



MURCH HOSPITAL

NEWS

WHAT'S HAPPENING/ ZIKHIPHANI/ WOMEN'S HEALTH

JULY- SEPTEMBER 2022

PROVISION OF WOMEN'S HEALTH



Above: Murchison District Hospital team at Maveshe Community Hall providing services during the Provision of Women's health at Maveshe community Hall on the 25th of August 2022.

The month of August is known to be women's month, in commemoration of "Imbokodo", Murchison District Hospital embarked on the Provision of Women's Health Campaign which took place on the 25th of August 2022 at Maveshe Community Hall. During the past two and half years, central focus has been around the global pandemic of Covid 19 which

appeared to have deprived other health services in facilities. In revival of the sentiment, this campaign here fore other services The campaigns main target group was all women under the sub district of Ray Nkonyeni. Murchison district hospital had Provision of health care services to Women in

commemoration with women's month and to improve women's health in all facilities in the district. There were different activities that were offered and educational talks to teenagers, health services such as cervical and breast cancer screening, STI and pregnancy, screening, testing and treating. **More details on P3>>>>>**



CEO's DESK

On behalf of the management of Murchison Hospital and in support of the health services rendered to our people. We appreciate all the workers/ employees from various components and clinics, such great job executed as displayed in the news letter edition. Various activities were done during this quarter across all programs with such a great success. Provision of Women's health services e.g. Cervical Cancer screening as well as health talk on issues affecting women.



Words of appreciation goes to our PHC in collaboration with the institution staff as lead by our PHC manager where health talks/education and various activities are rendered to the schools through school health teams.

Special round applause is given to the resuming to the Men's forum during this quarter which was a great success. Various categories of men attended young and elderly including Doctors. Engaging on different topics and issues that are faced by men. Which were lessons on good behavioral life style among men. More sessions are scheduled to take place in future in order to consistently sustain the encouragement of good and expected acceptable conduct and behavior in the workplace as well as in the society.

A team of wellness also appreciated for the continuity on doing wellness activities as lead by the ever innovative EAP and supported by young and vibrant team of PROs (Practitioner and In-Serves).

This team knows how to organize and coordinate to the staff with satisfaction and excitement.

Lastly the extra-ordinary well done job by our Rehab and Pharmacy staff, who always do exceptionally well during the outreach services to schools in all our catchment areas of health services provision.

In conclusion as much as we are continuing to provide these important services through various activities and programs it would be good to see their impact on the lives of our people and as a mandate from our Department of Strategic Objectives.

Well done teams.

#Work is Worship to God through humanity!

Provision of Women's Health Photo Gallery (behind the scenes)



Facility visit by UGU Health District Director Mrs L Dlamini, exploring womens health services offered in Maternity Ward. Emphasis on the importance for womens health services to be rendered continuously as this would detect and prevent illnesses and diseases in time.

Encouragement for staff to win over the female patients to take charge on their health whilst the opportunity avails itself before its too late. Mainer times it is found that clients present to the facility when in advanced stages of cancer and other womens health illnesses.

Above: UGU Health District Director Mrs L Dlamini, Sister Z Latha Operational Manager Maternity and Obstetric Services and Mrs C Mkhwanazi Deputy Nursing Manager both from Murchison District Hospital



Social Work and mental health screening services in progress

Eye Wellness Services



South African Police Services



MENS HEALTH AWARENESS



Men listening attentively to the speakers of the day

Men's month is an annual observance aimed at raising awareness of preventable health problems experienced by men in society. By hosting Men's Health Awareness, we aim to encourage early detection and treatment of diseases. It is important as a man to brush up on your health facts, listen to your body and be sure to get regular check-ups. Not only will you live longer, you'll have a better quality of life.



Mr Madlala Master of Ceremonies



**Mr. Mbhotho—
Message on GBV**



**Dr MG Zondi—
Speaker on Mental
Health Issues**



**Mr. F Barth—
Entertainment**



ENYENYEZI TVET COLLEGE JOIN HANDS WITH MURCHISON PHC TEAM



Above: Sr Gumbi from Murchison District Hospital at iNyenyenzi TVET College giving educational talk about health and health issues that women encounter.

On the 2nd of September 2022 Inyenyenzi Tvet college hosted women's day event in light of commemorating women of 1956, who took a stand and said enough is enough, fighting apartheid government and fighting the law of carrying DOMPASS.

INyenyenzi college celebrated 66 years of IMBOKODO saying enough is enough. The main aim was to uplift and empower young growing women. Give educational and motivational talks.

