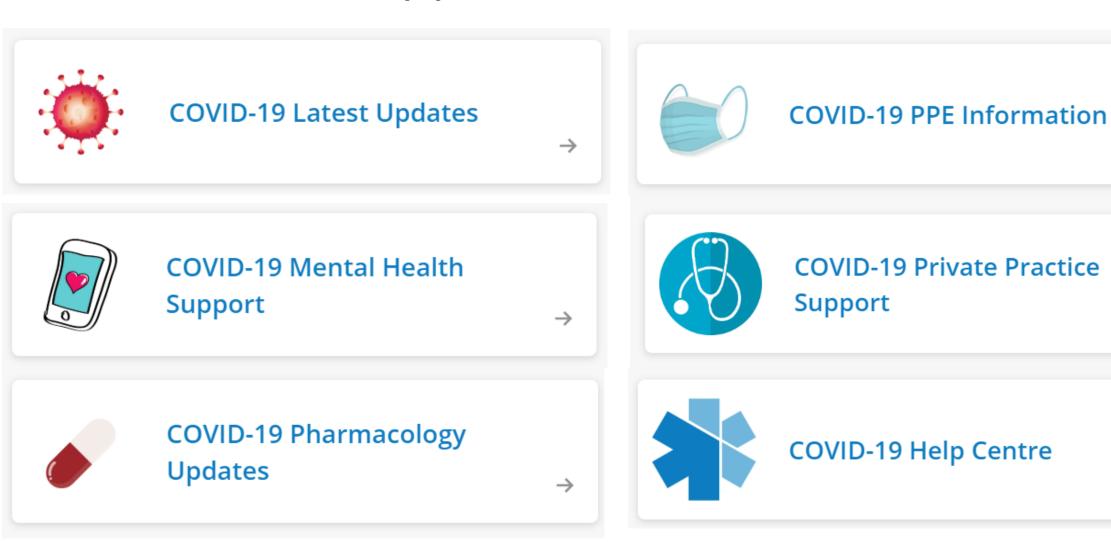


How to access the EMGuidance Platform

- Android Play Store
- · iOS App Store
- Website

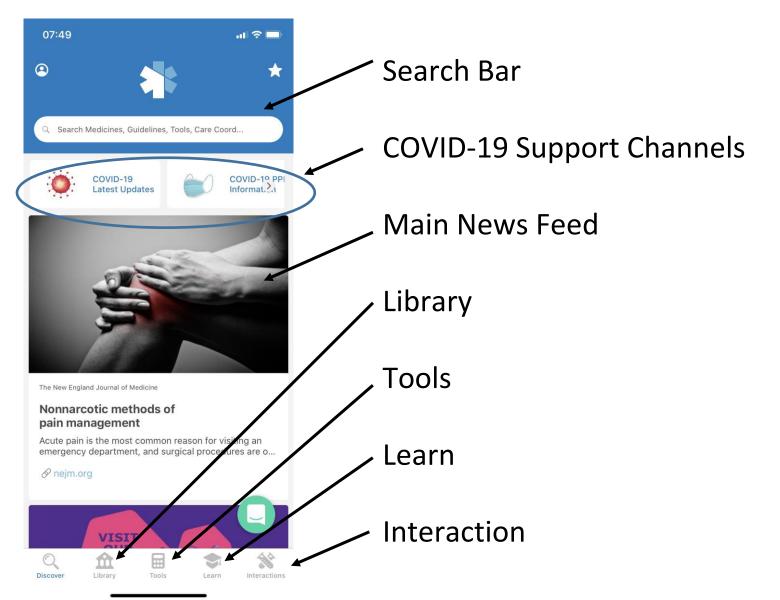


COVID-19 Support Channels



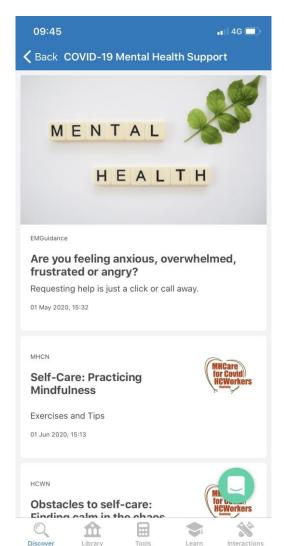


The EMGuidance Platform





COVID-19 Support Channels





EMGuidance

Are you feeling anxious, overwhelmed, frustrated or angry?

