



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

MBONGOLWANE HOSPITAL

ISIBUKO SEMBONGOLWANE

NEWS

STAY INFORMED

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MBONGOLWANE HOSPITAL MANAGEMENT, HOSPITAL BOARD CHAIRPERSON & AWARD WINNERS DURING THE MASEA AWARDS



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C.E.O's CORNER



I would like to take this opportunity to greet all Mbongolwane hospital community and our stakeholders. I would like to thank management of Mbongolwane and staff at large for the continued commitment to service delivery.

KDC district management for the continues support. Organized labor for good work relationship. Hospital board and our partners.

I would like to send condolences to the family of the late Mr. B.D Biyela(hospital board) who passed away in August 2017. We pray to the Almighty to be with them in the difficult times.

Condolences also forwarded to Sithole family who lost Mr. T.R Sithole senior security officer in June and Mtshali family who lost Ms. Z Mtshali food service aid. They

must trust on the Lord who created heaven and earth. We would like to say that we were also saddened by the passing of colleagues, may their souls rest in peace.

I would like also to note the achievements we received from 2016/17 MASEA awards. Certificate of commendation where Mr. S Mantame got 4th position in the category best staff of the year : administrative and Osungulweni clinic on National Core Standard. On that note I would like to encourage Mbongolwane & clinics to continue working hard and also to enter in these prestigious awards.

We would like to congratulate both Mr. S Mantame and Osungulweni clinic staff, M&E and quality team for putting Mbongolwane health ward on the map.

On the open day, Osungulweni clinic OM and Mbongolwane management recognized Osungulweni clinic staff by handing them certificate of commendation for good work done. We

encourage other clinics and the hospital to recognize good performance of employees regularly. We would like to pass good wishes for our ex employees who have retired in 2017:

Mrs. P.E Jafta C.E.O, Sr Ngema P.A : Ntumeni clinic, Sr Ngema S.C OM leads, Mr. N Shezi boiler operator, Mrs S.M Mayise-ENA-OPD, Mrs. T.C Diadla-Linen orderly, Ms. N.M Mgomozulu- launderer& Ms. H.P Xulu - Cleaner- Osungulweni clinic.

We wish them all the best in their future and that almighty god be with them and their families.

I would like to thank every one for the support they have given to me as the Acting C.E.O of Mbongolwane hospital.

Thanks.



COMMUNITY LISTENING CAREFULLY TO PRESENTATIONS DURING THE OPEN DAY

According to the Provincial Department of health statistics, clinics utilization rate has decreased as a result hospitals are congested and that increase waiting times when visiting the hospitals. Osungulweni clinic hosted a successful open day event.

The main aim of the event was presented by Sr Dlangalala (Clinic Operational Manager) which was to engage more broadly with the community , market services that are rendered at the clinics, promote healthy living, give awareness on

the outbreaks of diseases e.g. HIV/AIDS & TB etc and mostly to hear concerns & complains about the quality of service s rendered to the community by our staff.

There were health activities that were done during the event such as Health screenings and HIV/AIDS testing. Community was encouraged to live a healthy lifestyle to fight opportunistic diseases such as high blood pressure & diabetic. Clinic Committee Chairperson stated the role they play as committee members in creating a good relationship between

the Clinic and the Community & encourage community to forward complains if received bad treatment in the clinic.

Services rendered by the clinic were presented by different professional nurses where the community was also encourage to utilize the services marketed.

Toward the end of the function, awards ceremony was conducted with different categories. Awards were given to those staff members who excelled in their respective working areas.

All staff members were encouraged to work with dedication and go beyond the call of duty to deliver service to the community.

IXOXWA NGEZITHOMBE





Quality team , District IPC co-ordinator (Mrs. B. Ntuli) with Male ward staff

World Hand Hygiene Day took place in May 05, 2017. The day was declared by the World Health Organization (WHO) and encourages patients and their family members to join health workers in their efforts to practice good hand hygiene.

According to WHO, every year, hundreds of millions of patients around the world are affected by health care-associated infections. More than half of these infections could be prevented by properly cleaning hands at key moments in patient care.

The main medical purpose of washing hands is to cleanse the hands off pathogens (including bacteria or viruses) and chemicals which can cause personal harm or disease.

Hand hygiene is especially important for people who handle food or work in the medical field, but it is also an important practice for the general public. People can become infected with illnesses such as diarrhea illnesses , if they don't wash their hands before touching other patients with contaminated hands..

