

Hello!

Hello colleagues,

It is important that while you are working on the frontlines of the COVID-19 response that you feel strong, safe, healthy and well supported. Talking in confidence about your feelings and anxieties with somebody you can trust, will help.



#NothingForUsWithoutFrontlineHealthProviders

#MentalHealth #EndCOVID19

Do you need a listening ear, a safe and confidential space to talk?

Book a counselling debriefing session here:
<http://teampata.org/covid-19-debrief-platform>