



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

NGWELEZANA TERTIARY HOSPITAL

NGWELEZANA NEWS HUB

NEWS

OUR PATIENTS / OUR PRIORITY

December 2025

HOD VISITS NGWELEZANA PEADS BURNS UNIT



HOD MS. PT MSIMANGO ,NGWELEZANA HOSPITAL TEAM LED BY DR B.S MADLALA & KCD TEAM .

On the 16 of June 2025, during youth day , Ngwelezana Tertiary Hospital was blessed by a visit from the Head Of Department Ms. P T Msimango.

The purpose of the visit was to view the new Pediatric Burns Out Patient Department that was donated by Carte Blanche Making

a Difference Trust in collaboration with South 32 Hillside Aluminum.

The visit was supported by King Cetshwayo district team led by Mr M Mbatha.

Dr. B.S Madlala led the walkabout to the department supported by Nursing management led by Matron Ngema.

Later on the day, we were also blessed by the visit from the former KZN Health HOD Dr Zungu who is now working for National Department of Health who also came to view Paediatric Burns Out Patient Department

Ngwelezana Tertiary Hospital management appreciated the visit from both National and KZN health team.

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CEOS MESSAGE



Dr. B.S Madlala:
Chief Executive Officer

To the nurses, doctors, clinical specialists, administrative staff, all support services and everyone working behind the scenes, Thank you!!!

The commitment and compassion you demonstrate daily, particularly during this challenging period and festive rush, are truly exceptional. While many celebrate with family, you are often here, offering comfort and healing.

This selflessness is the very heart of Ngwelezana Hospital. You are the heroes of our community and your dedication ensures that we remain a beacon of health and hope for all.

Our Commitment to Care

This Christmas, our mission remains clear: to provide excellent, equitable care to every patient who walks through our doors. As we look ahead to the New Year, we reaffirm our commitment to continuous improvement, enhanced patient safety, and fostering a supportive and professional environment for all our staff.

This season symbolized Hope, Giving and Goodwill, is a perfect moment to pause and reflect on the immense journey we have shared over the past year.

It is this year that we worked hard and got Accredited by the OHSC. This success is to each and every member of Ngwelezana Hospital staff who worked tirelessly to prepare and ensure we achieve this milestone. It was this year when we endured the stress of staff shortages and the resilience of Ngwelezana Hospital Staff to soldier on despite these challenges. Ngwelezana Hospital Management sends a big Cheer to all Hospital Staff Members.

We also send special thoughts to our patients who will be spending their holidays with us. We wish to commit to them that they are in the best possible hands, and that we will work tirelessly to ensure their comfort and well-being.

Ngwelezana Hospital Management would like to thank all of you for providing the gift of Care, Compassion and Hope 365 days a year and wishing you a season of Peace and Joy.

May your holiday season be filled with peace, moments of quite joy, and the warmth of togetherness, whether you are celebrating with family or with colleagues here at the hospital.

Hospital Management wish all of you, a Merry Christmas and a Healthy New Year for you and your families.

MERRY CHRISTMAS AND PROSPEROUS 2026.



NGWELEZANA HOSPITAL ANNUAL SERVICE EXCELLENCE AWARDS



Dr Milligan & Dr Douglas receiving their awards



Employee of the year Mr. S Mazibuko



Mr O Kunda awarding his nursing staff

Ngwelezana hospital hosted annual Services Excellence Awards on the 28th November 2025 at Umfolozi Casino.

The event aimed to boost employees morale , motivation and engagement by recognizing outstanding performance of individuals and departments.

The event was graced by the presence of the Acting District Director : Ms P Dlwati and other CEOs from King Cetshwayo District.

Special awards was presented to Dr Peter Milligan: HCD-Psychiatry who is retiring at the end of December 2025. He has been the pillar of psychiatry for region 3(KCD, Zululand & UMkhanyakude Districts).

The biggest award of the day, employee of the year awards was awarded to Mr. Siyabonga Mazibuko IT Technician for his hard work and dedication in resolving IT issues.

Dr. B.S Madlala thanked all staff members for their hard work and dedication towards service delivery , working with limited resources.

PHOTO GALLERY



Thokozani Clinic staff posing to the camera



PHC mx awarding top achiever in KZN for nursing diploma



Neurology dept receiving CEO's award



Acting DM Ms Dlwati & Guest speaker enjoying the event



Employees dressed to kill during the awards



Pharmacy team receiving the awards

KwaZulu-Natal Legislature Visit Ngwelezana Hospital



Dr. Keeka leading the team

On the 19th November 2025, Ngwelezana tertiary hospital was blessed by the visit from KwaZulu-Natal legislature.

