



NGWELEZANA NEWS HUB

NEWS

OUR PATIENTS / OUR PRIORITY

DECEMBER 2023

ANNUAL SERVICE EXCELLENCE AWARDS



ICU RECEIVING AWARD FROM DR BS MADLALA –CEO & MR TV NXUMALO -- FINANCE MANAGER

Ngwelezana Tertiary Hospital hosted a successful annual service excellence awards on the 24th November 2023. The event aimed at rewarding excellence to the ICU department and individuals that had worked beyond the call of duty in ensuring that patients receive quality health care services.

November 2023.

The event aimed at rewarding excellence to the

Dr B.S Madlala encouraged all staff members to continue

working with dedication and commitment. Employee of the year for 2023 category went to Ms Z.F Nyawo, a dedicated porter who work tirelessly and treat patients with respect and dignity they deserves.

01

PHOTO GALLERY



Ngwelezana staff during Awards



CCG's receiving an awards for community successful story



Ms. Z.F Nyawo receiving employee of the year award



CEO Awarded Oncology team for the best project for 2023



CEO& Nursing Manager awarding Waste Management as the best performing System component



CEO& Nursing Manager awarding HR Practices as the best performing HR component



CEO'S CORNER

I would like to take this opportunity to thank everyone on our Ngwelezana Hospital Team for the wonderful contributions each of you has made to the image of our institution over the last year.

In 2023 we achieved the following;

- We became Champions of the of the KCD Soccer Championship.
- PHC continues to shine and winning important accolades in Primary Health Care. For the first time in years, Ngwelezana Hospital is receiving more compliments than complaints. The ever disappointing issue of staff attitude has drastically reduced and is noted by a decrease in complaints related to staff attitude. This is a welcome relief as this reflect badly on us as healthcare workers.
- We are gradually increasing our Tertiary T1 services in line with our vision of developing a full package of Tertiary care (T1 services).
- Our Paediatric Burns unit has been revamped to include a State of the Art Outpatient Unit. We hope to fully utilize the unit by February 2023 after resolving staffing and operational plans for the unit.

2024 ushers in a new opportunity to make new resolutions in our quest to become one of the best tertiary institution in the province of KwaZulu-Natal and South Africa as whole. This should start with the self-belief that it is possible for Ngwelezana Hospital to be the best hospital through the provisions of niche services such as that of Cochlear Implant, Head and Neck Oncology and ground breaking Oncology Services. To be the best means that we have to focus on low lying fruits and easy wins. This is why we have decided that 2024 must be a year for Clinical Governance at Ngwelezana Hospital which has a patient-centred bias. All our activities whilst focusing on efficient and effective clinical governance will also ensure that this is undertaken with a clear focus on Patients Experience of Care. Our focus will be on the following;

Morbidity and Mortality Audits

- Documents audits (from Admission (Patient Admin) to discharge)
- Blood & Blood Product Audits, NHLS Audits,
- Pharmaceutical and Therapeutic Reviews, Antibiotic Stewardship etc.
- Clinical effectiveness etc.
- Quality Assurance and improvement reviews.

If we achieve the noble goals of this programmes, we will not be further from the goals of achieving our vision. I believe that we have the necessary expertise and skilled man and women that will assist us to achieve this goal. We have been shinning and there is no reason to diminish our ability to shine brighter and reveal to the province that indeed we are here.

Each one of you brings so much to our organization and I want to thank you for helping us achieve one of our most successful years yet as well as your efforts in advance to gradually parachute to envisaged position within the province and the country.

Thank you all for the incredible work you do every day and we say Cheers to 2024!! Happy new year to you and your loved ones!!!

03



Dr B.S. MADLALA-CHIEF EXECUTIVE OFFICER

It has been a challenging season for most of us in the past couple of years. One thing that kept me going after being away from Ngwelezana Hospital was that I knew that we had built a team well prepared to withstand any challenge and strong enough weather any strong winds aiming to derails the sails of our sailing boat. It is not surprising that on my return, I was pleasantly surprised that perception of Ngwelezana Hospital and its staff complement was indeed spot-on. Ngwelezana Hospital has not only improved but remains a caterpillar on its way of becoming a beautiful butterfly.

