



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

MBONGOLWANE HOSPITAL

ISIBUKO SEMBONGOLWANE

NEWS

STAY INFORMED

DECEMBER 2019



MENS FORUM MARCHING AGAINST WOMEN & CHILDREN ABUSE



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COMMEMORATION OF 16 DAYS OF ACTIVISM FOR NO VIOLENCE AGAINST WOMEN & CHILDREN ABUSE



MEMBERS OF THE MENS FORUM SIGNING THE PLEDGE AGAINST THE ABUSE OF WOMEN & CHILDREN

Mbongolwane hospital Men's forum hosted a successful 16 days of activism for no violence against women & children abuse campaign on the 27th November 2019 at Mbongolwane hospital.

In the recent past days, it has been reported that there is an increasing number of domestic abuse which lead to the death of many women in South Africa. The aim of the event was to encourage the community especially men to stop the abuse of women and children. The theme of the day was *"enough is enough: together fast tracking implementation of end gender based violence"*

The day started with the march within the hospital where members of the men's forum led by Mr. P.S Xulu (Chairperson) were holding plug cards with messages that encourage the community to stop violence against

women and child abuse. The event was blessed with the presence of Mbongolwane SAPS Lieutenant Mdlalose. He spoke broadly about the number of women abuse cases that are not reported to the police due to different reasons, some are discussed within the families and concluded without reporting them. He encouraged women to report any kind of abuse to the police so that the perpetrator will be arrested, by doing that more victims will be saved.

Speaker of the day was Dr S Nxumalo, who inspired men to care about their families & community. She further stated that men are the ones who are supposed to protect women & children. She pleaded with the male community to end violence against women and children.

All males who attended the campaign committed themselves to signing the pledge which stated that enough is enough, no more violence against women and child abuse. We hope the number of women and children abused will decrease in Mbongolwane community.

WORLD AIDS DAY COMMEMORATION BUILD UP DOOR TO DOOR CAMPAIGN



Mbongolwane hospital staff, MSF & Kwanhliziyonye care center staff during door to door at Masundwini ward 4

World aids day is celebrated every year all over the world on 1st of December to raise the public awareness about HIV/ AIDS.

HIV testing is essential for expanding treatment and ensuring that all people living with HIV can lead healthy and productive lives. It is also crucial to achieving the 90–90–90 strategy targets set by Government and empowering people to make choices about HIV prevention so they can protect themselves and their loved ones.

Mbongolwane hospital in collaboration with Medicines Sans Frontiers (MSF) & Kwanhliziyonye care center conducted door to door campaign at Masundwini area ward 4 on the 4th of December 2019. The purpose of the campaign was to give awareness about HIV/ AIDS & TB to the community and stress the importance of HIV/AIDS treatment and adherence.

The aim of door to door campaign was to :

- To increase the number of people who are adhering to treatment.
- To increase the number of people who have tested for HIV/AIDS
- To increase the number of HIV/AIDS support group.
- To decrease new HIV/AIDS infection cases.

The ongoing support from Ntuli traditional council is always appreciated.



Team during door to door campaign

NUTRITION & OBESITY WEEK



MBONGOLWANE DIETICIANS & THEM BIMFUNDO SPECIAL SCHOOL STAFF DURING NUTRITION WEEK EVENT

National nutrition and obesity week is observed from 1-19 October every year. In the view of high obesity rates within our communities, Mbongolwane hospital dietetic department visited Them bimbifundo special school staff on the 16th of October 2019 to create awareness on nutrition & obesity. The campaign aims to create awareness about the importance of healthy eating to control overweight and obesity.

The 2019 nutrition and obesity week theme was “*making eating whole foods a way of life.*” This emphasizes the health benefits of making healthy whole food choices from variety of most plant based foods such as vegetables & fruits legumes and preferably normally processed foods.

This encourages caregivers to plan prepare healthy meals and snacks instead of eating

out frequently and buying snacks or ready prepare meals. The awareness also provided information on how to understand food labels in order to make healthy choices when buying food.

Through good nutrition which is key component of a healthy life style ,(healthy eating and physical activity) can help to achieve and maintain healthy weight and reduce the risk of non communicable disease like diabetes, high blood pressure and cancer.



Ms P Gumede (dietician) & Ms T Mlungwana (Dietician commserve) during the campaign

MBONGOLWANE SCOOPES AWARDS AT DASEA



MBONGOLWANE TEAM RECEIVING AWARDS

King Cetshwayo District Office hosted a successful District Annual Service Excellence Awards on the 25th October 2019 at Imbizo hall Empangeni.

Mbongolwane Hospital Management is proud to present the following awards that were scooped by the facility in 2018/19 DASEA:

- 3rd position in the category : National Core Standards
- 1st position in the category : Community based health services
- Best outreach practices : Community health worker programme presented to Ntombifuthi Shezi
- 2nd position in the category: 90-90-90 implementation high retention in care : Mathungela clinic

- 2nd position in the category: Best performing facility in cervical cancer screening: Mathungela clinic
- 3rd position in the category: Transport management
- 1st position in the category: Best reduction in severe acute malnutrition: Ngudwini clinic
- 2nd position in the category: Finance management
- 3rd position in the category: Cleanest facility



IXOXWA NGEZITHOMBE



MES FORUM : 16 DAYS OF ACTIVISM FOR NO VIOLENCE AGAINST WOMEN AND CHILDREN EVENT



WORLD AIDS DAY BUILD UP CAMPAIGN : DOOR TO DOOR



NUTRITION & OBESITY WEEK



DASEA

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