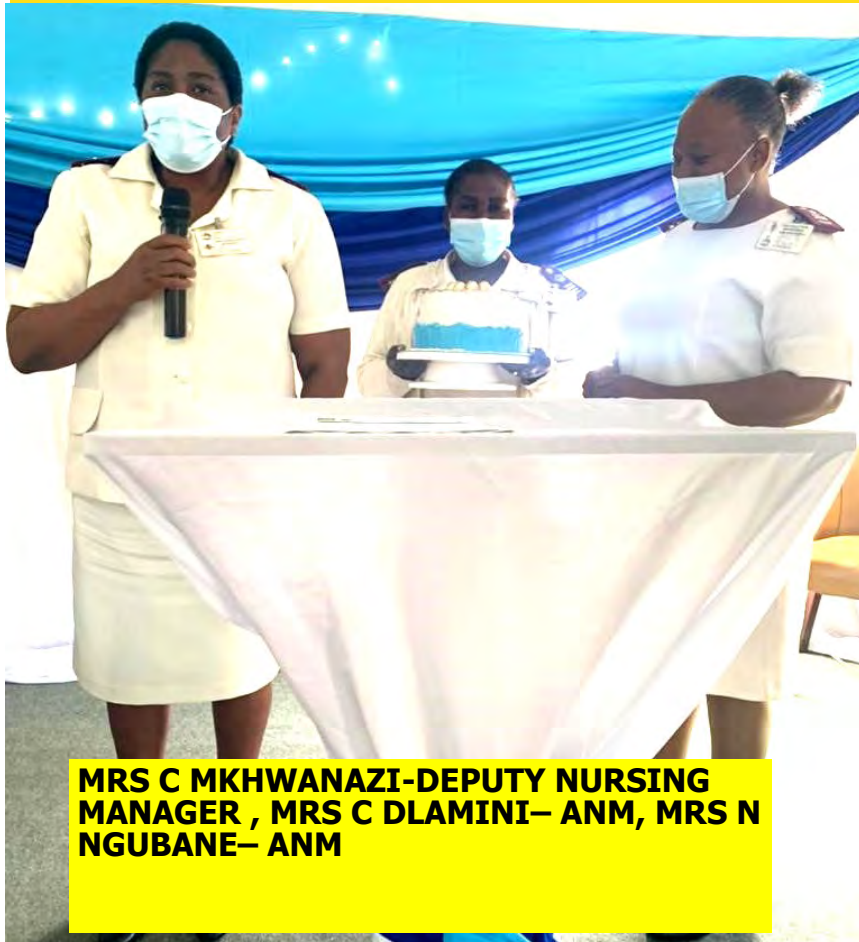
The talks revolved around women health and women health issues as well as their lives in daily basis. The importance of saying no to gender based violence, encouraging women to speak up, encouraging women to speak and share their life traumas to those that can help.

All of the talks were done in light of respecting our icons , Mam'Lilian Ngoyi and spreading the spirit of standing for what you believe in, despite our gender.

Students of Enyenyenzi TVET College listening attentively to the on going programme of the day



MENS HEALTH PHOTO GALLERY



MRS C MKHWANAZI-DEPUTY NURSING MANAGER , MRS C DLAMINI- ANM, MRS N NGUBANE- ANM



MR M MBHELE- MURCHISON DISTRICT HOSPITAL MENS FORUM



MR T MKHIZE- DD-PHC



STAFF WELLNESS DAY

On the 7th of September 2022 Murchison District Hospital hosted a staff wellness day for its employees, different organization's & companies were invited to offer their services and We had companies such as Halfway Mazda and Hyundai and insurance brokers. Such as Old mutual, Sanlam, Assupol & Metropolitan) and Capital legacy that specializes in educating about the importance of having a WILL.

The insurance companies provided staff with services such as updating their profiles and opening policy & life cover, checking retirement plans. educational and investments.

Halfway Mazda and Hyundai displayed their latest cars for the staff and offered consultations.



GEMS PROVIDING SERVICES ON SITE



HALFWAY HYUNDAI MARKETING THEIR PRODUCT ON SITE



METROPOLITAN, CAPITAL LEGACY & ASSUPOL PROVIDING THEIR SERVICES ON SITE



EZOMSAKAZO



AT UGU YOUTH RADIO TALKING ABOUT PHARMACY MONTH WHICH IS IN SEPTEMBER, WOMAN AND YOUTH HEALTH

September is Pharmacy Month
Woman and Youth Health



The Pharmacy is a safe and trusted place for advice and assistance

Quality Healthcare for All

Ask your pharmacist for further information or scan



AT RADIO SUNNY SOUTH TALKING ABOUT BREAST-FEEDING MONTH WHICH IS IN 1-7 AUGUST



English



DEAF AWARENESS WEEK



Above: Audiologist during hearing screening and educating learners about deaf awareness.

On the 13th and the 15th of September 2022, the Audiology team of Murchison District Hospital visited two neighboring primary schools. KwaMphelelwa and Mthini primary school which are situated in Izingolweni where educational talk was given to educators on how to deal with learners who are suffering from hearing loss (deaf) and those with hearing aids.

