



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

MURCHISON NEWS

ISSUE 2/2013

FEBRUARY – APRIL 2013

2012 TOP ACHIEVERS



FEMALE GOOD HOPE CENTRE TEAM..

Front row: Zonal Matron Mrs. N C Dlamini, Operational Manager, Mr. JBJ Ngobese and B P Sothembe.

Back row: from Left-Right S NR Mthethwa, S khomo, E A Ngwenya, A N Cele, Y M Ntsadu, Z Ngubane, F N Diya, N F Nzimande, N C Msomi, H P Cele, E B Ngobese and NP Bhane

Quality day 2012 was a day of celebrating individuals and departmental achievements but most importantly hospital management rewarded members of staffs who were innovative and worked beyond their call of duty to deliver services to patients.

Female Good Hope Centre (MDR-TB ward) was among the wards that scooped most awards. Mr Ngobese, the ward Operational Manager was interviewed on this success.

Mr. Ngobese was appointed on his current position in January 2012. He has shown great eagerness to see his ward becoming great achievers.

Story continues on page 2...

INTERVIEW WITH MR. JBJ NGOBESE

1. What has your department achieved within the past 10 months?

During the course of the year 2012 we won the *Infection Control Audits* five times. Our ward won more than R1000 cash. During the quality day we were able to achieve:

- ◆ 3rd position in Batho Pele policy
- ◆ 1st position in Hygiene Audit
- ◆ 1st position in Quality Improvement Project



2. What motivated your staff to perform well?

"I would like to take credit for this excellent performance; however credit should be given to the staff for their sterling performance throughout the year. My self and other professional nurses had to ensure that orientation and induction programmes are in place, proper supervision and staff mentoring was done properly".

3. How do you keep your staff inspired?

"I think it is crucial that a friendly working atmosphere is created; this enables staff to stay motivated, driven and focused with the same outcome in mind. My team and I consider the criticism of being marked down during audits and inspections as a constructive stimulus towards realization of our departmental goals. Excellent staff performance is always appreciated such as we nominate a monthly Batho Pele champion, this keeps staff motivated. Social gatherings are also encouraged within the department to promote a good team spirit amongst staff".

4. What are your departmental plans of retaining the success?

"I am confident that my staff would work even harder this year to maintain our shine. We will continuously strive to improve our standards by obtaining higher percentages than we did last year. There isn't much we will do differently in 2013 except adhering to our strategic plan, setting objectives and working towards them.

5. What was going through your mind during awards event?

"Excitement, it was indeed a great honor to get awards in all categories. Words cannot explain how I truly felt about such an accomplishment. I would like to thank the staff for their dedication, above and beyond staff rotation and turnover they kept on doing excellent work".

6. In conclusion any last words you would like to say to your team?

"First, I would like to thank God the Almighty for allowing me to work with great staff. We thank God for enabling us to make a difference in the community we serve. Secondly I would like to thank the hospital management for giving us this platform and to develop us each day. I would also like to thank ward zonal matron (Mrs. N C Dlamini, Quality Manager Mrs. R Z Manuel, my colleague Sister Singh and other operational managers for their guidance).

Lastly I would like to express my sincere gratitude to FGHC team for their undying dedication and commitment throughout 2012".

YEAR OPENING PRAYER

Murchison hospital held its opening prayer for the year on Thursday, 24 January 2013 at the Hospitals chapel.. The service was graced by the presence of Mr Mhlongo and Pastor Nzama from Harding.

Public Relations Officer gave the purpose of the day. She stated that it is imperative that we start the new year with prayer as we have closed it with prayer. Nurse Ntobela the HCF Chairperson encouraged staff members to go beyond their call of duty when attending to patients.



Pastor Gcino Nzama

Pastor Nzama share the word of God. The Theme was “waiting for God’s time”. He spoke about how we push and pressure God into giving us what we think we need even though our time had not come. The Pastor encouraged staff to wait for God’s time in their lives.

A PASSIONATE PSYCHOLOGIST (MR ZULU)

Mr Nkosi Zulu joined the facility on 01 January 2013 and has shown an immense dedication towards his work. He gets pleasure in seeing people living in harmony and managing their lives well. He has visited a number of local schools to speak with the learners on relevant subjects. Currently he is working on his new venture “INDABA” that will enable general members of the public to talk openly about issues regarding their health, marital, financial and social challenges. Details about the indaba will be available on the upcoming newsletter.



Mr Zulu addressing learners from Nkonka High School

IZINGOLWENI CAMPAIGN

On Wednesday, 06 March Murchison hospital crisis Centre team together with a team from Sitholimpilo Rehabilitation Centre On Wednesday, 06 March Murchison hospital crisis Centre team together with a team from Sitholimpilo Rehabilitation Centre visited Sinomusa High School from Izingolweni to create awareness about drugs and alcohol abuse, para suicide and sexual assaults.

