



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

MURCHISON DISTRICT HOSPITAL

MURCHISON STAR

NEWS

STAY INFORMED

JAN MARCH 2018



ABOVE: EN NF Mthuli from MDR T.B ward with student from Nyenyezi TVET college student during the health screening

On the 19th of March 2018, Murchison District hospital TB Team conducted an awareness campaign on TB/MDR at Nyenyezi TVET College where students came out in numbers for the planned screening services. Health education on how a young adult should live a healthy life, was communicated to the students as well as the lecturers of the college. *Continued on page 2..*



Teenage Pregnancy Awareness P3



TB Awareness P5

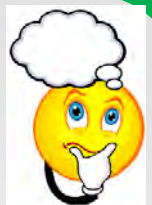


Reproductive Health P7

TB AWARENESS CAMPAIGN



So what does awareness have to do with it?



Everything!! The more people know about Tuberculosis and the importance of preventing the spread of the disease. During the TB Awareness month of 2018, MDR/TB Team embarked on a campaign on creating awareness on the said disease at Natal Portland Cement Port Shepstone branch to educate staff and also use the opportunity to screen staff.

51 adults screened for TB

25—HCT

Male condoms distributed—26 boxes,

Female condoms distributed—100 Condoms

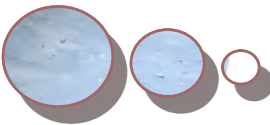


TB AWARENESS CAMPAIGN Cont..

Nyenyenzi TVET College learners flocking in to the gazebo during the health talk and registration.



Condom distribution by SZ Cele (ENA)



26 Boxes Distributed—Male
100 Condoms Distributed—Female

All geared up with necessary resources to serve the target audience including the IEC material dispensed as a way of cascading information.



Main symptoms of Pulmonary tuberculosis

Central

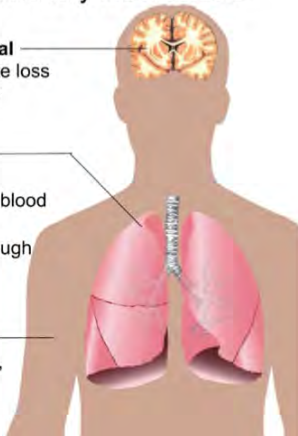
- appetite loss
- fatigue

Lungs

- chest pain
- coughing up blood
- productive, prolonged cough

Skin

- night sweats,
- pallor



FOR MORE INFORMATION VISIT MURCHISON DISTRICT HOSPITAL OR YOUR NEAREST HEALTH CARE FACILITY.

GET TESTED BECAUSE PREVENTION IS BETTER THAN CURE



TEENAGE PREGNANCY AWARENESS



Above: PN VH Mahlatsi at Gabangezwe High School during the health talk and dialogue on Sexually Transmitted Diseases.

On the 16th of February, a collaborated outreach initiative by health department multidisciplinary team to Gabangezwe High school took place during the STI/Pregnancy Week. Learners showed great enthusiasm on the visit as they also used the opportunity to enquire on health matters. The initiative was informed by the high number of teenage pregnancy and that teenagers are prone to sexually transmitted diseases.

The dialogue engagement between staff and learners showed a high level of need of such health services at the schools as some are more linked to social illness.

Learners were also informed as to the importance of education as it is the key to a much brighter future and not forgetting to visit the nearest clinic during the happy Hour t(15:30pm-16:00pm) to get more insight on teenage related issues!!

TEENAGE PREGNANCY AWARENESS cont..



ABOVE: T.N Cele (Student Social Worker) addressing learners on the importance of HIV Testing. **RIGHT:** PN B N Mkhungo preparing learners for health screenings. **BELOW:** N Mazubane (Social Worker) addressing learners on handling social ills and consequences faced by teenagers



Our district is faced with high rate of teenage pregnancy in spite of long term family planning for instance, Implanon, IUCD etc.

As an Institution, we have found that it is not only an institutional setback, but also a social demand that needs community engagement and intervention hence we have embark on the campaigns.

Importantly also, such campaigns are conducted in order to prevent unwanted pregnancies which may

lead to Termination of Pregnancy which is also amongst the health services offered in our hospital.

Some of the few contributing factors identified are peer pressure, curiosity or experimentation, family-related problems, lack of information or even the influence of liberal views on sex.

The community, organizational structures and parents can also play a huge role by supporting teenagers by educating them on sexual health and those that are sexually active must use dual protection and comply with follow-up visits.



REPRODUCTIVE HEALTH



ABOVE: EN TE Bhengu and PN NC Gumbi during the health talk on Reproductive health and breast feeding.







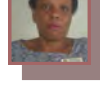




The month of February is the Reproductive health month according to the department of health awareness calendar. Awareness on family planning breast feeding and other aspects pertaining to reproductive health was created to patients.