Audiologist Lwandile Zikhali (com-serve) did a hearing screening on affected learners including teachers who participated in this awareness.

We as Murchison District Hospital (Audiology) are committed to give excellent service and to take care of ones need when it comes to hearing aid.

PHARMACY MONTH



Above: pharmacists giving educational talks to Nobamba I science learners

September is designated as a month to recognize pharmacists' contributions to the community through their work at the facility. An educational talk was held at Nobamba High School. On September 23, 2022, the pharmacists visited Nobamba High School to educate and motivate students about the value of becoming a pharmacist. They pharmacists gave educational talks and learners asked questions.

Learners were overjoyed, and they were actively participating, focusing their attention, and asking questions. They expressed their appreciation to the pharmacists for taking the time and effort to visit their school.

BATHO PELE - PEOPLE FIRST

THE WARDS AND DEPARTMENTS



TB/COVID WARD
T.P NHLAPO
AND TEAM.

PAEDIATRIC WARD
AND STAFF.

SURGICAL WARD
M.M MNYANDU
N.I KUBHEKA

MATERNITY WARD
S.B MOKEANA
S.W CELE

DOCTORS
DR ZONDI (SURGICAL)
DR MAJOLA (MATERNITY)

OUTPATIENT DEPARTMENT
SIR K.L NAIDOO
SR Z MNGUNYANA
C. LANDSBERG
Z. ZUNGU

This page is for staff and wards encouragement, big up to you! For the exceptional service. We have received numerous compliments of the above mentioned. Sithi qhubekani nomsebenzi omuhle, Siyabonga ngomsebenzi eniwenzayo for umphakathi.

Thank you to all Nurses for your hard work, dedication and all that you do!

IZINCOMO



17 October 2022

Messages and calls are end-to-end encrypted. No one outside of this chat, not even WhatsApp, can read or listen to them. Tap to learn more.

Sawbona 14:24

Ngcela ukuncoma o nurse base High Risk 😊

14:25

Baze baphila abantu, uyazi o Nurse bobizo syabonga baqhubeke njalo, sengathi unkulunkulu angababusisa ngako konke abakufisayo 🙌🙌

14:28

Sanibonani ngthi ake ngthathe lethuba lokucoma istaff sase Murchison Hospital from Security elise gatini kuya kuCleaner, Admin Staff, Nurses and Doctors baze banempatho abantu ungathi kukhona Lana abaya koTrainer khona bayamaz omunye umuntu and bayamhlonipha

Ngthi ake ngbhale ngibabonge kakhulu ngoba sivamise ukuba trendisa uma benze Kambi namanje ngthi nje abatrende ngomsebenze omuhle Engathi uJehova angababusisa abagcine bakhule emsebenzini wabo aphinde ababiyele #Murchison Hospital Staff ❤️❤️❤️

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MATERNITY WARD

I know kukhona oNurse abasenbenza eMurchison Hospital lana on this group

Ngicela ukudlulisa ukubonga okukhulu to oNurse that work at ePaediatric Ward eMurchison Hospitalumah akawuvali umlomo ukuthi naze nabaphatha kahle nengane kaSisi wami ❤️ baze badisCharg'wa nibaphethe kahle

Ngiyabonga kakhulu Staff sasePaediatric Ward

And please keep up the good work and attitude



You, Snegweni Mhoyana and 312 others

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PR INSERVICE TRAINEES



Above: PUBLIC RELATIONS OFFICE TRAINEES FROM WALTER SISULU UNIVERSITY

From left (Yamkela Nxazonke, Nelisiwe Sigwebela and Busiswa Nkonzo) from Walter Sisulu University. Studying towards a diploma in Public Relations Management.. We are doing 6 months experiential learning at Murchison District Hospital. It has been fruitful and adventurous so far and we are hoping to reach and gain our full potential in the field. We believe that people are limited by the limits they create for themselves. We also have a belief that communication is the best way to create strong relationships, as we are here to advance our skills. **If you want to go fast, go alone. If you want to go far, go together. Thank you.**

ACKNOWLEDGEMENTS



**CHIEF EXECUTIVE OFFICER
MR R E MANYOKOLE**



**PUBLIC RELATIONS OFFICER
BUSISIWE CELE(EDITOR)**



**PR TRAINEE
NELISIWE SIGWEBELA**



**PR TRAINEE
YAMKELA NXAZONKE**



**PR TRAINEE
BUSISWA NKONZO**

YOU CAN SHARE YOUR STORY BY CONTACTING OUR PRO MISS BB CELE

OR SEND US AN EMAIL



Busisiwe.Cele@kznhealth.gov.za

P/BAG X701, PORT SHEPSTONE, 4240
039 6877 316/5/4

Thank you for taking time to read our newsletter.

