



HEALTH
KwaZulu-Natal

MURCHISON HOSPITAL NEWSLETTER
ZIYENZEKKA NEWS

EASTER PLEASURE FOR PAEDIATRIC

Miss Murchison Hospital visited the Paeds ward. She was in a giving spirit, shown by the balloons and Easter eggs that she gave out to the young ones on Thursday, 01 April 2010 .

Ms Shannon Redman wanted to bring smiles to the children during the time of Easter Holidays. Children were indeed excited by this act of kindness. Shannon is setting a trend of what is expected from the person who holds Ms Murchison hospital title.



Nomvuyo Tshuthsa & Ayabonga Shezi receiving balloons from Shannonn

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QUOTE

Each person has the opportunity to lay the groundwork for his heavenly defense, simply by opening his eyes and heart to the needs of others."

Y M

HR DEPARTMENT CELEBRATES LOVE

A splendid day indeed, full of colour and filled with love and smiles everywhere. The institution celebrated Valentines Day on Tuesday 16 February 2010.

It was a day of colour and love. By the looks of things on that day, the entire staff find themselves working freely in their casual clothes.

The department that stood out the most was the Human Resources Department. They had decorated their department beautifully.

Besides celebrating valentines casual day it was Xatyiswa birthday (the lady in a white T- shirt).

Front from Left: Hlengiwe, Xatyiswa, Penelope, Nokuzola

Back row from left: Dhevhan, Sbusiso, Mlungisi, and Kenny



HEALTH-CARE CHRISTIANS FELLOWSHIP

HCF Theme is My workplace, My responsibility

Murchison Hospital's HCF organized a prayer meeting which was held at the Hospital Chapel on Wednesday, 31 March 2010 from 12h00– 14h00. The sermon was delivered by Pastor Kobane, Pastor Mnyandu and Pastor Nyombolo with Ps Nyombolo's wife leading us in prayer.

Prayer items for the day included frequent road accidents, people suffering from different illnesses, revelation of HCF vision to staff and to preach the gospel. Accolades go out to the coordinating committee for such a wonderful service.

On 01 May 2010 an HCF workshop was held to enlighten hospital staff about Hospital Christian Fellowship and to train action teams. Should you wish to know more about this organization contact : Ms N. Ntobela Ext 219 or Ms Malimba Ext 213

HAPPY BIRTHDAY 100th for GOGO!!



Gogo Cingane Emma Xolo turned 100 years old while admitted at the Stepdown ward for five months. Mrs Xolo was happy to be discharged on her birthday. She celebrated her birthday with staff and two of her daughters. Gogo Xolo was blessed with four children which two have passed on and she still enjoys the love from her 36 grandchildren. Her favourite food is i papa nemifino and like working in the garden. Gogo is a member of Christian Church under the leadership of Reverend Khuzwayo.

Picture: Gogo Xolo surrounded by Stepdown ward staff, her family and therapists.

MEET OUR PR 2010 IN-SERVICE TRAINEE

Dear Readers

My name is Minenhle Mkhwanazi from Port Shepstone. A third-year student at the Durban University of Technology (PMB) in Public Relations Management. My in-service training is for six months and it is such an honor to be gaining my experience from Murchison Hospital. Working hand in hand with Ms S Mabaso – Hospital PRO and the friendly staff of Murchison Hospital has been a great pleasure thus far. I aim to learn as much as I possibly can in this institution in the field of Public Relations. With the skills that I have gained so far I am certain that I will

succeed in the future. Working and interacting with different people is what I like most. Assisting people wherever I can, brings about great joy to me. I look forward to a lot more fruitful events at Murchison Hospital.



