



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

MURCHISON DISTRICT HOSPITAL

NEWSLETTER JULY - SEPTEMBER 2024

MURCHISON NEWSLETTER

TEENAGE PREGNANCY AWARENESS



Above : Learners of Sikanisweni High School listening to the speakers of the day

On the 31st of July 2024 Murchison District Hospital healthcare workers and PRO visited Sikanisweni High School, as part of an awareness campaign aimed at educating students on crucial topics, sexual reproductive health, drug abuse, complications of teenage pregnancy and HIV&STIs. It was a dynamic day filled with open discussions, from different stakeholders including, Lifeline, WITS RHI, Redcross and Stholimpilo, where they then offered various services such as TB testing, eye testing, HIV testing, psychological counselling, family planning and diabetics screening

Sister Gumbi from Izingolweni Clinic educated the students about the complications of getting pregnant while you are still in school, where she emphasized the importance of education and personal development before considering parenthood. She also encouraged students to make use of the hospital and clinic services. Mrs Shabalala from SAPS addressed the issue of bullying and sexual abuse, amongst learners and in the communities. She stressed that you should not remain silent if you are being sexual abused because they are there for you. She then emphasized the negative consequences you might face as a students who went through sexual abuse.

Mrs. Nokwanele Mazubane, a Social Worker at Murchison Hospital, concluded by encouraging learners to make use of the hospital services including psychological counseling and other health services.



KwaZulu-Natal Department of Health



kznhealth



KZN Department of Health



@kznhealth

**GROWING
KWAZULU-NATAL
TOGETHER**

TEENAGE PREGNACY cont...



Above: Learners listening tentatively to the speakers of the day



Learners accessing the health services provided on the day by the School health Teams and Murchison Hospital



BREASTFEEDING AWARENESS



Murchison Hospital has actively promoted breastfeeding awareness, Various clinics and service areas within the hospital have hosted activities to support this initiative. Health education sessions with expecting mothers proved to be particularly valuable, providing opportunities for direct engagement with healthcare professionals.

The gesture was well enjoyed by patients being the audients as they were also dancing and singing along the familiar tunes.

“NOTHING BEATS BREASTMILK”.



Health Education by the Maternity Ward, Dieticians from Primary Health Services and Murchison Hospital to expecting mothers at High Risk Clinic.

02



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA



KwaZulu-Natal Department of Health



KZN Department of Health



kznhealth



@kznhealth

**GROWING
KWAZULU-NATAL
TOGETHER**

WOMAN'S DAY EVENT



Woman's Month was celebrated on the 29th of August 2024 and the theme was Green and touch of gold



HERITAGE CELEBRATIONS



05



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA



KwaZulu-Natal Department of Health



KZN Department of Health



kznhealth



@kznhealth

**GROWING
KWAZULU-NATAL
TOGETHER**

PHARMACY AWARENESS MONTH 2024



The month of September is marked as Pharmacy month within the Health awareness calendar and South Africa Pharmacy Council calendar. Murchison District Hospital Pharmaceutical Department embarked on a campaign on the awareness of immunization and the importance of taking medication as prescribed by the doctor. Valuable information was shared on the side effects of various treatments for all age groups. The importance of getting vaccinated was further emphasized as this may affect the well-being of the public.



STAFF BEREVEMENT



SAIAH 30:15

“In repentance and rest is your salvation, in quietness and trust is your strength, but you would have none of it “

It is with great sadness to inform all staff members about the passing of General Orderly N.S Nzama who was called to rest on the 29th of August 2024.

07



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA



KwaZulu-Natal Department of Health



KZN Department of Health



kznhealth



@kznhealth

**GROWING
KWAZULU-NATAL
TOGETHER**

ACKNOWLEDGEMENTS

EDITORIAL DETAILS



Writer & Editor
Ms BB Cele
Public Relations Officer



Editor
Mr R E Manyokole
Chief Executive Officer



Busisiwe Cele PRO—Murchison District Hospital



Murchison District Hospital

For any Suggestions, Compliments and Complaints



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

GROWING KWAZULU-NATAL TOGETHER

www.kznhealth.gov.za

Ms Busisiwe B Cele
Public Relations Officer
Murchison District Hospital

N2 Main Kokstad/Harding Rd, Port Shepsto
039 687 7317/318/319
039 687 7497
081 045 0729
@ Busisiwe.Cele@kznhealth.gov.za



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA



KwaZulu-Natal Department of Health



KZN Department of Health



kznhealth



@kznhealth

**GROWING
KWAZULU-NATAL
TOGETHER**