The KZN health portfolio committee delegation led by Honorable Dr. I Keeka visited Ngwelezana Tertiary hospital for oversight visit.

The purpose of the oversight visit was to assess the state of readiness of health facilities during festive session.

Management was delighted by the visit and thanked the health portfolio for visiting Ngwelezana hospital.



KZN health delegation during the visit led by Mr. Langa



Dr. Madlala leading the official during walkabouts



Honorable members during the visit at ICU

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PROSTATE CANCER AWARENESS



Oncology team during the awareness

Prostate Cancer Awareness Month is commemorated every November. It is a global initiative to educate men and their families about prostate cancer, encourage regular screenings and promote early detection.

On the 09th November 2025, Ngwelezana hospital Oncology department led by the oncologist Dr. Cebekhulu hosted a prestigious prostate cancer awareness campaign at Ngwelezana hospital out patient department.

The event was blessed by Mr. Mthombeni who is a prostate cancer survivor. He encourage all men to regularly test for prostate cancer when you are in the age of 45 upwards.



Dr Cebekhulu handing over a gift to Mr Mthombeni

Dr. Zwane working at urology clinic gave detailed health education on prostate cancer including its signs and symptoms.



Dr. Zwane giving health education on prostate

ISIBAYA SAMADODA LAUNCH



Dr. B.S Madlala leading the delegation which attended Isibaya Samadoda Launch

On the 17th October 2025, Ngwelezana tertiary hospital men's forum hosted a successful re-launch of Isibaya Samadoda.

Isibaya Samadoda strongly aims to promote the well being of men and alleviate the health issues faced by men daily often contributing to detrimental social ills such as gender-based violence and inequality, substance abuse. The event was celebrated under the theme "*Mens Health, Zero Mens suicide*".

The launch was blessed by the attendance of Mr. M Ndlovu who was given the responsibility to lead the provincial Mens forum. He gave an inspiring speech motivate all males to be responsible for their actions.

Mr. P Mbambo from GEPF gave insight on Government Employees Pension Fund related issues as well as financial management.

Dr. Zwane gave health education of prostate cancer and its management as well as other health related issues affecting males.

Mr. M Hlophe from Thuthuzela Care Centre pleaded with all men to fight against the curbs of GBV and to love and protect women and children.

Dr B.S Madlala-CEO thanked Isibaya Samadoda forum for organising such a prestigious event and encourage all men to attend Isibaya Samadoda monthly meetings.

PHOTO GALLERY



Isibaya Samadoda committee handing over present to guest speaker



Organising committee led by Chairperson Dr .Ngema



Mr. M. Ndlovu Guest speaker



Amadoda aqotho listening carefully to speakers



Dr. B.S Madlala-CEO during Isibaya Samadoda



Isikhathi sogqoko

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Breast Cancer awareness campaign



Multi disciplinary team posing during the event



Radiology team looking beautiful



Breast cancer survivor with Oncology team

Ngwelezana hospital multi-disciplinary team comprising of Radiology ,Oncology and Out patients department hosted a successful Breast cancer awareness campaign at OPD on the 30th October 2025.

Month of October is observed as breast cancer month , it is time to create awareness and honor patients and families affected by breast cancer and reaffirm department of health strategy to equitable access to care and improve survival for all affected patients.

2025 breast cancer awareness was commemorated under the theme: *Every story is Unique, Every journey matters.*

All clinicians who were guest speakers encourage all women to regularly self examine the breast and immediately report any abnormalities to health care center and emphasized that early detection can save life.



Dr. B.S Madlala welcoming the community to the event.

PHARMACY WEEK



Pharmacy team during pharmacy week

Ngwelezana Hospital Pharmacy Department Celebrated Pharmacy Month with Excellence and Impact

In September 2025, Ngwelezana Hospital proudly celebrated Pharmacy Month, with the pharmacy department spearheading a series of exceptional initiatives marked by dedication, generosity, and enthusiasm. Their efforts not only strengthened the hospital community but also extended meaningful support to surrounding organizations in need.

The pharmacy team led a variety of fundraising activities, including food sales and a raffle, collectively raising a substantial amount of money. In addition, a collection of clothing and toys was organized for donation to various facilities, showcasing the team's strong commitment to uplifting vulnerable groups.

Throughout the month, patients and staff benefited from carefully planned initiatives. Weekly activities included light refreshments such as fruit, cupcakes, and yogurt, along with educational sessions addressing vital health topics such as cancer, tuberculosis, hypertension, and diabetes.

