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HOD Dr Zungu honoured the healthcare workers participating in this year's ultimate human race - the Comrades Marathon

Today the Head of the Department of Health in KwaZulu-Natal Dr Sibongile Zungu hosted a breakfast in acknowledgement of the Departmental employees participating in the Ultimate Human Race – Comrades Marathon 2012. Saluting the runners HOD Zungu said “Today is a day that we come together as Department to support and highlight our runners. You are running for your clubs but to us you are still our runners and honouring your efforts is the appropriate thing to do. What you are doing this Sunday goes a long way to actualizing what we talk about – healthy lifestyles; and as a Department we will be there to support and cheer you on”.

MEC Dhlomo will be running in the Comrades 2012 and more than forty healthcare workers will also be participating in this most difficult run. As a token of appreciation from the Department, these courageous and dedicated men and women who are employed by the Department; were handed goodie bags. Amongst them were Mr LB Subramanian, Mr C Pillay and Mr D Mazibuko who were handed gifts sponsored by Capitec Bank, for having the most runs. BBB Travel sponsored a weekend away for the runner with fastest time whilst Ezempilo Publishing sponsored a weekend away for the first female runner. Making this day a great success and a memorable one, were also sponsorships from Sanlam, Konica Minolta and Destinations Travel.

As HOD Zungu and Senior Management continued to motivate and wishing good luck to the runners, she emphasized that every healthcare worker must ask themselves “what race have we run in terms of work, family, church and community. All of us need to race together in caring for our work, our communities and our families”. She further challenged all her Senior Managers including herself, to put more effort in active and healthy lives; and committed that as a start she will strive to join “the few kilometers walks or races”. “Next year we must see the numbers increasing and have more than sixty Departmental employees running in the Ultimate Human Race” cheering Dr Sibongile Zungu.



The HOD, Dr Zungu with some of the staff taking part in the 2012 Comrades Marathon

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