



ISIBUKO SEMBONGOLWANE

NEWS

DECEMBER 2020

16 DAYS OF ACTIVISM CAMPAIGN



16 DAYS OF ACTIVISM
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CEO's CORNER

Delivering high quality health services to all the people of Mbongolwane and its surroundings has always been our vision; however; the year we are about to complete has never been an easy one. We continue soldiering on even during this difficult time.

As we cap the year off we need to reflect on what we have done and achieved as the institution and as the individuals. Our performance has been adversely affected by the Covid 19 pandemic which has caused havoc to the nation and to the entire world. Some of our staff members have been infected and some have lost their loved ones. Some of our soldiers have fallen on the way; may I once more express my sincere condolences to friends and relatives.

May I take this opportunity to thank all the staff for all the hard work during these trying moments. Working as a team should always be our priority so as to achieve good results. The community we serve is relying on us and we should always do our best to render the excellent service.

To the staff members that have just joined us we are welcoming them and we are happy to have

them as the part of our team. Some of our staff have had different achievements and I congratulate them for these milestones.

One of the members cited above is the writer of our newsletter; Mr S.E Buthelezi who will be moving to a higher position in one of our neighboring institution thus living an indelible mark in the history of Mbongolwane hospital; what a passionate; well mannered and honest young man- we congratulate a receiving institution for having a person of Mr. Buthelezi's calibre.

To all other employees who will be living the institution (Our beloved Community Service Employees- Medical Officers, Physiotherapist etc), your contribution towards the survival of Mbongolwane Hospital did not go unnoticed. We wish you all the luck in your futures endeavours.

Despite the challenges of the year that one has been faced with, I have been buoyed by the resilience of some of the staff members have shown and the support offered even during the most difficult periods. Who could have predicted that people would be locked down in



Mrs. S.I Mkhwanazi
Chief Executive Officer

their homes for months and would still be living with a virus and be in a state of disaster right through the festive season and beyond.

To all the managers at different levels, let us inspire our teams to be passionate about the vision and the mission of the institution.

Lets gather the strength of starting the new year with impressive contributions towards the survival of the institution.

Wishing you a Merry Christmas and a Happy New Year!!!



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16 DAYS OF ACTIVISM

16 DAYS OF ACTIVISM AGAINST GENDER-BASED VIOLENCE



Officials during the GBV campaign at Ndikilini area

Gender Based Violence is an act of GBV that result on or its likely to result in physical sexual or psychological harm, or suffering women. 16 Days of Activism is an internal campaign to challenge violence against women, children & disable people.

Mbongolwane District Hospital working in collaboration with local non profit organisation and government departments (SAPS, DSD, COMM SAFETY & CORRECTIONAL SERVICES) hosted a successful march against the abuse of women & children.

These march targeted ward 4 Ndayini & Ndikilini area due to the increasing number of GBV cases reported to SAPS. The campaign was held on the 9th of December 2020.

The purpose of this campaign was to ensure mass mobilisation of community to promote collective responsibility in the fight to eradicate violence against women and children.

It also aimed to challenge practices that perpetuate gender inequalities and

consequent abuse of women and children at societal level. The community came in numbers to support the campaign.

Males who attended the event signed the pledge committing themselves to fight against GBV.

The organising team would like to forward gratitude to the sponsors who made the campaign successful.



Continues support received from the local leadership is much appreciate.

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GLOBAL HANDWASHING DAY

MBONGOLWANE DISTRICT HOSPITAL JOINS GLOBAL HANDWASHING AWARENESS TO SAVE LIVES

Hand hygiene is the primary measure proven to be effective in preventing health care acquired infections (HCAI) and the spread of antimicrobial resistance. However, it has been shown that Health Care Workers (HCWs) encounter difficulties in complying with hand hygiene indications at different level (WHO,2009).

HCAI is a major problem for patient safety and its prevention must be a first priority for settings and institutions committed to making health care safer. The impact of HCAI leads to:

- Prolonged hospital stay
- Long term disability
- Increased resistance of microorganism to antimicrobials
- Massive additional financial burdens
- Excess of deaths
- High cost for the health systems and emotional stress for patients and their families

The World Health Organization declared the 15 October 2020 as a World Hand Hygiene Day. On this day, Mbongolwane District Hospital answered the call by the World Health Organization to reinforce the awareness of the Hand Hygiene observing the five Moments of Hand Hygiene for health care workers as well as Social hand washing for the community members.



IPC coordinator demonstrating proper hand washing techniques



IPC team during the awareness

The theme for this day was “*Infection Prevention is in your Hands*”

This day’s success was made possible by the support given by Hospital (EXCO) & the collaborative effort by the M&E team & Operation Managers as well the hospital staff. Community involvement was also a

huge success and it was through health education and demonstration of social hand washing to our patients and clients.

This movement was also taken outside the hospital to the tuck shop owners, food kitchens at the Hospital and local taxi rank

PHOTO GALLERY



MENTAL HEALTH AWARENESS

MENTAL HEALTH AWARENESS BY DEPARTMENT OF SOCIAL WORK

Mbongolwane District Hospital hosted a successful mental health awareness campaign. The main reason for this awareness was to create awareness on mental health issues. The event was held on the 20th of October 2020 by the Department of Social Work.

The team led by Ms C.N Nkwanyana (Senior Social worker) spoke broadly about depression and its symptoms.

“Relationship problems, financial problems, unemployment causes depression and one may think of attempting suicide if he/ she feels helpless and hopeless. People with depression need to seek help from health professionals to get immediate intervention and



Social work department officials during the awareness

counselling. Signs of depression are long lasting sadness or irritability, extremely high or low moods, excessive fear, worry or anxiety, social withdrawal and sleeping and eating habits.

People with depression lost interest in the things he/ she used to do, and can be withdrawn.”

Community was urged to take care of mental health users & ensure that they always feel as part of the community .

CHRISTMAS CAME EARLY FOR NEEDY FAMILIES



Officials and beneficiaries during the hand over of food parcels

Mbongolwane hospital in collaboration with Department of Social Development (DSD) donated Christmas groceries to 10 needy families identified by outreach teams.

Good relations between Mbongolwane OTL's and DSD social workers have yielded good fruits for the community.

Beneficiaries were very happy to receive early Christmas gifts from the departments.

Ongoing support will be given to families in trying to improve their livelihood.

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