

Date:		Unit:	
Nurse/Doctor assessed:			
Non-Compliant:	<80% Compliance		
Compliant:	80-100% Compliance		

Equipment required:			
1. Real baby and mother/ manikin & assistant	2. KMC wrap/tie	3. Cap	4. Nappy

NO.	INDICATOR	NC	C	Comment
<i>State: "You are allocated to caring for a new mother and baby in KMC unit. The baby is receiving NG feeds. The mother is feeling nervous about leaving neonatal unit and unsure about KMC. Introduce yourself, orientate the mother to the KMC unit routine/layout, describe the benefits and practice of KMC and assist mother to place baby in KMC position and feed her baby"</i>				
Educates /Orientates mother				
1.	Introduces her/himself			
2.	Reassures mother			
3.	Identifies baby-checks ID band information			
4.	Describes the layout of the unit including the mothers bed and locker and where the ablutions can be found			
<i>Prompt: "What support will the mother receive and what activities occur "</i>				
5.	Describes unit routine			
6.	Explains that the doctor will see the baby every day			
7.	Explains that mother will be supported during feeding			
8.	Explains that the baby will be observed 12hrly			
9.	Describes visiting policy—relaxed, open visiting hours during the day			
<i>Prompt: "Describe to the mother what are the benefits of KMC"</i>				
10.	Lists at least 3 benefits of KMC Baby <ul style="list-style-type: none"> • ↓mortality, hypothermia, sepsis, apnoea, stress, pain • ↑ sleep, growth, breast feeding, brain growth, social behavior Mother <ul style="list-style-type: none"> • ↑bonding, confidence, feelings of wellbeing, mental health, breast milk production 			
<i>Prompt: "Describe to the mother what the components of KMC are" (How is KMC practiced?)</i>				
11.	Describes <u>KMC position</u> -Baby nursed skin to skin on mother's chest with nappy and cap			
12.	Explains that baby must remain in KMC position at all times unless mother is using the ablutions			
13.	Describes <u>KMC nutrition</u> -baby receives only breast milk			
14.	Baby will gradually start breast feeding (wean from NG feeds) when he shows signs of readiness, and is at least 34 weeks			
15.	Describes <u>KMC discharge</u> - baby is discharged early when baby is stable, breast feeding, gaining weight, mum is confident and home circumstances are supportive			
16.	A score sheet will be used to assess readiness for discharge			
17.	Mother must return for follow up every week until baby weighs 2.5kg			
18.	Describes <u>KMC support</u> - The mother is supported in caring for her baby by health workers and at home by her family/community and the local Community Care Giver (CCG)			
<i>Ask: "Please transfer the baby to the mothers chest and secure it"</i>				
Preparation and transfer of baby to Mum				
19.	Nurse obtains KMC wrap/carrier/blanket used in the unit			
20.	Washes hands			
A. Totals				

Preparation and transfer of baby to Mum cont.		NC	C	Comment
21.	Ensures baby has a cap and clean nappy on			
22.	Ensures mother is comfortably seated with open fronted top			
23.	Holds arms and legs in midline while transferring baby to mum			
Secures baby in KMC position				
24.	Positions baby between mother's breasts maintaining flexed midline position			
25.	Mother holds baby in flexed position while nurse covers baby with KMC wrap			
26.	Nurse supports baby as mother moves hands on top of KMC wrap			
27.	Baby's head is turned to the side with the neck slightly extended			
28.	Wrap is positioned over baby's ears			
29.	Wrap is pulled tight securing baby's airway			
30.	Wrap is secured without a knot at the back			
31.	Mother is able to confidently stand and mobilise without supporting baby			
Ask: "How would you support and encourage the mother now?"				
Supports mother and baby				
32.	Asks if mother is comfortable			
33.	Asks mother to observe baby's breathing and colour			
34.	Asks mother to call her if she needs any assistance			
35.	Introduce her to the other mothers			
		A. Total		
		B. Total brought forward		
		Combined Totals		
		Compliant total /35		
		Final Percentage X 100 =		

In Discussion with the Individual:	
Gaps Identified:	
Action Plan:	

Assessed by:			
Sign:		Print:	
		Desig:	