



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

NDWEDWE CHC STAR NEWSLETTER

NEWS

01 Jan–30 July 2019

ADOLESCENT AND YOUTH FRIENDLY SERVICES



Izintombi zakwaShangase doing a traditional dance during AYFS Launch

Thafamasi Clinic held an Adolescent and Youth Friendly Services (AYFS) launch on the 29th March 2019 at their facility.

AYFS incorporates the concept of “Happy Hour” to the community of Thafamasi (Kwa-Shangase tribal area). This program or initiative was warmly welcomed by all primary, secondary and high schools in Thafamasi area. Learners from Thafamasi primary school, AM Moolla high school, Ngungwini high school, Qil Primary School, Buhlebesizwe High school, about 342 learners Dulini primary school, Ntendeni primary school and Shangase primary school, and youth from the community attended.

The launch was graced with the attendance of the Deputy Director Ms Monica Jama as well as Ilembe district AYHP coordinator Ms Thembelihle Mungwe. Different speakers from the clinic and AYFS club unpacked what services they are offering to the youth when visiting the clinic. Youth services are offered Monday to Friday from 14:30 pm to 15:30 pm, with the benefit of free WIFI until 16:00 pm to all youth. Ms N. Dlodla who is Thafamasi Clinic AYFS Champion marketed the program in the during health education in the morning when youth visited the clinic. Positive outcomes from the program includes an AYFS garden situated at Thafamasi Clinic which was started by AM Moolla High School students. Students who participate in the project added that all profits generated from selling their vegetables would aid in organizing an excursion with other peers being monitored by clinic staff.

PHOTO GALARY FOR AYFS LAUNCH



OMN L Ngubane delivering her welcome and purpose of the day speech



Ms S Dlodla sharing AYFS services available at the facility



Sr N. Dlodla (Thafamasi Clinic AYFS Champion) standing next to the attendees of the event



Ziyanda sharing AYFS rights



Ilembe District staff benchmarked on the success of AYFS

PHOTO GALARY FOR AYFS LAUNCH



Ilembe District staff benchmarked on the success of AYFS



Scebi entertained attendees of the event with a song



AYFS Club performing a stage play about Youth issues



AYFS Club performing a stage play about Youth issues



Ilembe District staff was part of the program



The Community and Youth members who attended the event



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NDWEDWE CHC

NEWS

01 Jan – 31 July 2019

BACK TO SCHOOL DONATION INITIATIVE

On 28 January 2019 iNdwedwe CHC management working together with all levels of staff made money contributions to purchase school uniforms for five underprivileged school kids of Dumezweni Primary School. These kids were identified by Ms. N. Mbonambi who works as a Community Care Giver (CCG) for Ndwedwe CHC.

She was able to identify these kids while doing her home visits to different households. She noticed that those kids did not have a school uniform and they were living under difficult conditions since their parents were not working.

The school principal thanked Ndwedwe CHC management staff for their generous donation which helped these young kids to have proper full school uniform. Kids who received the uniform were very happy and it boosted their self-confidence amongst other kids as they looked smart in their new school uniform.



From Left to Right: The School Principal, Ms. N. Mbonambi (CCG); School teachers, Matron N Nyembe together with the school kids



Dumezweni Primary School learners sang in appreciation of the donation given to their school mates.



Above are the kids that were donated a school uniform

FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE

TB AWARENESS CAMPAIGN AT NDWEDWE CHC

On 28 March 2019 Ndwedwe CHC had a TB Awareness Campaign. The campaign was conducted in partnership with the Department of Home Affairs as they were officially opening their new offices. Mr. S. Cwele (former Department of Home Affairs Minister) officially opened Ndwedwe's new ungraded offices.

The community of Ndwedwe came in a good number to attend the event. On the day condoms were distributed, information pamphlets was distributed to members of the community. The day was very sunny but the community came to experience to see and hear from their leaders on new development they had to offer to them. Due to the sunny and humid weather on the day one of the community member collapsed; thanks to Ndwedwe CHC nursing team who responded very swiftly and resuscitated the community member. He was then taken to the clinic for further examination and treatment.



The community came in a remarkable number to attend the event



Sr Zikhali informing the public about TB



Ndwedwe CHC TB stall



Ndwedwe CHC Staff resuscitating and attendee to the event



Condoms were distributed to the community that attended the event

HAND WASH HYGIENE CAMPAIGN



Sr Z.P Ngwenya; Mr Xulu and the School Principal giving a gift hamper to a learner

On the 10th March 2019, Sr Ngwenya the Infection control coordinator of Ndwedwe CHC visited at kwa-Nokusho Primary together with Health Environment Team to do world hand hygiene day event. The Deputy Principal welcomed the team and introduced the team to educators and learners. Sr Ngwenya explained to learners the purpose of the day. She said the theme for this year is CLEAN CARE FOR ALL ITS IN YOUR HANDS. She elaborated on the importance of clean hands, because hands are the host of microbes that causes many sickness.

She then made an example on how transmission of infection occurred made also an example of a learner that is going to the toilet, finish at toilet without washing his or her hands after using the toilets and comes back to the classroom touching the door handle then sit down and touch the exercise books. After her speech she showed students how to wash their hands properly.

