

# KZN Health MEC has praised the Professional Nurse who assisted a woman to give birth to quadruplets

30 August 2017

A Professional nurse Ms Simphiwe Nomali Buthelezi from Vryheid hospital has received a pat on the back for what has been described as a “miraculous” delivery of quadruplets.

A 30 year old Jabulile Sangweni gave birth to quadruplets without complication; three girls and one boy. Ms Sangweni, who is originally from eDumbe, was brought in by an ambulance from home this morning at 07:30 with labour pains. She had been attending antenatal-classes at eDumbe mobile clinic .

Ms Sangweni is pleasantly surprised at the birth of her four (4) babies as she was only expecting one (1).

*I honestly didn't know I was carrying four babies. I was surprised when the nurses told me I was carrying more than one child. I was really not expecting it. I didn't know what to say. I was shocked, but I'm excited now."*

She is recovering well and her four babies are receiving medical attention from the Vryheid Hospital medical team.

The first baby was male and was delivered at 08:00, weighing 1370g. The second baby was delivered at 08:05, weighing 880g. The third baby was delivered at 08:10, weighing 940g and the last female baby was delivered at 08:25, weighing 1100g.

Describing the ordeal, the professional nurse, Ms Simphiwe Nomali Buthelezi, says, “ When I arrived in the ward, we examined the mother and discovered that indeed there might be more than one baby in her. We then helped her deliver the second baby. We were quite surprised to learn that there was a third baby still coming. We then helped her deliver once more. Now, according to our training, triplets are far more common than quadruplets, so it would have been easy to assume that the third baby was the last, and that she had had triplets. But when we checked, we discovered a fourth baby. We were truly, truly surprised.”

KwaZulu-Natal Health MEC, Dr Sibongiseni Dhlomo, said, *"I would like to congratulate and thank Ms Simphiwe Nomali Buthelezi and her team for the sterling job. A surprise of quadruplets in a district hospital being so well-managed is a miracle. We wish both the mother and the babies a good life.*

The MEC, however, issued an appeal to all pregnant mothers in the province to start ante natal care early for optimal care of mothers and their babies .

*"It is a miracle that the mother was able to deliver the quadruplets without incident"* Dr Dhlomo said.