It is no doubt that 2023 has been a challenging year. We have battled the increasing cost of living with lack of substantial growth in our income. The adjustment post the COVID19 pandemic has been slow and demanding. We have experienced personal challenges within our homes and work places. It is my hope that whatever we have been through in 2023, as difficult as it was, helped us to grow the strength of resilience and the Never-Give-Up attitude. Despite all of the shortcomings of 2023,



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA



KwaZulu-Natal Department of Health



KZN Department of Health



kznhhealth



@kznhhealth



NGWELEZANA HOSPITAL CELEBRATE THE SUCCESS OF ITS YOUNG SURGEONS



Back row (Consultants) : Dr R Naidoo, Dr F Jalayemi, Dr J Mcalpine, Dr M Naidoo
Front row: Dr N Reddy, Dr. C Baars, Dr. L Fourie, Dr. M Mkhize

They have also demonstrated their commitment to providing quality health care to the citizens of Region 4, in line with the hospital's vision and mission.

The hospital's Chief Executive Officer, Dr BS Madlala, expressed his pride and appreciation for the doctors' achievements, saying: "We are very proud of our young surgeons, who have worked hard to pass their examinations and advance their careers.

They are an asset to our hospital and our community, and we wish them all the best for their future endeavours." (Dr Madlala to edit as necessary)

Ngwelezana Tertiary hospital has recently congratulated five of its junior medical officers who passed their surgery intermediate examinations.

The examinations are part of the postgraduate training programme for surgical professionals, which assesses their knowledge, skills and competence in various aspects of surgery.

The intermediate examination is the second of three examinations that must be completed before a medical doctor may register as a specialist Surgeon in South Africa.

The doctors (3 female and 2 male) who passed their examinations are:

- Dr Nicholas Reddy
- Dr Chiara Baars
- Dr Mvelo Mkhize
- Dr Luke Fourie
- Dr Emily Webber (relocated to Western Cape)

These young doctors have shown remarkable dedication and resilience, as they managed to balance their studies with their clinical duties at the very busy Ngwelezana Hospital Surgery, Trauma and Burns unit .

The doctors also thanked the hospital's staff, colleagues and especially the senior surgeons supervising them, for their support and guidance throughout their training.

They said they were grateful for the opportunity to learn and grow at the Ngwelezana Hospital, and they hoped to progress to training (registrar) posts at one of the various medical schools in South Africa.

UMHLATHUZE SUB-DISTRICT SCOOP AWARDS DURING KCD TB INDABA GALA DINNER & AWARDS CEREMONY



Ngwelezana hospital team during KDC TB Indaba

King Cetshwayo District hosted a successful TB indaba gala dinner & awards ceremony at Ulifa Lodge, Eshowe on the 30 November 2023.

The aim of the Gala dinner was to:

Regenerate TB recovery plan through Interaction with academics, government, non governmental and civil society stakeholders.

- Come up with innovative strategies to END TB as King Cetshwayo has high burden of TB, involving other stakeholders. e.g. Municipalities, Church leaders and traditional healers.

- Honour and encourage those that have worked very hard to prevent TB and improve the TB Cure rate for the district.

uMhlathuze sub-district scooped most of the awards as they went home with the following accolades :

- TPT initiation under 5 years: Ngwelezana Hospital,
- TPT initiation under 5 years :Ngwelezana Clinic,
- TPT initiation under 5 years above 90%: Ngwelezana Clinic,
- 3HP initiation (Adult TPT): Empangeni Clinic,
- U-LAM testing: Empangeni Clinic.

Ngwelezana Tertiary Hospital CEO Dr BS Madlala forwarded his gratitude for hard work and dedication shown by HAST team and all Clinics as they received most accolades during KCD TB indaba gala dinner.



HAST team led by Sr.N.C Biyela celebrating accolades



Sr N.C Biyela, Sr.Z Msane ,Ms. A.Z Kunene during TB Indaba



DIABETES AWARENESS

World Diabetes Awareness Day is celebrated annually on the November. Diabetes should be of a concern to us all as the number of people living with this disease is increasing rapidly.

This is largely due to our modern day life style – of large portions of food, takeaway and very little exercise. The public need to be informed that it is essential to make healthy lifestyle choices to prevent Diabetes.

