

Ndwedwe Community Health Centre  
Private Bag X528  
Ndwedwe  
4342

# NDABUZEKWAYO

ISSUE 5

SEPT/DEC 2009



## INSIDE THIS ISSUE

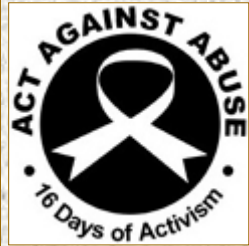
2. 16 Days of Activism
3. World Aids Day
4. Open Day
5. Khanya Africa
6. Happenings
7. Happenings
8. Sport Buzz

## 16 DAYS OF ACTIVISM AGAINST ABUSE

Imagine if, for 16 days, there was no rape, no child abuse. The 16 Days of Activism for No Violence Against Women and Children campaign challenges South Africans to declare a truce on violence against women and children – and, ultimately, to make it a permanent one.

Around the country, South Africans are being called on to combat violence against women and children.

For the 10th year, South Africa is taking part in the global 16 Days of Activism for No Violence Against



Women and Children campaign, which runs from 25 November (International Day for the Elimination of Violence against Women) through to International Human Rights Day on 10 December.

While the campaign runs only for 16 days each year, its objectives are reinforced by a year-long 365 Days programme and a national plan to combat abuse.

South Africa is still home to high levels of violence against its women and children, despite a world-renowned Constitution and a legislative overhaul that safeguards women's and

children's rights.

The government, business, civil society organizations, faith-based organizations and the media are all participating in the drive to increase awareness of the negative impact of violence and abuse on women and children.

The campaign also aims to:

Challenge the perpetrators of violence to change their behavior.

Involve men in helping to eradicate violence.

Provide survivors with information on services and organizations that can help lessen the impact of violence on their lives.

### **What you can do**

South Africans are urged to support the campaign by wearing a white ribbon – a symbol of peace – during the 16-day period to symbolize their commitment to never commit or condone violence against women or children.

Other ways of supporting the campaign:

Speak out against woman and child abuse. Encourage silent female victims to challenge abuse. Report child abuse to the police.

Check out the [calendars](#) and take part in a 16 Days event.

Join a CyberDialogues online discussion about issues related to the abuse of women and children. For more information, see [Gender Links](#) or visit your local [Thusong Service Centre](#).

Volunteer some of your time and energy in support of a non-governmental organization or community group working in your area to help abused women and children.

Donate some money to organizations working to end violence against women and children by making a contribution to the [Foundation for Human Rights](#).

Join a community policing forum (CPF) or community safety forum (CSF) to help fight crime in your area.



# WORLD AIDS DAY

**World AIDS Day**, observed December 1 each year, is dedicated to raising awareness of the AIDS pandemic caused by the spread of HIV infection. It is common to hold memorials to honor persons who have died from HIV/AIDS on this day. Government and health officials also observe the event, often with speeches or forums on the AIDS topics. Since 1995, the United States of America has made an official proclamation on World AIDS Day. Governments of other nations have followed suit and issued similar announcements.

AIDS has killed more than 25 million people between 1981 and 2007, and an estimated 33.2 million people worldwide live with HIV as of 2007, making it one of the most destructive epidemics in recorded history. Despite recent, improved access to antiretroviral treatment and care in many regions of the world, the AIDS epidemic claimed an estimated 2 million lives in 2007, of which about 270,000 were children.

Ndwedwe CHC also took part and joined Mayika Primary School in an awareness campaign for learners and the community on 1 December 2009. Talks were given regarding the HIV/AIDS pandemic, condoms were handed out but the main message of the day to the youth was to ABSTAIN, pictures always tell a clear story.



Kwakugcwele kuchichima abadla nabancane



Nezingane zesikole zazikhona zilalele iziyalo.



Izikhulu ezazivela kwiminyango eyahlukene.



## OPEN DAY AT NDWEDWE CHC



Mrs J Pillay CHC Manager, Ms S Dube District Manager and Mr S Khawula Montabello Hospital CEO.



The CHC's Board members and Mr Shezi (Ward Councillor)



People came out in numbers to attend the Open Day.

