

# KMC DISCHARGE SCORE SHEET

KMC Daily Score Sheet				Sign															
Date of birth:		KMC start date:		Date															
Score	0	1	2	Day															
<b>Breast fed</b>	<i>Score here for exclusive breast feeding</i>			<b>Details</b>															
Mom's milk production	None	Not enough	Enough	Must score 2 before discharge															
Positioning at breast	Needs help	Some help needed	Nohelp needed																
Baby's ability to suckle at breast	Tube fed	Breast AND cup or tube	Mainly breast																
<b>Formula fed</b>	<i>Score here for formula feeding</i>																		
Knowledge of formula preparation & cleaning	No knowledge	Some knowledge	Good knowledge	Must score 2 before discharge															
Positioning for feed	Depends on nurse	Needs some help	No help needed	Must score 2 before discharge															
Baby's ability to cup/ bottle feed	Tube fed	Cup and tube	Takes all feeds well by cup / bottle																
	<i>Score here all babies</i>																		
Socio-economic support	No family help or support	Occasional help / support	Good support system	Discuss home circumstances and support persons															
Confidence in handling baby (changing/bathing)	Always needs assistance	Occasionally needs assistance	No help needed																
Baby's weight gain / day	0 - 10 g/day	10 - 20 g/day	20 - 30 g/day	Must score 1 or 2 for a few days															
Confidence in giving oral medications	No confidence	Some confidence	Fully confident																
Mother's knowledge of KMC	Little knowledge	Some knowledge	Knowledgeable	Understands benefits, need for support and ongoing 24hr KMC till 2500g															
Acceptance & application of KMC	Does not accept / apply	Partially accepts or applies	Fully accepts or applies	Is the baby permanently in the KMC position?															
Confidence in caring for baby at home	Does not feel sure / able	Feels slightly sure / able	Feels confident	Is she returning to work/school? Understands need for ongoing follow up visits. Access to clinic/hosp?															
<b>Ready for discharge when the score is 19 or more</b>				<b>Total</b>															

Adapted from Groote Schuur Hospital and Kalafong KMC Unit