Once a person has been diagnosed with Diabetes they must make lifestyle changes to manage the condition, just taking a tablet is not a solution!

As Health Care Professionals we communicate with people on a daily basis. The Dietetics Department decided to target Health Care Professionals this year so that we can all deliver accurate information to the public.

A talk was hosted in the auditorium for staff this focussed on weight control and healthy eating. The Dietetics Department also hosted a work shop for Nutrition Advisors this focused on using different educational methods to try and impress on the public that through a healthy lifestyle they can prevent and manage diabetes effectively.



Dieticians : Mrs S Swarts & Mrs. S Topham during diabetic talk

NUTRITION WEEK

Nutrition week was commemorated on the week of 9-15 October 2023. The aim of National Nutrition week was to create awareness of the importance of healthy eating. The burden of non-communicable diseases has increased remarkably. A poor diet is one of the leading causes of non-communicable diseases.

For us to be able to decrease this burden we need to be educating the communities on changing their diet. The theme for this year's National Nutrition Week was "Feel good with food".

To celebrate National Nutrition Week the Dietetics department had a healthy lifestyle competition for staff members. This competition ran from August to October where the focus was on changing their eating habits and lifestyle to be healthier.

Each participant was expected to do a challenge on a weekly basis and was then scored accordingly. The aim of these challenges were to teach the participants to incorporate the healthy lifestyle changes into their daily lives. Our winner for the challenge with the highest score was Nonhlanhla Mngomezulu from HR.



Dieticians handing over certificate to the winner Ms Nonhlanhla Mngomezulu



HANDING OVER OF BREAST PROSTHESES



Breast cancer survivors during the handing over of breast prosthetics

Ngwelezana Tertiary Hospital in collaboration with Reach for Recovery NGO hosted yet another successful silicone breast prostheses hand over to all breast cancer survivors who have completed their treatment.

Breast cancer procedure has a significant impact on patient's body image and confidence.

Patients were happy to received prostheses breast as they will gain their confidence and bring back the smile on their face.

"The treatments was really long and tiring. And while I was on my treatment , I was also struggling mentally and physically to juggle with my work and my family life, but because I was getting support from my family and Ngwelezana Hospital oncology clinic, I was able to finish my treatment." Said Ms Jacobs while sharing her breast cancer journey.

She encouraged all women to do regular breast cancer check ups & also emphasized that breast cancer is not a death sentence, it is treated when detected early.

WORLD AIDS DAY COMMEMORATION



Lighting of candle led by Matron Biyela

On the 30rd of November 2023 Ngwelezana Tertiary Hospital had a World aids day Event that was led by OM NC Biyela and NP A Gumede who focused on Men's health. This year event was more focusing on staff wellness. The essential purpose of the event was to unite and show support for people with and affected by HIV& AIDS, moreover to remember those who lost their lives through aids.

Organizing team in collaboration with staff wellness came up with the initiative to encourage staff members to live a healthy life style as activities such as aerobics were done to improve the quality of life of staff members with a believe of **"You can't enjoy easy wealth if you're not in good health"**

The event started by 08h30 where health awareness topics on HIV/AIDS were presented to the community at the hospital out patient department.

World Aids day activations were done at Sompho Lutheran Church on the 18th November 2023 and later went to Esikhahleni Mall near taxi rank on the 23 November 2023.



Ngwelezana staff members during Aerobics section during World Aids Day

ACKNOWLEDGEMENTS

EDITORIAL TEAM



Mr S.E Buthelezi
WRITER
PRO



DR. B.S Madlala
EDITOR
CEO



Mrs. N. Ntenganyane
EDITOR
RADIOGRAPHER



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

CONTACT DETAILS

Physical Address: Thanduyise Road
Ngwelezana township
Empangeni
3880

Postal Address: Private bag X 20021
Empangeni 3880

SWITCH BOARD:
035 901 7000

FAX NUMBER:
035 795 1684

Email address :
pro.ngwelezana@kznhealth.gov.za

09



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA



KwaZulu-Natal Department of Health



KZN Department of Health



kznhealth



@kznhealth

**GROWING
KWAZULU-NATAL
TOGETHER**