On 12 June 2009, Ndwedwe CHC held a successful Open Day, where the community was invited to listen and get to understand the state of the CHC (budget, employment and etc.). The local Political and Cultural leaders were also invited, speeches were given by all dignitaries and staff members prepared tables where they displayed information regarding their departments. Tokens for the best table were up for grabs and staff members outdone themselves trying to get the prize. It was a fun filled day as our District Manager Ms S Dube and other District office staff members graced us with their presence and joined in the fun.

A big thank you goes out to all the Social Committee people who made this event a success, to all staff members for co operating, management for the support and above all to all sponsors who made this event an enjoyable one. THANK YOU ALL.



Some of Mobile staff members.



Medical Department represented by Kery, Sam and Deon.

oNompilo Bethu nabo babe netafula labo lapho babe chazela khona abantu ukuthi yini bona umsebenzi wabo njengoba behambela imiphakathi.

# KHANYA AFRICA AT HOQWENI

Ithimba leKhanya Africa ngaphansi kwe Ndwedwe Sub—District okuhlanaganisa iNdwedwe CHC kanye neMontebello Hospital ngaphansi kwe iLembe District, kwathi ngomhlaka 1 kuAugust 2009 benza njen-gomyalelo kaKhanya Africa bavakashela indawo ehaqwe ububha futhi ekude nasezibhedlela kanjalo namaK-liniki. Injabulo yayibhalwe ebusweni kubantu abakhele indawo yeNkosi uNgcobo njengoba baphuma ngobuningi babo baya esikoleni sendawo ukuyothola usizo. Kwakufana nasesibhedlela ncamashi njengoba kwakuhlolwa iBP, Amehlo, Amadlebe, isinye, iHIV/AIDS, isifo sofuba kanjalo nokunye, abantu babefun-diswa nangokunakekela abanye bemindeni uma btholakala benezifo. Ithimba leiLembe District laliphume ngobuningi balo lihambisa usizo kubantu, njengesiwubulo somnyango wezempilo Silwa nezifo, Silwa no-bubha, Sinika ithemba. Sibonga kakhulu kuMasipala wethu iNdwedwe Municipality ngokusixhasa ngezinto eziningi nezenza ukuthi umcimbi wethu ube yimpumelelo, sithi kubona nangelinye ilanga bangasifingqi isindla sabo, baphinde futhi basilekelele uma sibacela.



1. Abantu ababehleli belindile kulayini, bephethe amaforms abo.
2. Kungesikhathi befundiswa ngezifo ezahlukahlukene.
3. Laba besifazane babelindele ukungena kwaVCT kanti ba-befundiswa nangesifo se-HIV/AIDS.
4. uSR Ntobela wayekhona naye ehlola amehlo.
5. uMamu Siziwe wayeyingxenye yababehlela lolusuku.
6. Ithimba likaMa-sipala iNdwedwe laba ne-galelo elikhulu ekuphume-eleni komcimbi.
7. Kwa-kusestenzwa kungadlalwa ngalelolanga.



## NDWEDWE CHC'S HAPPENINGS



Sir Dudu Hadebe's (on the right) farewell party was well planned and we wish her all the best.



Mrs J Pillay CHC Manager with Miss S Dube District Manager during the Open Day.



ARK team at the Open Day



CT luthuli (wejezi) amukela isipho kuSr Zikhali emcimbini wakhe, kwandulela ukuthi ziwushaye abe ngu MRS Skhakane.



uCebe eshaya adumengazo emcimbini iKitchen Party yezintombi zaseMobile ezazilungiselela uku-shada.



ZP Shange (Right) naye wayesezogcagca lapha uhalaliselwa nguM.K Nsthangase. Kuyashadwa eNdwedwe.



Onompilo bedlala umdlalo weshashalazi ngosuku lwe Open Day.



iEnvironmental Health iyona eyadla umhlanganiso itafula labo lawina.



HR Department yalala isibili kowetafula elihhayo.

# NDWEDWE CHC'S HAPPENINGS



UP Programme Director (Open Day)  
uBaba uHlophe eseyibhika.



Department of Transport ALU-  
FAKWA LUBUYA NODAKA.



UMnu S Nzuzi namathuluzi akhe  
okusebenza.