These initiatives reinforced the department's dual role in promoting wellness and patient education.

The funds raised were channeled into impactful community contributions, which included:

- Toiletries for Butterfly Homes, supporting children in palliative care
- Food items for the local hospice
- Medication and food supplies for Ikhaya Lika Baba
- Appliances and patient care packs for Ngwelezana Place of Safety
- Ten pairs of school shoes donated to Kangikho Primary School
- Gift packs for children admitted to the burns ward
- Patient care packs distributed within Ngwelezana Hospital

To foster team spirit and morale, pharmacy staff engaged in vibrant activities such as Spring Day, Crazy Socks Day, Sports Day, a pharmacy-themed 30-Seconds Challenge, Drug Side Effects Charades, Crazy Hat Day, and Heritage Day celebrations.



PHOTO GALLERY

These events not only encouraged participation but also created a lively, inclusive environment, with staff efforts acknowledged through refreshments and incentives.

Professional development remained a key focus, with in-service training on the Standard Treatment Guidelines for pharmacy staff. A collaborative meeting with ward nurses addressed operational challenges, resulting in the provision of tablet cutters to all wards—an initiative that directly improved medication dispensing efficiency.

The month concluded on a celebratory note with a raffle draw on September 23, where four winners received exciting prizes, bringing joy to both staff and patients.

Ngwelezana Hospital pharmacy extends its heartfelt gratitude to the pharmacy department staff for their exceptional leadership in organizing a memorable and impactful Pharmacy Month. Their dedication exemplifies the hospital's commitment to fostering a healthier, more compassionate environment for patients, staff, and the wider community.



Pharmacy team visit ikhaya lababa for donation



Pharmacy team during pharmacy week commemoration



Dr B.S Madlala & Matron Ngema receiving patient care packs donated by pharmacy



Pharmacy week commemoration

BOIKANYO THE DION HERSON FOUNDATION DONATED BUGGY WHEEL CHAIRS TO PATIENTS DIAGNOSED WITH CEREBRAL PALSY



All staff posing during Boikanyo foundation visit



KCD Occupational Therapy team



Out Reach Teams & patients care takers posing

On the 1st of September 2025, Ngwelezana Tertiary hospital was visited by Boikanyo Dion Herson Foundation to donate buggies to cerebral palsy patients identified by rehabilitation team around King Cetshwayo District.

The Boikanyo Dion Herson Foundation is a non-profit organization based in Gauteng. They collect condemned buggles from hospitals and communities, refurbish them and re issue them to needy children in different provinces in South Africa. They work with a team of advanced therapists who run their workshops free of charge.

Non-communicable diseases, including disability poses greatest threats to health and development of people living in low and middle-income countries as stated by World Health organization.

In Kwa-Zulu Natal, the number of estimated children with cerebral palsy is about 8.4%, although there is limited data on childhood, there is an association between decreasing children mortality rate and disability in children.

This is evident in the increasing number of children with developmental delay or cerebral palsy presenting to the health services. (KZN CP Policy 2023).

Assistive devices like Buggies form part of the basic needs for the severely affected children with cerebral palsy. There are used for positioning, transportation, social integration, family support, and leisure and community participation.

WOMENS DAY COMMEMORATION



Ladies dressed to kill



SCM staff looking beautiful



Our guest speaker receiving her present

Ngwelezana Tertiary Hospital hosted a prestigious annual women's day commemoration on the 11th August 2025 at Staff residence hall. This was an astonishingly glorious day where to honoured the stupendous deeds of women across Ngwelezana Hospital workforce with the message of the day being "accelerating Socio-economics opportunities for women empowerment."

The event was blessed by the presence of Miss Sonto Zungu who is serving as ABSA brach manager at Eshowe. She gave the key note address women with financial literacy.



Models ready to show case Manqosh Clothing during the fashion show

BURNS AWARENESS DAY



Ngwelezana staff visiting Ngwelezana Clinic for burns awareness campaign

As part of a recurring winter-preparedness initiative, the Burns Unit successfully led a two-day awareness campaign aimed at educating healthcare professionals and the community on burn-related injuries and their prevention.

The first session took place on 22 June 2025 at the staff residence hall, Ngwelezana Hospital, where doctors hosted a specialized wound care workshop. Attendees included nurses and other categories of staff, and sales representatives from different advanced wound care companies, all working together to share best practices and strengthen clinical knowledge.