Questions were asked from learners after the speech and the demonstration of how to wash hands properly. There were prizes that were won by learners who were able to answer questions that were asked by Sr

Ngwenya. The campaign was also done within Ndwedwe CHC and staff members took part on the campaign.



A gift hamper was given to a learner that was able to answer question regarding global hand



Ms S. Kubheka assisting a learner to demonstrate hand wash



A Learner was given a gift hamper after demonstrating hand wash

HAND WASH CAMPAIGN AT NDWEDWE CHC



HAND WASH CAMPAIGN AT NOKUSHO PRIMARY SCHOOL



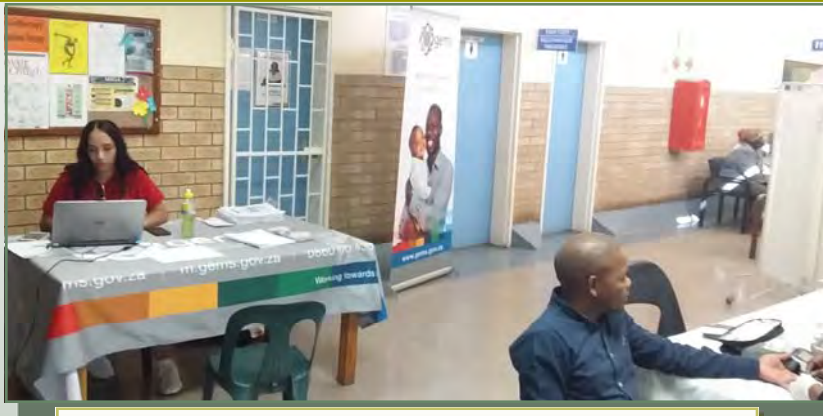
WELLNESS DAY AT NDWEDWE CHC

On 12 July 2019; Ndwedwe CHC had a Wellness Day which was organized by the Wellness clinic. Staff members came in numbers to check their wellness status. The Staff Wellness Day incorporated activities aimed at promoting and enhancing physical, social, emotional wellness. Health Screening was conducted by GEMS. Vikesh (Optometrists) did eye testing to staff members. Staff members who were found to have eye problems were referred for further treatment.

Below are other activities which were done during the program:

- ◆ Blood pressure testing
- ◆ HIV/AIDS Testing (optional)
- ◆ Cholesterol Testing
- ◆ Head and Shoulder massage

The program was a great success as staff members enjoyed the event and had a chance to ask questions relating to their health and their medical aid. The wellness clinic and the organizers would like to express their sincere thanks to all staff members who made it to the event. We hope to have another Wellness day which will encompass more activities in the near future.



Mr. T.M Dlamini (PRO) testing his Cholesterol Level



Mr. Ngcobo (Principal Security Officer) tested his Blood pressure



Mr. M.N Zwane had some queries he needed explanation from Gems staff



Sr ZP Ngwenya also visited Gems stall



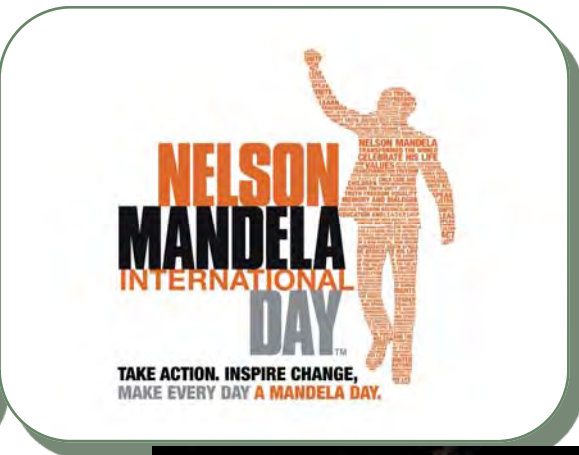
Sr S. Shaik also took time and visited a wellness desk

MANDELA DAY AT NDWEDWE CHC

On 18 July 2019 Ndwedwe CHC was visited by Boxer Store; to celebrate Mandela Day with patients especial kids at maternity ward and young boys who visited the clinic for MMC. To make the day memorable of the kids they brought along a big cake to be shared by kids. The program started by kids singing a happy birthday song.

The cake was then cut for the kids to share and cool drinks was distributed to all kids in the ward. Kids who were part of the celebrations were certainly happy by the gesture of giving back to the community which was shown by Boxer Store.

Dr Nelson Mandela is universally known for his contribution to liberation of South African and was the first democratically elected president. He is also know for his undying love for children. The Mandela Foundation has help the country to build the Mandela Children's Hospital which was officially open in 2017. The Mandela Children trust fund is amongst other initiative which are put in place to ensure that needy children get the necessary attention they deserve; for they are the future of our country and our continent.



Young people are capable, when aroused, of bringing down the towers of oppression and raising the banners of freedom.

— Nelson Mandela —

AZ QUOTES



Children singing happy birthday with Boxer Store staff members



The cake and cool drinks was distributed by Boxer staff to kids who came for MMC



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