



Murchison **STAR** NEWS

STAY INFORMED

03/16

CELEBRATING WORLD TB DAY



Dr Lachman addresses public on the causes of TB

National World TB Day celebrates and commemorate people living and affected by TB. Murchison Hospital in collaboration with Ezingolweni Municipality celebrated World TB Day Event on the 16 March 2016. TB is still very much a burdensome disease in our local community .

The prevalence/default rate in and around Izingolweni area is still very much high as a result we see a huge influx of people being treated at Murchison hospital . World TB Day as result was celebrated/brought to Izingolweni .

According to Dr Lachman TB is a curable disease and people need not to fear being tested , as early detection means early initiation of treatment.



PRINCE SHARES HIS STRUGGLE
[READ MORE ON PAGE 2](#)



MURCHISON GETS CERTIFIED
[READ MORE ON PAGE 3](#)



NHI WORKSHOP
[READ MORE ON PAGE 4](#)



Prince Nhlanganiso Zulu - TB Ambassador Shares His Struggle with TB

TB Ambassador and Monarch Prince Nhlanganiso Zulu testimonial is a true reflection that TB has no creed, no boundaries and no race. TB can affect/ infect everybody. I got infected with TB and I am from a royal family, this just goes to show that TB does not discriminate. I was hospitalized for months on end at a public hospital, getting the same treatment, the same medication as every other patient. Coming from a royal background did not change anything or the treatment I was receiving. These were the sentiment echoed by Prince in highlighting his battle with TB.

The Prince's last message of goodwill was that people should look after themselves and refrain from unhealthy habits such as smoking and drinking, because these are the very things that causes a person to be susceptible to infections and diseases. He also advised all uncircumcised men to be circumcised as this reduces their risk to infections, but he also strongly advised all the young that were in attendance that circumcision did not mean boys were free to do as they please and have sex with out a condom. Condoms are still the only best method to protect of oneself against sexually transmitted diseases



Murchison Hospital a certified Human Milk Bank Centre

The benefits of breastfeeding prove to be extremely important especially in the first few days of an infants life. A human milk bank is a service which collects, screens, processes, and dispenses by prescription human milk donated by nursing mothers who are not biologically related to the recipient infant.

The optimum nutrition for newborn infants is breastfeeding , if possible, for the first year. Human milk bank offer a solution to the mother that cannot supply their own breast milk to their child, for reasons such as a baby being at risk of getting diseases and infections from a mother with certain diseases , or when a child has condition such as necrotizing enterocolitis.

Murchison District Hospital launched its on own Human Milk Bank on the 16th March 2016. This initiative is aimed at improving breastfeeding rates as well as overall child survival especially for vulnerable infants who do not have access to breast milk. Breastfeeding mothers are en-



National Health Insurance Workshop

The Murchison Hospital Clinical Nursing Department started its training on the National Health Insurance White Paper Roll out plan . The training commenced on the 09/03/2016 and this will ensure that all staff are trained and orientated on the purposes/scope of the NHI scheme . Already about 300 staff have been trained and this excludes your hospital board members and your clinic committees ,who have already been trained by the hospital CEO.

The national health Insurance will be rolled out in three phase over a period of 14 years. The first phase will focus on strengthening of the service delivery platform and the overall improvement of quality in the public health sector. The second phase will feature the roll out of a NHI card to all South Africa and permanent residents . This phase will also see the introduction of the long -awaited unique identifiers linked to the department of Home affairs and the creation of the a transitional fund to purchase primary health care services from a certified public and private providers . The third and final phase of implementation will take place over the four years and will focus on ensuring that the NHI Fund is fully functional. Administered by the NHI Commission comprised of a diverse range of experts .

ACKNOWLEDGEMENTS



Siphamandla Buthelezi
Public Relations Officer
Writer and Photographer



Maureen Nxumalo
Chief Executive Officer
Editor

Murchison **STAR**



health
Department:
Health
PROVINCE OF KWAZULU-NATAL

CONTACT DETAILS

Telephone: +27 (0) 39 687 7311
Cell number : 083 469 8141 (emergencies only)
Fax: +27 (0) 39 687 7497
Postal Address: Private Bag X701, Port Shepstone
Physical Address: Main Harding / Kokstad Road
GPS co-ordinates: 30.344023 | -30.728043
Email: spha.buthelezi@kznhealth.gov.za