Women and girls were also empowered to make life saving choices such as spacing motherhood, delaying motherhood and unintended pregnancies. In addition, the importance of practicing safe intercourse and constant health screening were encouraged to be done by not only women also their partners and family members

ABOVE: Mothers listening and engaging in dialogue during the health talk.

BATHO PELE WALL

	EMPLOYEE	WARD/DEPT	CATEGORY	MONTH/PERIOD
	A CELE (EN)	MALE MEDICAL WARD	EMPLOYEE OF THE MONTH	JANUARY 2018
	S MBILI (PN)	MALE MEDICAL WARD	EMPLOYEE OF THE MONTH	FEBRUARY 2018
	NP MQADI (ENA)	MALE MEDICAL WARD	EMPLOYEE OF THE MONTH	MARCH 2018
	ZC NGCOBO (PN)	MALE GOOD HOPE CENTRE	EMPLOYEE OF THE MONTH	MARCH 2018
	TP NHLAPHO (PN)	TB WARD	EMPLOYEE OF THE MONTH	JANUARY 2018
	FB DLAMINI (ENA)	TB WARD	EMPLOYEE OF THE MONTH	FEBRUARY 2018
	NS NDONYELA (SSO)	MATERNITY WARD	BATHO CHAMP	JANUARY 2018
	TE BHENGU (EN)	MATERNITY WARD	BATHO CHAMP	FEBRUARY 2018
	N JWARA (EN)	MALE MEDICAL WARD	PROFESSIONALISM	MARCH 2018

Above are the outstanding faces of various wards as they have performed and upheld themselves in an applauding manner. As a public sector institution we continue, to practice and implement Batho Pele because we highly believe in better patient outcomes and greater ability to meet community members needs.

KEEP UP THE GOOD WORK EVEN WHEN NOBODY IS WATCHING!!!!



FAREWELLS



ABOVE: Drum majorettes by staff escorting Ms MZ Nxumalo (Former CEO) with Mrs M Khuzwayo (PHC Services Port Shepstone) Mrs T Ntuli (Nursing Manager Gamalakhe CHC).
MIDDLE: Presentation of gifts by Mrs B Mdluli (M&E Murchison District Hospital) and Mrs R Gobey (Human Resources Manager Murchison District Hospital).

“I had one thing in mind and one thing only when I started on this post and that was to take the institution to another level” words from Ms MZ Nxumalo. Indeed Murchison District Hospital reached new heights under the leadership of such a buoyant and driven catalyst. A well deserved rest after serving 35 years in the department of health knowing that being the head of the institution was never easy but surely left a mark. Wishing you all the best in your future ventures.



Mr Ngesi will be missed with his straight talk and strict honest responses. Serving 32 years in the department of Health at Supply Chain Services, brought about complex developments amongst staff and the component itself. Enjoy!!



ABOVE: Mr Ngesi accepting Gifts from Mrs S Mbambo and Mrs Z Cele from Supply Chain Management Department



ABOVE: Ms M Ngwabe, (Switchboard Operator) Ms N Siselana (Senior Systems Officer), Mr EM Dickens Madlala (Switchboard Operator), Mrs Cele (Former Switchboard Operator) , Mr Cele (Husband of Mrs Cele), Mr R Ramharak (AD: Systems)

On the 30th of January 2018 we said farewell to Mrs Cele who has served 42 years in the department. Her cool and calm voice will be missed. Happy Retirement!!

UPCOMING EVENTS



ABOVE: TB, Dieticians, PEADS and MDR Team on air during Quarter 4 2017/2018 Radio slots at Radio Sunny South.

CATCH US



RADIO SUNNY SOUTH 97.0 FM

DATE	TOPIC	RESPONSIBLE INSTITUTION
31-05-2018	World No Tobacco Day	Murchison District Hospital
05-07-2018	Mental Health Awareness	Murchison District Hospital

EVENTS DIARY Q1 2018/19

DATE	TOPIC	VENUE
26-04-2018	Phila-Mah Awareness Campaign	Izingolweni Community Hall
09-05-2018	TB Awareness	Siphakamile Primary School
11-05-2018	Mothers Day	Murchison District Hospital– Maternity Ward
25-05-2018	Nutrition Awareness Campaign	Murchison District Hospital—Chappel
30-05-2018	Child Protection Week	Nyandezulu/Nzimakwe Area



EASTER SPIRIT WITH PEADS

The Easter season is the season to spend with family and spread love to the young generation. The Murchison Hospital pharmacy team celebrated the Easter Season by offering gifts children that are admitted at the Paediatric Ward and the Paediatric Out Patient department. The excitement and joy shown by the little ones and their mothers was fulfilling as they showed gratitude through their smiles. From Murchison District Hospital, we hope you enjoyed your Easter season folks!!!!



ACKNOWLEDGEMENTS

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