



health

Department:  
Health  
PROVINCE OF KWAZULU-NATAL

MURCHISON DISTRICT HOSPITAL

# MURCH-UPDATE NEWS

JULY 2019 – OCT 2019

## Breastfeeding



On the 7th of August 2019 the Dietetics team together with the allied services dressed in their pink T-shirts minding the celebrated theme of the day, embarked on a peaceful march to KwaMbunde Gateway Clinic encouraging mothers to commit on breastfeed to their newborn babies. Breastmilk still remains undisputedly the most healthiest and cheapest source of mineral as compared to using the formula without discouraging its convenient attributes.

**ABOVE:** Dietetics and Physiotherapy team made up by Ms K Addison, Ms J Balmith-Rampersad, Ms N Magubane and Ms S Sarilla doing a hand painting board during the launch of breastfeeding week which took place between the 5th—9th of August 2019 at Murchison District Hospital.

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# MEDICAL COMPONENT MEET & GREET



**ABOVE:** Murchison District Hospital Pharmacy Team, Dental Services and Medical officers

**BELOW:** Radiology, Social Services and Allied Services Team.



On the 19th of August, the Medical Services component hosted a Breakfast meeting with the intention of introducing executive management committee, the old and new staff in the institution. The gathering also intended reinforce ethics in the workplace especially in the medical component. Various sub-components such as Pharmaceutical services, Allied Services, Medical Doctors and Clinicians also conducted a presentation based on their services that they provide.



**ABOVE:** Dr V Kalala (Medical Manager) who delivered a presentation on Professionalism outlining the meaning of professionalism in the work place. For some, being professional might mean dressing smartly to the workplace and for some may mean having all your qualifications and certificates framed and hung on the walls, however, it also covers much more than that especially in the public health institution. Simple traits such as ethical behaviors, attitudes, responsible conducts and wearing of name badges could contribute so much to clients or the community that we serve.

**RIGHT:** Psychologist Mr Ntshobane and Ms P Lukhozi (Intern)



# PHARMACY WEEK 2019



**ABOVE:** Pharmacy team in green after the Pharmacy Month Awareness.



On the 9th to 13 September 2019 the Pharmacy Team of Murchison Hospital embarked on an Awareness March during Pharmacy Week 2019. The awareness tackled on the importance of taking medication through health talks at OPD/ Waiting areas, furthermore, information on CCMDD pick up points was cascaded to the community which gave clients an opportunity to engage with staff on that note.

#### PHARMACY TIPS PROVIDED:

- Ways to store medication
- Importance of noting expiry date of your medication
- The name and type of your chronic medication
- How to take your medication and when
- Side effects of medication .



Please consult our Medical Officers or Pharmacy for a pick up point next to you!!!

## MORALS AMPLIFIED DURING HERITAGE CELEBRATIONS



**ABOVE:** Staff from various departments dressed in their traditional attires in celebration of Heritage Month

Departments and wards outperformed themselves expressing their culture through various dishes, traditional attires and décor in their tea rooms. Presentations were well prepared and narrated which goes to show how much time and effort was invested in making the best of the day and of course obtaining positions at first place.

Adjudicators of the day were in awe of the effort provided by staff and it high anticipation as staff moral was revived in the fun filled event.

# PHOTO GALLERY



**ABOVE:** Siphakamile learners listening careful during the health talks provided by staff.



# WOMANS MONTH CELEBRATED IN STYLE



**ABOVE:** Mr. R.E Manyokole, CEO of Murchison District Hospital welcoming distinguished guests during the Woman's Day function.

On the 28th of August, Murchison District Hospital hosted their very first of its kind woman's day function tying the knot with the official launch of Woman's Forum. The target group was left in awe and shock of how the event folded out. Guest speaker of the day spoke deeply on “ Be that Woman” reviving royalty within women as her language blended well with the spiritual talk delivered by Mrs Msimangu.



**ABOVE:** Mrs Msimangu during her talk in grooming women spiritually. **MIDDLE:** Murchison female staff dressed in their traditional doeks. **RIGHT:** Mrs Kalala who revived women into being that woman



**“WOMEN WITH NO EXCUSE”**

**Theme 2019**



# WOMANS MONTH PHOTO GALLERY



**ABOVE:** Women's Forum Members, Mrs Matshoba (Chairperson), Mrs B Gambushe (Deputy Chairperson), Mrs B Mqadi, Ms Myende and Ms PT Dlamini



**ABOVE:** Mrs Lukhozi, Programme director.



## ACTIVITIES ON THE DAY

- Make-up and beauty tips by Ester Lauder
- Massage (Head & Shoulder) by Medizone

## LOSS OF STAFF MEMBERS

Gloria Nokuthula Cele (GA) and Nontsikelelo Ntanza (EN).

REST IN ETERNAL PEACE, FOREVER MISSED BY MURCH TEAM.

## ACKNOWLEDGEMENTS

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