2017 theme state as follows : **“Fight antibiotic resistance- it's in your hands”**

WHO calls to action for:

- Health workers: “Clean your hands at the right times and stop the spread of antibiotic resistance.”
- Hospital Chief Executive Officers and Administrators: “Lead a year-round infection prevention and control programme to protect your patients from resistant infections.”

- Policy makers: "Stop antibiotic resistance spread by making infection prevention and hand hygiene a national policy priority."

- IPC leaders: "Implement WHO's Core Components for infection prevention, including hand hygiene, to combat antibiotic resistance."

Mbongolwane hospital hosted a successful world hand hygiene day where most of the workers participated in the hand hygiene relay drive across the hospital in promotion of washing hands in a work place.

Community was not left behind as Quality team led by Monitoring & evaluation manager visited the Out Patient Department and gave health education on the proper hand wash at home.

SIYALULAMA CLINIC CCMDD LAUNCH



Central Chronic Medicine Dispensing and Distribution (CCMDD) was initiated by the department of health to achieve the following goals :

- Reduced waiting times;
- Improved access to chronic medication;
- Pick-up points which are geographically accessible to patients (closer to their homes);

- Clients accessing chronic medicines closer to their homes;
- Decongested health facilities
- Reduced health provider workload
- Improved client satisfaction.

On the 5th of July 2017 Siyalulama clinic launched the CCMDD programme

which is aimed to reduce waiting time and decrease work load for staff.

During the event testimonies from clients who were already on CCMDD were presented. Pharmacy manager explained to the community the advantages of enrolling to the program & how it works.

Clients were happy about the launch and appreciated the department for such initiative.

INTERNATIONAL MANDELA DAY



Every year on Mandela day people around the world are asked by Nelson Mandela Foundation to spare their 67 minutes of their time helping others. By devoting 67 minutes of their time - one minutes for every year of Mr Mandela's Public Service – people can

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make a small gesture of solidarity with humanity and the step towards a global movement for good.

Mandela Day initiative has receive overwhelming support around the global. People have adopted the culture of humanity by giving back to their community using 67 minutes of their time.

Mbongolwane hospital visited a local old age home, where they gave back their 67 minutes by giving out food parcel and assisted the home by washing clothes and cleaning up the area.

Cebekhulu & Ntuli families were also visited where food parcels where given out.



Ntumeni clinic breast feed week drive



Osungulweni Clinic breast feeding week drive

The first week in August is World Breastfeeding Week, an international campaign that supports and promotes breastfeeding to improve babies' health.

According to world health organization, breastfeeding is arguably the best start in life you can give to your newborn baby. And while it is not always easy, getting advice or help from a professional in the early stages will be well worth the effort for you and your baby.

WHY BREAST IS BEST FOR BABY

Breast milk is easily digestible and has the perfect mix of vitamins, protein and fat, giving babies the best nutrition to help them grow

In addition to containing all the vitamins and nutrients your baby needs in the first few months of its life, breast milk is packed with disease-fighting substances that protect your baby from a long list of illnesses. The physical closeness in the form of skin-to-skin touching and eye contact promote mother-and-child bonding and helps your baby feel secure.

BENEFITS FOR MOM

Although breastfeeding can be hard work in the beginning, besides the many health advantages for your baby, you also stand to benefit in many ways.

Firstly, the baby's sucking during breastfeeding causes the mother's uterus to contract and reduces the flow of blood after delivery. It also releases a hormone – oxytocin – that not only promotes a feeling of warmth and calm, but also helps your uterus return to its pre-pregnancy size.

In terms of health benefits, breastfeeding lowers your risk of breast and ovarian cancer and research indicates it may also lower your chances of osteoporosis. In addition, it burns extra calories.

When it comes to cost, breastfeeding is the most economical way for you to provide your baby with the nutrition needed without having to spend a cent. It is also convenient and saves you the time and trouble of having to prepare formula and sterilize bottles, allowing you more time to bond with your baby instead.

Mbongolwane District hospital dietician team in collaboration with King Cetshwayo district hosted a successful Breast feeding awareness drive which started at Ntumeni clinic and ended at Osungulweni clinic on the 4th of October 2017.

During the breast feeding drive, mothers were given health education on breast feeding. Gifts prizes were given to those mothers who were able to answer questions asked regarding breast feeding.

Price for the best healthy breast feeding child was given to Ms. Buthelezi from Ntumeni clinic.

All the mothers & pregnant women were encouraged to breast feed their babies regardless of their HIV status.



District nutritionist, Ntumeni O/M giving a present to the mother of the breastfeeding baby

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