

# **KNOW YOUR HERITAGE**

On the 23 of September 2015 Murchison Hospital held its heritage Day . Staff were encouraged to dress in their traditional attire and celebrate their individualism . The day didn't disappoint as most departments were dressed to impress, showing



L-R Mrs Shazi , Miss Sherona Pillay , Ms NB Vukuthu , Mrs N Mashoba

of their unique traditions and cultures. Ok so what is heritage? Well, in a nutshell heritage is that which has been handed down to us from the past through our forebears, that family legacy which we have 'inherited' from our ancestors. This family heritage which we inherit will include traditions, values, culture, language, history, lineage, bloodline, stories and personal traits, both physical and characteristic. However it can also refer to more tangible assets as well, such as wealth, businesses, property and land, particularly that which has been in the family's possession for multiple generations.

People throughout antiquity have demonstrated a strong affiliation with their ancestry, a desire to learn and preserve the knowledge of their origins and their family lineage. The Hebrew scriptures are a prime example where we find the genealogies of the Israelites featuring a pivotal role all through the text. The attention to detail of these genealogies is quite remarkable to say the least. The genealogy of each and every family is unique, it is a personal history that has been handed down through the generations, whether via oral tradition or written texts. This connection to our ancestors reveals to us our cultural identity, where we came from and how we fit in today's ever changing world. The ability to be able to trace one's lineage is both enlightening and profoundly rewarding, and as one journeys through their family genealogy they cannot help but become more aware of who they are as an individual, and what their calling in life is. Exploring one's heritage can open up new doors of opportunity to travel and visit the homelands of their ancestry. It can also offer the unique opportunity to learn, and in some cases revive, the language of their ancestors.

Our family heritage is our unique and unbreakable bond to our roots, it identifies who we are and where our origins lie. Knowing one's heritage can put a new perspective on things, a new outlook on life and help steer us towards goals that are true to who we are as individuals.

## <u>PHOTO GALLERY</u>



Ms Shwebede from Maternity Ward



PHARMACY DEPARTMENT



DENTAL DEPARTMENT



DENTAL AND ASSESTS DEPARTMNET



L– R Sister Mzotho and Dr lachman



## **PHOTO GALLERY**











HOSPITAL CEO - Ms. M NXUMALO



X-ray Department





## <u>HONORING OUR SPORTS MEN & WOMEN</u>



Management and The Teams

Honoring great achievements is the key to inspiring sports men and women into doing their best in different sporting code. Sport men who are recognized for their sporting effort

### tend to give of more in their individual games , So the hospital CEO figured it

would a great idea to host an awarding ceremony where different player from different sporting codes are honored for their outstanding performances at the recently held Ugu district sport games . Teams from volleyball , netball and soccer were invited to s high tea celebration . A criteria was draw up to pick out individual player who had excelled in their different sporting code and were then awarded with trophies and medals .New team jerseys were also handed out to the different team captains

Management did the honors of presenting the different sporting accolades . First the netball team was awarded then came the soccer team and lastly it was the volley ball. After awarding ceremony the teams were treated to a high tea party.



R-L Mrs RN Gobey handing over a brand new volleyball kit to Miss Ann Usher

#### GALLERY **&WOMEN PHOTO** MEN



L-R Mrs. T.T Gumede and Miss NH Shinga







L-R Dr . Dabibi and Sr Ngobese



L-R Matron Mkhwanazi and Miss NH Shinga



L-R Dr Dabibi and Mr T Shazi

Netball Team

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