



**health**

Department:  
Health  
PROVINCE OF KWAZULU-NATAL

# MBONGOLWANE HOSPITAL

## ISIBUKO SEMBONGOLWANE

# NEWS

STAY INFORMED

DECEMBER 2018

## WORLD AIDS DAY COMMEMORATION



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Nurse Manager (Z Mthembu) addressing the community during the event

**O**n the 4th of December 2018, Mbongolwane District hospital joined hands with partners in the commemoration of World AIDS day under the theme “Know your status”. This was also the occasion to celebrate the 30th anniversary of World AIDS day since it was initiated by World Health Organization (WHO) in 1988.

According to World health organization 2018 World AIDS day aims to:

- Urge people to know their HIV infection status through testing and to access HIV prevention, treatment and care
- Urge policy-makers to promote a “health for all” agenda for HIV and related health services, such as tuberculosis (T.B), hepatitis and non communicable diseases.

The event was blessed by the presence of Mrs. Mkhuluse who is the chairperson of uMlalazi civil society & HIV/AIDS activist. She spoke broadly about the importance of testing and adherence to HIV/AIDS treatment.

We received inspiring testimonies from clients who have been on the treatment for more than 15 years. They were encouraging people not to be afraid to test for HIV/AIDS and told them that HIV can be manageable if one follows instructions given by the medical professionals.

Before the main event, principals & officials embarked on door to door activities rendering the following services: HIV testing, TB screening, condom distribution and health education on HIV/AIDS and TB. Pep smear was also done at the venue of the main event.

Special gratitude is forwarded to uMlalazi municipality, SHINE, Kwanhliziyonye care center and MSF for making the event possible.





# 16 DAYS OF ACTIVISM AGAINST WOMEN & CHILD ABUSE COMMEMORATION



## Officials & the community during the 5 km walk

**1** 6 Days of activism for no violence against women a children is an international campaign to challenge violence against women and children. Its aim to raise awareness of the negative impact that violence and abuse have on women and children and to get rid of the abuse permanently in our communities.

Mbongolwane hospital in collaboration with Department of social department (Mamba thusong centre) hosted a successful campaign against the gender based violence & children abuse.

The objective of the campaign include attracting the community to actively participate in the fight to eradicate violence against women and children, and to encourage

the community to acknowledge that violence against women and children is the society problem , not for government or police. This was emphasized by our guest speaker Cllr Bongiwe Simelane: Deputy Mayor for uMlalazi municipality. Who encouraged the community to stand together against women & children abuse. She also encouraged women & children abuse cases to be reported immediately to the police.

The Mamba community took part in the 5 KM walk where by massages against the violence of women & children abuse were disseminated in ranks and local business centres.

We as the community have the power to stop the violence through the theme: **# Hear me too: End violence against women and children.**







## Member of the support group citing a poem during the event

Once again Christmas came early for Mbongolwane hospital ART children support group. On the 23rd of November 2018. Mbongolwane hospital in collaboration with MSF and SHINE hosted a successful annual year end Christmas party for children who are on ART.

2018 marks the 5th year since the initiation of such programme. This programme has brought huge changes in the children lives. Now they are able to express their feelings through peer support groups.

Even parents or guardians are sometimes invited to be part of the sessions where by children are able to express their feelings about matters that borders them at home. The group facilitators plays a huge role in making sure that challenges discussed during the sessions are resolved.

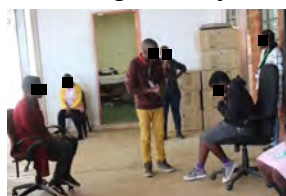
They also become the link between parents / guardians and children on clubs. During such events , children are given opportunities to showcase their talents through art & sports.

Guest speakers encouraged children to adhere to their treatment and live a healthy life style. They were also told never to stop chasing their dreams because they have the power to change their livelihood through education.

Children support group leaders also expressed their gratitude to their facilitators for always being there for them and showing them love and care.

Gift packs were given to children as their early Christmas presents. Excitement was written all over the faces of children during the proceedings of the event.

Special gratitude is forwarded to HAST unit and partners for making sure that this programme is continuously running smooth regardless of challenges they face.





# CERVICAL CANCER SCREENING AWARENESS



Officials during cervical cancer screening awareness at Masundwini & Ngilandela areas

**A**ccording to World Health Organization, cervix is the narrow part of the lower uterus that connects to the vagina, often referred to as the neck womb. Cervical cancer is an abnormal growth of cells of the cervix. The abnormal cells, sometimes called pre-cancerous tissue, further develop as cervical cancer. Types of cervical cancer :

- **Squamous cell carcinoma:** This type of cervical begins in the thin, flat cell lining the outer part of the cervix, which projects into the vagina.
- **Adenocarcinoma:** this type of cervical cancer begins in the column –shaped glandular cells that line the cervical canal.

Cervical cancer is a preventable disease which is curable when detected early ,it affects woman. Women aged 18-25 who are sexually

active should have pap smear every 3 years, or 2 years later after first sexual activity and continue until age 70.

Following the call from the M.E.C for health Dr S.M Dhlomo for institutions to do intensive cervical cancer campaigns at their communities. Mbongolwane district hospital responded to that call by hosting a successful cervical cancer awareness campaigns in different uMlalazi municipal wards under Mbongolwane hospital.

The team led by Assistant Manager Nursing N.P Ngcobo & Sr LC Simelane (reproductive health nurse) visited Masundwini and Ngilandela areas. The purpose of the campaigns was aiming at educating women about cervical cancer & encouraging them to regularly do pap smears check-ups. Gratitude is forwarded to the community leadership for continues support.



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**Mr S.E Buthelezi**  
WRITER  
DESIGNER  
PHOTOGR



**Mrs. S.I Mkhwanazi**  
EDITOR



**health**

Department:  
Health  
PROVINCE OF KWAZULU-NATAL

## CONTACT DETAILS

**Physical Address: D 1542**

**Mbongolwane Reserve**

**Eshowe**

**Postal Address: Private bag X 126**

**Web Address:**  
[www.kznhealth.gov.za](http://www.kznhealth.gov.za)

**SWITCHBOARD:**

035 – 476 6242/242/281

**FAX NUMBER:**

035– 476 6 014

**EMAIL:** siphamand-  
[la.buthelezi@kznhealth.gov.za](mailto:la.buthelezi@kznhealth.gov.za)