warned the community about drugs & alcohol abuse as they are also the contributing factor to mental illness.



MANDELA DAY COMMEMORATION



From left : Visit to Cebekhulu Family by Management , Right : Management & staff during litter free campaign

Every year on Mandela day people around the world are asked by Nelson Mandela Foundation to spare their 67 minutes of their time helping others. By devoting 67 minutes of their time - one minutes for every year of Mr Mandela's Public Service – people can make a small gesture of solidarity with humanity and the step towards a global movement for good.

Mandela Day initiative has received overwarming support around the globe. People have adopted the culture of humanity by giving back to their community using 67 minutes of their time.

Mbongolwane District Hospital also participated in devoting 67 minutes

towards giving back to the community. Management team led by acting C.E.O Mr. S.M Zungu and the staff embarked on the litter free campaign in the hospital & its surrounding. Where papers were picked up & ensured that the hospital & the nearby market, taxi rank is clean.

After litter free campaign, two local needy families that were identified by CCG's were visited. During the visit food parcels were given to the families and nurses who were part of the team assisted in cleaning up the house and washing clothes. **Take action. Inspire change, make everyday Mandela day.**



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Mr S.E Buthelezi
WRITER
DESIGNER
PHOTOGRAPHER



Mr S M Zungu
EDITOR



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

CONTACT DETAILS

Physical Address: D 1542

Mbongolwane Reserve

Postal Address: Private bag X 126
Kwa-Pett 3820

Web Address:
<http://www.kznhealth.gov.za/mbongolwanehospital.htm>

SWITCHBOARD:

035 – 476 6242/242/281

FAX NUMBER:

033 – 476 6 014/380