Deputy Principal Ms. Nxumalo opened the day with a prayer and Matron Dlamini welcomed and introduced all present.

Sitholimpilo representative Mr. Skhosana talked to the learners about drugs, alcohol abuse and teenage pregnancy. Mr. Skhosana informed learners about the danger and the negative impact substance abuse has on their lives. He then introduced Sitholimpilo Rehab Centre to the learners and informed them of their services. Mr Skhosana came with some young boys who shared their experiences with learners of how using drugs destroyed their lives.



Pupils listen intently, when they were visited by Murchison crisis Centre and Sitholimpilo Rehabilitation Centre.

Lungelo Ngidi told the learners that he started smoking whoonga when he was doing matric and became a heavy smoker of the substance when he was doing his first year at tertiary. He further stated how he stole his friends and roommates belongings to support his bad habit. He then warned them against the use of drugs and alcohol as there has never been anything good to come out from using them. Lungelo has been clean for over a year now.



Lungelo Ngidi (white t-shirt and red shorts) sharing his testimony on drug abuse

Mafika Mavundla, started using dagga when he was in grade 9 and in 2010 he was in and out of jail because he was doing committing illegal doings. Then in 2011 Mr. Skhosana and his team from Sitholimpilo came to his school and talked about drug abuse and alcohol, that was when he decided to turn his life around. It has been two years since Mafika has been without drugs.

Mr. Zulu Murchison's hospitals clinical psychologist spoke to the learners about para-suicide and explained to them that suicide is never an answer to any problem. He also informed them that there are a lot of people who can be contacted when they find themselves in dead-end situations. He introduced the hospital Crisis Centre, a place of emotional deliverance when they feel that the load they are carrying is too heavy for them.

Sr Mahlatsi who works in the crisis centre addressed the issue of rape and social assault. She emphasized to the pupils that rape is a serious crime that needs to be reported to the relevant authorities immediately. Sr Mahlatsi warned learners about walking alone on isolated areas, and also shared the tips on what to do and not do when one has been raped.



From L-R: Ms. Nxumalo (Deputy principle) Mr. Zulu clinical (psychologist), Mrs. Mahlatsi (Professional nurse) and Mrs. N C Dlamini

HAPPY RETIREMENT MA-AUNTIZA AND GLEH

“It was a great experience to have known and worked with these two wonderful ladies”. These words were uttered in ambivalence by their colleagues who were pronouncing their retirement messages. Mazulu had a jovial a character that will be dearly missed by all her colleagues and patients in Female Ward. She had a caring attitude not only towards her patients but also to her colleagues. She would give them supplements to chomp from time to time and brought with her nutritiously freshly cooked meals every day. You would swear that she had a specialty on mouth care and patient feeding. She would miss her transport home just to make sure that she has washed patient mouths and repeated for the umpteenth time which patients needed to be fed.

Ms NG Mkani aka Gleh was commended of good service while serving the hospital and the positive behavior she had towards her job. “She had a special place in our hearts and we just wanted to celebrate her retirement in a special way” said one of the speakers. Aunt Gleh started working in the laundry back in the days while it was just a small inadequately equipped department and has seen it develop to what it is today. Mr. Mzotho, aunt Gleh’s colleague read the word of God from 2 Corinthians 12:9 “...My grace is sufficient for thee, for my strength is made perfect in weakness...”



Top pic: NG Mkane aka Aunt Gleh
Bottom pic: NC Zulu aka Mazulu , ngane yesibongo



PSALM 31 FOR A NURSE

Who can find a good natured Nurse?

For her price is far above silver and Gold.

She seeks medicine and skills, and works willingly with others.

She gives of herself , and considers her own desires last.

A heart-warming smile is hers, and strengthen her ability with patience.

She perceives that her work is good. Her candle does not go out by night.

She lays her hands upon understanding. She stretches out her hand to the poor;

Yet, she reaches forth hands to the needy. She shall rejoice in time to come.

She opens her mouth with comfort, and in her tongue is the law of kindness.

Her associates rise up and call her blessed. Her patients also praise her kindness.

Many nurses have helped others, but you excel them all. Favour is deceitful and beautiful is vain. But a nurse that Fears the Lord: She shall be praised.

South Coast Fever , April 2013

HOSPITAL CONTACT DETAILS

Editorial Team

Ms SG Mabaso - PRO
Ms ZK Mqadi - PR Intern
Ms S Nhleko - PR Trainee

Murchison Hospital can be contacted on
Private bag X 701, Port Shepstone, 4240
Email– address: Silindile.Mabaso@kznhealth.gov.za
Website: <http://www.kznhealth.gov.za/murchisonhospital.htm>
DOH: www.kznhealth.gov.za