

Date:		Unit:	
Nurse/ Doctor assessed:			
Non-Compliant:	<80% compliance		
Compliant:	80-100% Compliance		

Equipment required:			
1. Real baby and mother/ manikin & assistant	2. KMC wrap/tie	3. Cap	4. Breast feeding observation tool

Scenario
State: "You are allocated as the baby nurse in the post natal unit. There is a new mother with a term baby, weighing 3200g. Introduce yourself, explain what you are going to do and assist the mother to put baby to breast."

NO.	INDICATOR	NC	C	Comment
Communicates with mother				
1.	Introduces herself			
2.	Asks how mother is and if she has any concerns			
3.	Explains that she will assist her with breast feeding			
Supports mother in breastfeeding baby				
4.	Washes hands			
5.	Identifies baby-checks ID band information			
6.	Ensures mother is comfortable and supported in any position mother chooses			
7.	Baby should not be crying			
8.	Assists/advises mother on how to position baby (baby's body & head straight- supported by mothers whole arm & facing mother with nose opposite nipple)			
9.	Mother cups breast in her palm with thumb above the nipple			
10.	Advises mother to touch her nipple to baby's lips to elicit rooting reflex (baby opens mouth and turns towards nipple)			
<i>Ask: "Please assess for/describe effective attachment (latching) and sucking"</i>				
Assesses attachment (Uses Breast feeding observation tool if necessary)				
11.	Baby's mouth is wide open and tongue is down			
12.	Baby takes nipple and areola into the mouth –with more areola visible above the mouth than below			
13.	Baby's bottom lip is curled out and chin touching breast with nose free			
14.	Clear jaw movement with slow deep sucks & pauses to breath			
15.	Mother is comfortable/pain free			
<i>Ask: "Please support mother in ending breast feeding session."</i>				
Supports mother and baby post breast feeding				
16.	Breaks sucking seal by sliding finger into baby's mouth			
17.	Winds baby in between and after feed particularly if baby is sleepy and tongue at top of the mouth with bluish tinge to lips			
18.	Gives feedback to mother regarding the breast feed			
19.	Secures baby in skin to skin position			
20.	Washes hands			
<i>Ask: "How long and how often should baby breast feed"</i>				
21.	Baby empties the breast before moving to the other breast.			
22.	Baby should feed on demand. This may be as frequently as every half hour-no longer than 3-4hrs.			
Totals				
Compliant total /22				
Final Percentage X100 =				%

In Discussion with the Individual:	
Gaps Identified:	
Action Plan:	

Assessed by:					
Sign:		Print:		Desig:	