

ZIYENZEKA



Vision:

To achieve an optimal, holistic, health status for all people in the community we serve

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Vision Statement

Murchison Hospital strives, in dependence on God's guidance and enabling, to provide an effective, comprehensive, accessible, and co-ordinated health service based on the primary Health Care approach through the District Health Service, which meets the physical, spiritual, and psycho-social needs of the community to which it is accountable, and which it seeks to serve with compassion.

WORD FROM THE HOSPITAL MANAGER

This year is almost over and time has gone by so swiftly. It is said that time does seem to fly when one is busy and indeed we have been extremely busy at the institution. There is so much that has gone on.

Much has been done to improve communication and in this regard management has fostered relationships with its social partners. This augurs well for progress in patient care.

A number of key posts have been filled, such as PRO, Assistant Nurse Manager, Chief & Principal Medical Officers and Infection Control Nurse. These incumbents are challenged to bring in new and improved service delivery outputs.

There are yet a number of posts that are to be filled shortly, such as OHS Nurse, FIO, Principal Medical Officer, Senior Medical Officer and Speech & Audio Therapist. The appointees will add value to our outputs.

The re-organisation of an established pattern of patient referrals to appropriate institutions has meant that patients that have historically been presenting at Port Shepstone Hospital who should now be re-directed appropriately to us.



Hospital Manager Mr. V. Reddy

The institution has benefited from a number of physical facilities upgrades and the news that the building of the long awaited new Administration Block is underway is indeed great news.

The year end is looming and there is much to look forward to in rounding up the year with activities and functions.

MEET THE P.R.O.

"Kuyangithokozisa ukuba nginikezwe ithuba lokusebenzisana nabo bonke abasebenzi base Murchison District Hospital. Ngithanda ukuveza ukuzithoba kwami ngenxa yokuxhaswa nosizo abaningi benu abanginika lona ekwenzeni umsebenzi wami.

" Ngiyethemba ukuthi sizosebenzisana kahle futhi sisizane ezintweni eziningi. Ngipinde

ngizwakalise ukubonga ngokwamukelwa nokwenziwa ilungu lalo mndeni 'waseMashisini'

Ngicela nazi ukuthi umnyango wehhovisi lami uhlale uvulekile, futhi nani niyazi ukuthi nginaso isikhathi sawo wonke umuntu, ngoba ngeke ngikwazi ukuzibiza ngoMxhumanisi walesi sibhedlela uma ngibalekela abantu okufanele ngibasebenzele.



**Meet the P.R.O.
Ms. Silindile Dladla**

**See P.R.O.
address on page 1**

*For future Newsletter
publications, please
submit your
input to the PRO*

Remember

*The Gateway Clinic will
become operational as from
January 2006. Please educate
patients about the referral
system that will then apply.*

Apology:

Kuningi kakhulu okwenzeke kulo nyaka uwudwa nje. Ngakho kube nzima ukuba sikufake konke kuleli phepha lango September. Izinto ezifana nezimemezelo ezahlukene, amahlaya nemibono kuyoze kube khona ephapheni elilandelayo.

Ngiyabonga,

S.P. Dladla (PRO)



ANNUAL REPORT FOR 2004/2005

The year 2004/2005 has been an eventful one, and we as an institution have managed to rise up against all odds.

We pride ourselves in the best practices that have continuously kept the institution at the top. Among these best practices re:

- Our TB programme which achieves a high completion of treatment rate.
- The widespread recognition that our Home Based Care programme receives.
- In spite of the challenges we face regarding the lack of office space, we have done well in using the minimal available space to the utmost best.

-Some of the achievements for 2004/2005 include:

-The introduction of a Help Desk at the front-line registration.

-A perfectly functional complaints



mechanism.

-Ramps and toilets that have been specifically built in high traffic areas such as Pharmacy and OPD for patients with disabilities.

ANNUAL REPORT CONTINUES FROM ABOVE

-A functional Hospital Board which has been in place for more than 10 years.

With all the countless achievements we have accomplished, we have also faced a few challenges which include:

-The lack of physical/office space in the view of expansion of services.

-The large numbers of patients that still have

to be commenced on ART treatment.

-Lack of beds dedicated to mental patients in the general wards.

Please note that the above is only a shortened version of 2004/2005 Murchison District Hospital Annual Report.

For more details please refer to the full report or contact the PRO, Ms. S. Dladla.

LAUNCH OF THE LIONS AUDIOLOGY CLINIC

On May the 13th, Murchison Hospital's Audiology clinic was officially launched.

The clinic is equipped with a sound booth that has been operational since the beginning of the year which was sponsored by the Lions Clubs of Portshepstone.

The sizeable donation of equipment worth approximately R100 000 is the only one of its kind in state hospitals around the Ugu District. Thanks you Lions for again putting

us on the top!

Because of this donation, we won't have to refer patients to hospitals in Durban just to have their hearing tests.



Hospital Manager Mr. V Reddy, Medical Manager Dr Gilpin, Emilda and Adele from the Audiology Clinic with members of the Lions Club

UMBIKO NGEMICIMBI YESIBHEDLELA

Kulo nyaka nje uwodwa iMurchison District Hospital isibe nemicimbi eminingi ekuhloswe ngayo ukuqwashisa ngezimo ezahlukene zempilo.

Phakathi kwemikhankaso esibe nayo singabala owe-TB and Nutrition ngo-April 29 owaba ngenkulu impumelelo.