01 May 2020, 15:32

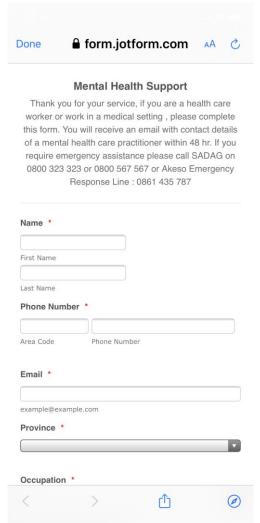
The South African Society of Psychiatrists, in a collaborative venture with the South African Medical Association, the South African Society of Anaesthesiologists, the Psychological Society of South Africa and the South African Depression and Anxiety Group have sought to address your mental health wellbeing by establishing a nationwide healthcare worker support network: the Health Workers Care Network.

If you are a health care worker or work in a medical setting,

CLICK HERE if you are in need of mental health support.

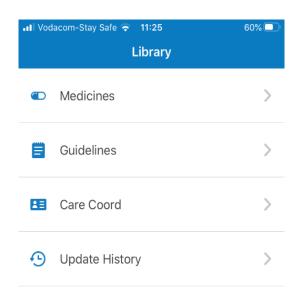
Once you have completed the form, you will receive an email with contact details of a mental health care practitioner within 48 hr.

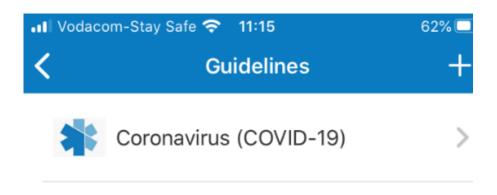
If you require emergency assistance please call SADAG on

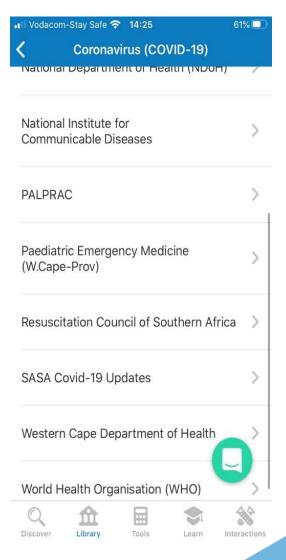




COVID-19 Guidelines





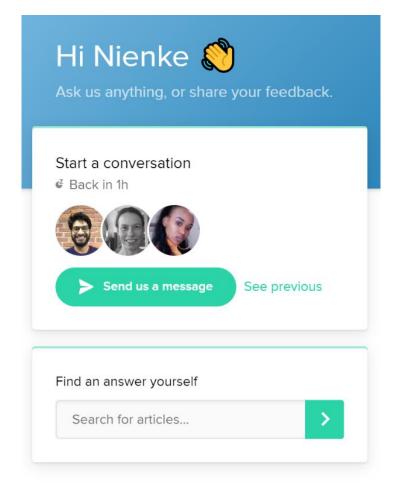


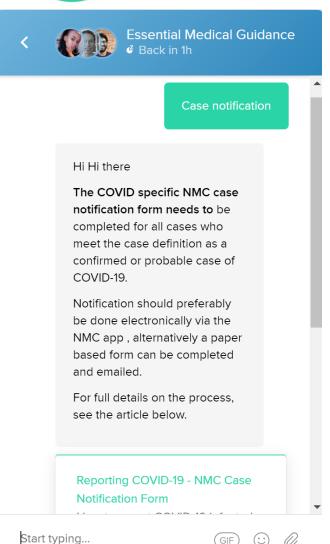


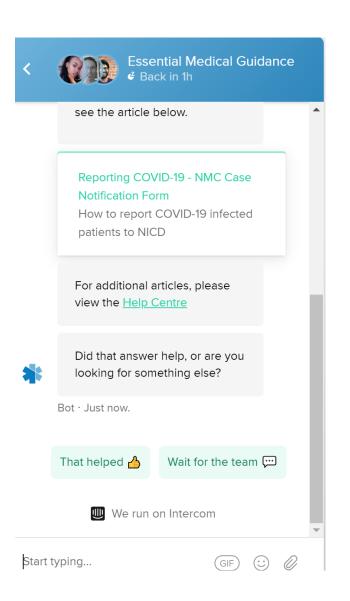


COVID-19 Bot











COVID-19 in the LEARN area

