



health

Department
Health
PROVINCE OF KWAZULU-NATAL

Murchison Hospital

Newsletter

Murchison

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NEWS

STAY INFORMED

October Issue

The Importance Of Open Day



Sister Hadebe and Doctor Lachman– addressing the community

The significance of holding an open day is paramount. It enables an institution to gauge on whether the community is satisfied or dissatisfied with services offered. On 26 October 2016 Murchison hospital held its annual Open day. Despite bad weather, the community of Murchison came out in their numbers to attend the annual imbizo . The hospital management team were all geared up and ready to deliver their presentation to the community .

Doctor Lachman presented a topic on the patient referral system . The doctor emphasized to the community the importance of adhering to the referral system “community member should first go to their local primary health clinic when they feel sick and from there they will either be given a referral letter to nearest institution or be treated and discharged”.

Another new initiative that was discussed was the introduction of a new programme called Central Chronic Medication Dispensing and Distribution (CCMDD) . This programme was presented by PHC Co-Coordinator PP Fica aimed at decongesting the health facilities . This programme allows patients who are stable and on chronic medication to access their medication closer to home.

The day ended with a question and answer session where the hospital management allowed the community to raise questions relating to the hospital and it's services . All the questions were answered successfully by the hospital management.



From L-R Medical Manager Dr O Dabibi and Finance Manager Mr CB Xolo

TB & HIV Awareness at Waterfall Valley Farm



Lindokuhle staff at Waterfall valley Back L-R SA Majola and P Zibula front VH Mahlatsi N Msana, TN Cele and TP Gumede

On the 20/10/2016 the Lindokuhle Team visited Waterfall Valley Farm. 115 Patients were seen, the following services we rendered :-

- HCT – 63 patients tested for HIV and screened for TB
- Family Planning – 15 clients were done
- 26 Clients ongoing counselling done as they are already on treatment
- 08 Out of 63 tested positive and CD4 count was taken.
- 07 pap smears were done
- 1000 male condoms were distributed
- 120 female condoms and IEC material were distributed

Health education was given on how to perform breast self-examination to check for lumps and to check the breast for changes which may signal breast cancer.



Waterfall staff queuing for HCT, TB and BP Screening



HCT screening

TB & HIV Awareness at West Wind Farm



Murchison hospital Lindokuhle staff during HTC at West wind farm L-R TP Gumede, SG Gumede and N Msa-na

The ARV programme at Murchison Hospital and surrounding Clinics has prospered since its inception over 10 years. The training of Nurse Initiation and Management of Anti – Retroviral Therapy (NIMART) has enabled us to expand the HIV program and obtain better care for our patients.

On the 14/06/2016 we visited Jacaranda and Dawn view Farm and 15/06/2016 West wind Farm with the aim of rendering the following servicing: HCT, Family Planning, TB Screening and Condom distribution. Upon arrival we discovered that most of the clients are collecting treatment i.e. ARV's from our Clinic i.e. Lindokuhle and Mbunde Clinic. There is a concern however as most of them are defaulting and missing their appointment dates because they don't have time to go to the clinic as they are working according to the history from them.

We decided and agreed upon forming a club, where we are going to distribute ARV drugs to clients who are stable in the farm. We created a list of clients that are interested and that meet the criteria to be part of the club.



West Wind farm workers queuing for HCT and TB screening



West Wind Entrance gate

TB & HIV Awareness Campaign at Murchison Taxi Rank



Lindokuhle staff during the HIV and TB awareness march

On 29/09/2016 the Lindokuhle Team visited Murchison Taxi Rank. Condoms, IEC material were distributed to the members of the community and taxi drivers were educated about HIV & AIDS, family planning, STI and TB.

The following services below were rendered at the Murchison Chapel hall next to the taxi rank

- Family planning: 15 clients were done
- HCT: 107 were counselled and educated about HIV/AIDS
- 47 of them were tested for HIV & aids and were all screened for TB
- 1600 condoms were distributed
- IEC materials were distributed to the community members and taxi drivers



HIV and TB Awareness march

ESayidi TVET College Visit

On 21/10/2016 Lindokuhle visited at Esayidi TVET College.