Mzi Shuba and Slie Mzila at Nelson  
Mandela Museum eQunu. Lungile  
Nduli evela kancane.



Kwakumnandi kudelile kwelase East-  
ern Cape.



Kerry Naidoo (Pharmacy Com Serve)  
at her farewell party, everyone invited  
wished her well.



Kerry's friends at the party.



Slie Mzila (PRO) and Busiswa Msomi



UmKhabela phela naye uthi izwe likhu-  
lulekile nje ingoba basilwela.



1



2

Batho Pele training conducted by Miss S  
Mzila and Mr EJ Zuma.  
1&2 People were divided into groups and  
they were given tasks to work on as a  
group and one member of the group to  
report back on the groups finding.

## SPORT BUZZ

INdwedwe CHC iye yakuphinda lokho edume ngakho kwezemidlalo, ishaya kwasani, emidlalweni eyayi hlelwe iAppelsbosch Hospital, salala isibili kwibhola lomqakiswa kanjalo futhi nabafana bethu bazama nabo. Makhathaleni nonyaka siye savakashela iPoly Clinic(KwaMashu) nakhona futhi senza lokho abanye bazebasaba ukudlala Nathi.



1

uMnyango wakwa Sports and Recreation nawo kulonyaka uye wavakashela eNdwedwe ngaphansi kwe-siqubulo esithi “DLALA MSE-BENZI”, iminyango kahulumeni ngaphansi kweIlembe District iyona eyayishiyelana inkundla. uMnyango weZempilo kwibhola labafana kanjalo nakwelamantombazane wazihambela phambili kwazise phela iHealthy Lifestyle izinto zethu. Izithombe ziyixoxa kahle indaba 1.



2



3

Iqembe labafana bethu bomnyango weZempilo. 2. Amantombazane ellembe Health District. 2. Abafana nendebe abayiwina. 4. OSisters neyabo emva kokuhlula wonke amaqembu. 5. Ndwedwe CHC soccer team kanye noCoach uSam Dlela. 6. iNetball team yase Ndwedwe CHC, cha niyadlala bodadewethu. 7. La kwase kuculwa iculo elithi, Yonke lendawo uHealth uyaziwinela, njen-goba sasinqobe kwelezinyawo nelez-andla. 8. Lapha sasi stakhe eNewlands East simenywe yiKwa-Mashu CHC. 9. Abalandeli beqembu lakwa Health babesapota njenga ma supporters e Bloemfontein Celtic becula kumnandi, besifaka umfutho.



4



5

Iqembe labafana bethu bomnyango weZempilo. 2. Amantombazane ellembe Health District. 2. Abafana nendebe abayiwina. 4. OSisters neyabo emva kokuhlula wonke amaqembu. 5. Ndwedwe CHC soccer team kanye noCoach uSam Dlela. 6. iNetball team yase Ndwedwe CHC, cha niyadlala bodadewethu. 7. La kwase kuculwa iculo elithi, Yonke lendawo uHealth uyaziwinela, njen-goba sasinqobe kwelezinyawo nelez-andla. 8. Lapha sasi stakhe eNewlands East simenywe yiKwa-Mashu CHC. 9. Abalandeli beqembu lakwa Health babesapota njenga ma supporters e Bloemfontein Celtic becula kumnandi, besifaka umfutho.



6



7



8



9



Ndwedwe Community  
Health Centre  
Private Bag X528  
Ndwedwe  
4342

Phone: 032 532 3050  
Fax: 032 532 3628  
E-mail: slindile.mzila@kznhealth.gov.za



Wishing all staff members a  
great festive season, May this  
Christmas bring joy and happi-  
ness to you and your families,  
hope to see you next year.

**WOZA 2010!!!**



Unyaka wethu siwuphethe kabuhlungu ngokudlula emhlabeni kuka Miss D.P. Hadebe obekade engu CNP eNdwedwe CHC isikhathi eside, uSisi Dudu ufihliwe ngoMhaka 19 kuDecember 2009 eMnam-bithi, sithi kumndeni wakhe mabaqine bame isibindi ngoba namanje uNkulunkulu usami nabo. iManagement iyabonga kak-hulu nakulabo abaphumelela ukuyofihla usisi Dudu

