



health

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Mseleni Hospital taking health services to the churches; **Kufundiswa ngezempilo emabandleni**

Mseleni Hospital Mental Health Team that is comprised of: nurse, social worker, clinical psychologist and a medical officer has increased access to mental health services by establishing its program of reaching out to the community structures; more especially, churches!

“It is noticeable that mental healthcare users are often isolated in the community; and they are not treated with dignity and care that they deserve; therefore our program is also to sensitize the community structures about the issues relating to mental health” said N.M.F. Khoza (Mental Health Nurse).

Mark Ncube of Mntanenkosi Shembe Tempel expressed gratitude after they had been visited by the mental health team at their church. “We are thankful to have public servants who care this much; we believe that their work is a ‘calling’ to them compared to a ‘profession’” said Ncube.

Furthermore, not only mental health related matters are addressed but also community is usually encouraged to: know their HIV status; pregnant mothers to start antenatal clinic early; and young males to do circumcision.



Top & Left: N.M.F. Khoza (Mental Health Nurse) addressing Shembe Tempel church.



Left: Mental Health Team doing a home visit of a mental health care user who has a garden where he reaped onions



Kufundiswa ngezempilo ngisho emasontweni imbala

Igcwane lengculazi lali dume ngokuthi lingumashayabhuqe kudala, hhayi manje; uHulumeni uzama ngayo yonke indlela ukunciphisa umthelela walesi sifo emphakathini yethu!” Kwakusho u Sister N.E. Ntsele ongumphathi womtholampilo oyi Gateway esibhedlela saseMseleni efundisa ibandla lenkolo le African Evangelical Church endaweni yakuQongwana, eMbazwana.

“Kubalulekile ukuthi wonke umuntu azazi isimo sakhe sezempilo ukuze phela athole usizo kusenesikhathi uma enalo igciwane; kanti-ke uma enganalo ukuze azokwazi ukuthi aziphathe ngendlela ephephile.” Kusho uNtsele efundisa kabanzi ngegciwane lengculazi.

Waphinde wagcizelela ukuthi inkinga ejwayele ukuhlangabezana nesibhedlela eyokuthi abesifazane abazithwele baze baqale ukuhambela umtholampilo sebenezinyanga ezilinganiselwa kweziyisikhombisa kuya kweyizishagalombili, lokhu-ke kuye kubeke umntwana kwenkulu ingozi yokutholakala ezelwe negciwane lengculazi.

Wagqugquzela-ke ukuthi kubalulekile ukuba abazithwele baqale umtholampilo benenyanga eyodwa ukuze phela banikezwe imishanguzo ezokwenza ukuba igciwane lingatheleleki kumntwana.

Le sifundo sathakaselwa kakhulu abazalwane bebandla njengoba phela babebuza imibuzo lapho besala khona. Umfundisi u Mnumzane Simon Nsele wasishayela ihlombe lesi sinyathelo sokuthi kukhulunywe nangezempilo emasontweni ngoba phela lokho kuyasiza abantu ezimpilweni zabo. Umnyango weZempilo ulwa nezifo, ulwa nobubha, unikeza ithemba.



Umhlangikazi N.E. Ntsele efundisa ibandla ngezempilo



N.M.F. Khoza (Mental Health Nurse) addressing Anglican Church on mental health issues.