UTILISATION OF SUGGESTION BOXES

The service I got from female extension ward was great especially the day shift. As from the 31st of January until Thursday the 4th of February. May God bless all the nurses with their good hearts especially

LE Hlongwane ★ ★ ★ ★ Thank
 ZP Dlezi ★ ★ ★ ★ Thank
 MM Ndwane ★ ★ ★ ★ Thank
 TE Shude ★ ★ ★ ★ Thank
 ZF Ngcobo ★ ★ ★ ★ Thank
 DI Mhlongo ★ ★ ★ Thank
 TP Nzimande ★ ★ ★ ★ Thank

Even when it comes 2 doctors shame they go patient

When it's come 2 the night shift, the short guy man hey has got a good heart, to make sure dat u feel ok even if u are in pain. Dat guy doesn't matter if u are young or old he gives EXCELLENT service. Dat is G. Shange
 God Bless Them ALL !!!

10/2/10

To Staff

Thank you for your excellent and friendly service. you are the best. I will definitely tell all my friends & family on the good service i received. Have a good year!

!! Excellent
 Mrs. M.C
 Rushworth

These are just a few amongst many compliments that we receive from our suggestion boxes which we open once a month. I must commend the staff from the wards for ensuring that our clients get the best care. Keep up the good work !

The institution has are very effective complaints mechanism.

Our clients are at liberty to forward any of their concerns or compliments at any time at any selected department.

In each department there is a suggestion box allocated for the patients usage. All patients are informed of such.

Monthly suggestion box checkups are of great assistance in identifying short-fall and give us indications of patient's experience.

All Department are encouraged to utilized suggestion boxes minimally. This is monitored monthly during Batho Pele inspections.

NHLS PATHOLOGY

The National Health Laboratory Service (NHLS) was created in terms of the NHLS Act, No. 37 of 2000 to form a single national entity to provide laboratory services to the public sector.

The organization is divided into three divisions : diagnostic services, teaching and training, and research .These divisions are supported by National Institute for Communicable Diseases, the National Institute for Occupational Health and the National Cancer Registry. These institutions are responsible for surveillance and epidemiology , occupational health training and development and registry functions , respectively.

Mission Statement

To provide cost-effective and professional laboratory medicine , through component qualified professionals and state-of-the-art technology supported by academic and internationally recognized research , training and product development to maximise healthcare delivery to the nation.

Research

NHLS staff conduct research into disease particularly applicable to South Africa which is vital to the medical welfare of our citizens, such as HIV/AIDS , tuberculosis , cancer and malaria.

Teaching And Training

The NHLS trains all pathologists in South AFRICA , covering the global spectrum of pathology with particular reference to diseases of Africa , and teaches medical scientists , technologists and technicians in all pathology disciplines.

Pathology , the only true pathway to medical understanding

The NHLS

- Is the largest diagnostic pathology service in South Africa
- With over 260 laboratories countrywide
- Serving 80% of the population and conduct health-related research appropriate to the broader population needs , such as HIV/AIDS , tuberculosis , malaria, pneumococcal infections , occupational health , cancer and malnutrition.

The NHLS plays a major role in :

- Public health in South Africa through epidemiology , surveillance and outbreak response activities
- The national antiretroviral roll-out programme through CD4+ viral load studies and HIV treatment monitoring.
- Tuberculosis diagnosis of cervical cancer
- The support of occupational health service

***Information submitted by Mr L Khuzwayo
Murchison Hospital Laboratory***



FLYING THE FLAG ON FOOTBALL FRIDAY



Proud members of staff who participated on Football Friday 23 April 2010



Staff members gathered to commemorate 100 days left before the World Cup kick-off. Seen on the photograph practicing the South African National Anthem.



Matron Nyuswa, Mr Gabela & Matron Mlamla standing proud, ready to welcome the world to the institution.



Picture 01: TT united team posing before the kick-off of their final match as to end-off the Staff Wellness Week.

Picture 02: Admissions Department staff proud to be behind the National Team.

Picture 03: MG Cele, MZ Mkhwanazi, NP Chagi & M Gumede at the National fly the flag Day .02 March 2010

Picture 04: X-ray Staff 100% behind Bafana Bafana



STAFF WELLNESS WEEK



The hospital staff celebrated wellness week from 19– 23 April. The aim was to equip staff with information such as stress and financial management, family and marital problems, etc. Organizations such as FAMSA, NCR, DT Debt Councilors , SARS, were invited to be part of this event.

