



Date:				Unit:			
Health care worker- Name:				Designation:			
Trained in HBB: Y / N				Year:			
				Month:			
Non-Compliant (NC) Compliant (C) ** Critical items							
Equipment required:							
1. Resus. Mannequin		2. Resuscitation device (Ambubag)		3. Size 0 and 1 round facemasks			
4. Size 6,8 and 10 suction catheters		5. Handspray		6. Stethoscope			
7. Two towels/ blankets		8. Cap		9. Cord ties /clamp			
<i>State: "You are called to assist the birth of a term baby. There are no complications in the pregnancy, mother is fully dilated. Introduce yourself and show what you will do"</i>							
				NC		C	
						Comment	
Prepares for birth							
1. Introduces herself and prepares the mother							
2. Identifies a helper							
3. Makes an emergency plan							
4. Prepares the area for delivery (Clean, warm and well lit)							
5. Cleans hands							
6. Prepares an area for ventilation –turns resuscitaire on and ensures there is a temp probe							
7. Checks equipment-suction, oxygen							
8. Checks that resus trolley has been checked & is easily accessible							
9. Checks duck billed valve on resus device is present							
10. Checks pressure release valve is working							
11. Checks there are no leaks in the resus device **							
<i>Give baby to health care worker and say, "There was meconium in the amniotic fluid. The baby is delivered onto the mothers abdomen. Show how you will care for the baby."</i>							
Golden minute							
12. Dries thoroughly and removes wet cloth							
13. Covers with warm, dry towel and covers head							
14. Assesses breathing/crying (Asks or looks for breathing) **							
<i>State: "Baby is not crying." There is meconium blocking the mouth</i>							
15. Positions skin to skin on mothers chest with neck extended							
16. Clears airway **							
17. Stimulates breathing by rubbing the back							
18. Assesses breathing (Asks or looks for breathing) **							
<i>State: "Baby is crying."</i>							
Monitors with Mother							
19. Securely attaches the baby skin to skin							
20. Asks mother to continue feeling baby's breathing and assessing colour							
21. Communicates with mother and reassures							
22. Clamps and cuts the cord after a minimum of 1-3 minutes							
23. Assists mother with the establishment of breastfeeding							
Totals:				X0		X1	
Total:						/23*	
Percentage:							
Assessed By: Print				Sign:			

* Must achieve 80%

Use the questions below to help the participant reflect on his or her own performance and then provide feedback.

1. What happened at the birth?
2. Did you follow the Action Plan?
3. What went well and what could have gone better?
4. What did you learn?
5. What will you do differently next time?