- 60 Clients were seen.
- 25 Clients were tested for HCT and screened for TB
- 09 clients were offered family planning
- 400 Male condoms and 65 female condoms were distributed



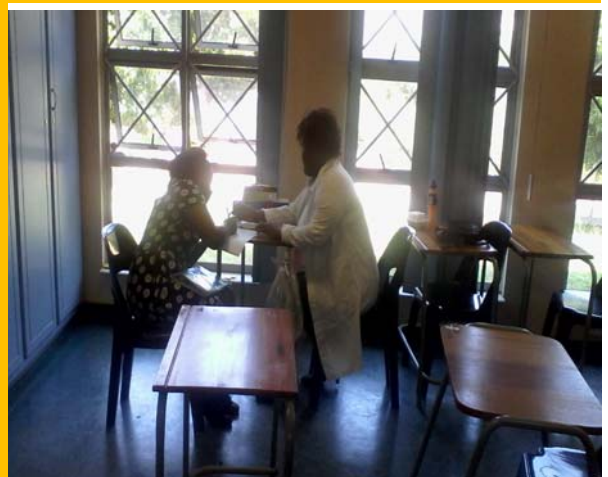
Health talk was given on breast self-examination



TP Memela testing BP



Lindokuhle Staff preparing for the Day



HTC Screening

Celebrating Nelson Mandela Day At Ntokozweni

“What counts in life is not the mere fact that we have lived. It is what difference we have made to the lives of others that will determine the significance of the life we lead.”

These are the wise words from the country’s iconic leader Nelson Mandela whose life is celebrated every year on the day known as Mandela Day. On this day people are encouraged to dedicate 67 minutes of their day towards giving to the less fortunate.

To celebrate this year’s Mandela Day, Murchison hospital social work and Rehab departments staff visited Ntokozweni Home for the Aged at Izingolweni where they donated food parcels, linen, blankets and toiletries. They also planted vegetable seedlings at the facility’s garden. On the same day the Human Resource Development unit together with the hospitals in-service trainees visited a local crèche to spend the day with the children.

The Mandela day team would like to thank all staff for their contribution in making this day a success.

“blessed is hand that giveth than that receiveth”



Murchison Hospital Staff with the elderly at Ntokozweni



Murchison Hospital staff with food donated by hospital staff

Nelson Mandela Photo Gallery Celebration



Dental team about to do a presentation



Dental team



Murchison hospital staff with the donated parcels



Staff of Ntokozweni



Rehab and Dental Team



Social worker - speaking to the elderly

Know Your Heritage

On 21 September 2016 Murchison hospital staff were dressed to impress in their traditional regalia .

South Africans define their heritage as who they are, what they have and how they do things. South Africans choose to embrace diversity, recognizing the rich natural resources and potential of all people, in a collaborative innovative peaceful approach. A remarkable rebirth and transition from a pariah state to a stable prosperous growing democracy can be noted.

Heritage Day was created to celebrate our unique South African identity, and to give people a chance to reflect on themselves, their past, present and future.

Living heritage plays an important role in promoting cultural diversity, social cohesion, reconciliation, peace and economic development. In every community there are living human treasures who possess a high degree of knowledge, skills and history pertaining to different aspects of diverse living heritage.

It is therefore important for South Africans to reclaim, restore and preserve these various aspects of living heritage to also address challenges communities are facing today.



Doctors and The Rehab Team



Rehab and Admin Staff

Heritage Day Photo Gallery

Love your heritage



Rehab Team



Hospital staff



Rehab and Admin Staff



Social workers



OPD Staff



Lindokuhle staff



Lindokuhle Staff



Rehab Team



Doctors and Admin Staff

Murchison

STAR



Women's Day celebration



Dr Zee Matandabuzo and Mrs Nokuzola Matshoba

On the 24 August 2016 Murchison held its Women's day celebration . The event took place at the hospital's chapel and all the women were beautifully dressed for the occasion . The whole theme of this years Women's day celebration was focused on what is a "complete woman" and according to the guest speakers a complete woman is the one who is God fearing , successful and a go-getter.

Dr Matandabuzo spoke fondly on different topics relating to what is a "complete woman". She made reference to biblical scriptures and spoke on financial literacy and women's health

The most critical issue that the doctor touched on was cancer , particularly breast cancer. This potentially fatal disease, if diagnosed early can be treated and women can successfully recover.

Breast cancer is a disease that affects breast tissue. Both women and men can get breast cancer, though it is much more common in women. Skin and breast cancer is the most common cancers amongst women in sub-Saharan Africa . Some women are at higher risk of breast cancer than others because of their personal or family medical history or genetics.

Breast cancer mortality has declined over time, but remains the second leading cause of cancer death amongst women overall and the leading cause of cancer death among Hispanic women. In closing the doctor advised all the women to regularly do self breast examination and if they do notice any lumps to quickly get it checked to rule out cancer.



From L-R Hospital CEO Ms. ZM Nxumalo and Mrs. BL Ngesi (Guest speaker)

Women's Day Photo Gallery

Beautiful women quotes



" I look up to my mom. She's a beautiful woman."



"The epitome of a rock is a woman "



"I seeked unconditional love ,I searched the world but it was right in front of me , it was my mother "

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