From left: Mrs Luthuli from GEMS checking Mrs Ntuli's (Nursing Manager) BP

Below: Staff Mr K Manyonkolo receiving a massage from Narusha Naidu



Above: Cosmetologists, Narusha Naidu & Khadja Ismail ready to start with their soothing massages.

Bottom right: Staff members excited to be practicing some exercises as demonstrated by Occupational Therapist.

The week was full of exciting activities , informative and beneficiary to members of staff.



FAREWELL TO INTERNS

Admin staff said their goodbye to 2009/10 interns. We hope the information and experienced gained while working here will serve as stepping stone to the brighter and more exciting future. We would like to thank them for valuable input and wish them all the best in future. We are looking forward to the new group of interns who will be joining us in April 2010. The pictures below were taken during their farewell party, Mrs Mdluli gave them tokens of appreciation from colleagues.



Mongi Mabandla : Finance Intern. He holds a ND in Accounting from Mangosuthu University of Technology



Phumulani Lubanyana: Registrar Clerk intern. He holds a ND in Office Administration from Durban University of Technology .



Musawenkosi Dunwa: Finance Intern. He holds B Com degree from University of South Africa

QUOTES

“Feed your mind with mental protein, not mental candy. Read, listen to and watch positive, uplifting material.”

Brian Tracy

“Go confidently in the direction of your Live the life you’ve image. As you simplify your life, the law of the universe will be simpler”

Henry David Thoreau

“ If you are bold enough to open yourself to change, good relations will improve-become deeper, more solid, more creative and more adventuresome”

Adapted from Stephen R. Covey.

FAREWELL TO OUR DEAR STAFF



Left pic: Mrs Ntuli (Nursing Manager) handing over a gift to Dr. W Hardy (Medical Manager) who has served the institution for more than twenty years. Dr Hardy started as a medical officer and worked his way up to the Medical Managers rank. He was highly dedicated to his work and loved dearly by his patients. He has also been an acting CEO from June 2009 to May 2010. We wish him all the best for the future.

“Well done, good and faithful servant; you have been faithful over a few things”

Matthew 25 v23



Right pic: On 22/04/10 colleagues bid farewell to Mr Msweli who joined the hospital in 2006. His supervisor said that he was a good leader who earned respect from all staff. He was easy to work with and served as a pillar to colleagues. Msweli read to us Heb 13: 1, 2 & 16 as his last message.



Staff said their goodbyes to Mrs VT Hlophe. She retired after ten years of faithful service. She will be dearly missed for her abilities to provide guidance and discipline. May you enjoy being at home with your grandchildren.



Friends and colleagues of Ms Z Ngesi wished her a good, healthy and exciting retirement after earnestly serving the institution

We would like to wish all our colleagues who have retired a happy retirement. We hate to see them go but it's an achievement

MAY THEIR SOULS REST IN PEACE

This year we have lost two member of staff ,
NHLS Medical Technician , Mr Chris Shazi in
May.

The Zonal Matron for outpatient department,
Emergency and trauma , operating theatre and
Lindokuhle clinic, Ms NV Nyuswa in July .

Testimony given during Ms Nyuswa's funeral
service reminded us that we should not get
tired of doing what is right for after a while we
will reap a harvest of blessings.

May their friends and family find comfort in
good memories of their loved ones .



It has been great compiling this newsletter and I hope you are going to enjoy reading it as I have enjoyed writing it. All information regarding the nurses day and launching of HCT campaign was published on a special edition newsletter. The next publication will be coming up shortly you can expect an introduction to of the new Hospital CEO and Medical Manager. You are welcome to forward your articles to be published. U Ndabezitha, u Mntungwa uyavalelisa. Sphinde sihlangane kushicilelo olulandelayo.

Hospital Contact Details:

Murchison Hospital

Private Bag 701

Port Shepstone

4240

Tel: 039 687 7311

Fax: 039 687 7497

E-address: Silindile.mabaso@kznhealth.gov.za

DOH: www@kznhealth.gov.za