Siphinde sibale, owoKuvikelwa Kwabantwana owawu ngo 25 May lapho safunda khona ukuthi ziningi izinhlobo zokuhlukumezwa kwabantwana ezenzekayo emphakathini okubalwa kuzo ukushiywa kwabantwana bebodwa ekhaya, owokuqwashisa ngesifo esidala ukufa kohlangothi (Stroke Awareness Week) ngo-June.

Saphinde futhi saba nenhlanhla yokuvaka-



Abasebenzi base TB Ward basinika umdlalo wese stage okhuluma ngeSifo Sofuba (TB)

shelwa othisha kanye nabantwana base St. Martin's de Porres okuyisikole sabantwana abangezwa (deaf). Lolu hambo lwabo lwaluhambisana neSonto lokuqwashisa umphakathi ngokungezwa ezindelbeni (Deaf Awareness Week).

Kwaba nenkulu injabulo lapho abafundi nothisha balesi sikole bejabulisa abantwana nabasebenzi basewodini labantwana (Peads) ngomculo nomdanso.

Okumangazayo wukuthi laba bantwana abezwa, okusho ukuthi abawuzwa lomculo abawudanselayo. Basizwa wukubala iminyakazo yezandla zothisha babo.

Lokhu kwaba yisifundo ukuthi kuningi umuntu angakwenza ngempilo yakhe, kuphela nje uma ezimisele.

Kuningi okusenza, unyaka usemusha!



MURCHISON BIDS FAREWELL TO "DR ENOCH"

The end of August also signaled the end to a long and fruitful marriage between Murchison District Hospital and 'Dr Enoch' as he was affectionately referred to by most staff who have known and worked with him for over a decade.

Dr Enoch's contribution to the hospital will always be remembered and valued by the entire institution. We wish him well in all his future endeavors.

QIP

Please encourage patients to allow the elderly and people with disabilities to move to the front of the queues.

Thank You!

From: Ms Dladla (PRO), Mrs. M.T. Ntuli and Miss Nyuswa from the Matron's Office

TAKE A GIRL CHILD TO WORK

Umkhankaso we Take A Girl Child To Work owawungomhlaka 25 ku August 2005 waba ngenkulu impumelelo. Lapho sabe sivakashelwe yizingane zamantombazane eziyishumi nanhlanu ezivela ezikoleni ezifana ne Nkonka. Sister Joans, Nobamba nezinye.

Lezi zingane zazimenyiwe ukuba zizofunda kabanzi ngezinhlobo zemisebenzi etholakala ezikhungweni zezempilo ezifana nezibhedlela.

Sethemba ukuthi lokhu abakufunda ngaleli langa kuyobasiza ukuba bakhethe imisebenzi abazoyenza/abazoyifundela uma sebeqede isikole.

Sithanda ukubonga abasebenzi balesi sibhedlela ngokwamukela kanye nokuzinikela



Dr Ragunathan and Bab Mban-gave some valuable advise to our 'Future Doctors'

ekusizeni laba bantwana ngemibuzo ababenayo, ikakhulu ngokusebenza kweminyango eyahlukene.

Healthy Lifestyles:

Word from the dietician Miss F. Paruk

Do potatoes make you fat?

Potatoes have been categorized as a starch that makes you fat, but that is incorrect.

The truth is potatoes are virtually fat free and highly nutritious as they contain half your recommended daily intake of Vitamin C.

What makes potatoes fattening is what you put onto them or how you prepare them.

By adding cheese, butter or margarine you double the energy content of the meal.

You have to choose have to choose what is good for your body.

Take the better option and enjoy a Healthy Lifestyle!!

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Upcoming events:
Induction and orientation 05/10/05
Batho Pele Workshop 19/10/05
Fundraising
Partnership Against Aids Imbizo
Year-end/awards day ceremony
Christmas Party at Peads Ward

MC Nhlanhla Gcaleka helped issue prizes during Child Protection Day in May



Farewell Dr Enoch



Congratulations to the Female Ward for winning the floating Infection Control Trophy



S. Ngobese taking staff BPs during Stroke Awareness Week



Sister Mlamla and Dr Paz took time off to pose with the Teddy Bear Knitters after they donated wool items to the Peads Ward

FOCUS ON A DEPARTMENT

WORKING IN PHARMACY
BY NIVASHNEE SADIPAL

Murchison Hospital Pharmacy Staff is pleased to announce that Pharmacy Week was a resounding success.

This year's theme was "Pharmacy in the Community- a Supportive Partnership". The theme emphasized the interaction between pharmacy staff and patients.

Our dispensary assistants were extensively involved in counseling, especially in ensuring the following:

- Compliance and the safe use of medication.
- Ensuring that patients take correct medication and dosage.

A Huge Pharmacy Week poster board was erected in front of pharmacy to draw attention to patients.

We also had some students who went on a guided tour of the department and had a behind-the-scene look at manufacturing and dispensing of medication etc.



Pharmacist Ms. S Maharaj demonstrates how they manufacture medicines.

Other efforts included:

-Posters focusing on chronic illnesses e.g. Diabetes, Asthma, were drawn up and displayed outside the pharmacy.

These included a simplified explanation of the illness, samples of tables used to treat the condition and directions on how to take the medication correctly.

-Pamphlets outlining the correct use of different medication were

drawn up in English and translated into Zulu. The directions were accompanied by diagrams. These were available on the 'information table' outside the pharmacy.

A newsletter on Nutrition and its impact on Diabetes as well as other common illnesses was translated into Zulu and handed out.

The Pharmacy department would like to extend a heartfelt "THANK YOU" to all patients and staff for their support and participation in our initiative to promote excellent