On 23 June 2025, the second session was held at Ngwelezana Clinic, focusing on public education and outreach. The team was joined by representatives from Eskom and the Fire Department, who

provided vital safety talks. Key topics covered included:

- Aid and Home Management of Burns
- Electrical Safety and Fire Prevention

The Eskom team raised awareness about the hazards of unauthorized electricity installations, especially during periods of load shedding. Improper setups often result in dangerous power surges, leading to house fires when switches are turned on post-outage. The message was clear: professional installation is essential for household safety.

The Fire Department further emphasized fire prevention strategies and emergency response measures, urging community members to remain vigilant and informed.

This impactful campaign continues to empower communities and healthcare workers with practical knowledge, fostering safer environments and swift, informed action in the event of burns.



PHOTO GALLERY



Dr. BS Madlala-CEO welcoming esteemed guest



uMhlathuze fire fighter giving advise on how to manage fire



Eskom official speaking to the community



Dr. R Naidoo presenting during burns awareness day 1



Sister Lubuta during question and answer session



Sister XP Nyawo presenting during awareness

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WORLD HAEMOPHILIA DAY



Internal medicine medical team during World Haemophilia day commemoration

On the 30th April 2025, Ngwelezana Tertiary Hospital observed World Haemophilia Day with a dedicated awareness event held at the Outpatient Department.

The initiative aimed at educating the public about haemophilia, a rare yet serious blood disorder, and to extend support to individuals and families affected by the condition.

Haemophilia is characterized by the body's inability to produce sufficient blood-clotting proteins, which prevents

blood from clotting normally. As a result, individuals with haemophilia tend to bleed for extended periods following an injury. In severe cases, even minor incidents such as a bump on the head can lead to internal bleeding, including potentially life-threatening brain haemorrhages.

By hosting this event, the hospital reinforced its commitment to increasing public awareness and understanding of haemophilia and fostering an environment of support and solidarity for those living with this condition.

PHOTO GALLERY



OPD nurses engaging the community



Sister Msibi giving present to the guest speaker



Matron Biyela with internal Medicine team



Dr. Nkwanyana & his team during photo shoot



OPD Operational managers : Mr Boyce & Mrs Dladla



OPD team listen to speeches

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WELLNESS DAY



Managers participating in egg race game



Aerobics led by coach Myeni



Sister Sibiya screening staff during the event.

Ngwelezana Tertiary hospital hosted a vibrant Wellness Day on the 27th of March 2025, aimed at celebrating personal wellbeing, strengthening team spirit, and promoting healthy lifestyles across departments. The day was filled with energy and camaraderie as staff from all corners of the hospital came together for a series of friendly challenges and enriching activities.

Highlights Included:

- Team-building games that sparked laughter and collaboration: - A thrilling tug-of-war challenge that had departments cheering each other on.
- The classic egg-and-spoon race that tested balance and coordination.
- A hilarious three-legged race that proved partnership and trust is everything.
- Mind challenging games such as Chess, umlabalaba & 30 seconds game were strengthening strong mental health of our staff members.
- Management participation added excitement and encouragement, as leaders joined in the fun—proving wellness is a team-wide priority.

Dietetics Department gave engaging talks on healthy eating habits. They broke down practical serving sizes (like a fist-sized portion of starch or a palm-sized protein) and shared creative ways to build balanced meals for workdays and beyond.

This unforgettable day reminded us that wellness isn't just about physical health, it's about mental health, laughter, connection, and learning together.

Appreciation was forwarded to wellness team for organising the prestigious event.

HYPERTENSION DAY



Dr. Nkwanyana giving health awareness



Dr Xaba & OM Dladla during the awareness



Dieticians giving health education on healthy eating

On the 20th of May 2025 Ngwelezana Tertiary Hospital hosted a successful Hypertension Day to educate the staff and patients, specifically within the Outpatients Department, as part of an initiative to raise awareness among patients and empower the local community in managing hypertension more effectively.

According to the World Health Organization (WHO), hypertension remains a leading cause of health complications, contributing to approximately 50% of all heart disease and stroke cases worldwide. As it often presents no obvious symptoms, it continues to be known as a “silent killer,” with many individuals unaware of their condition until critical stages.

To manage high blood pressure, patients were encouraged to embrace healthier lifestyle habits—such as following a balanced diet, engaging in regular physical exercise, limiting alcohol intake, and quitting smoking. These changes are key to lowering blood pressure and reducing the risk of cardiovascular disease.

In 2025, World Hypertension Day was observed under the theme:

"Measure Your Blood Pressure Accurately, Control It, Live Longer"

This theme underscores the importance of accurate blood pressure monitoring and aims to combat low awareness levels—especially in low- and middle-income communities—by promoting precise measurement techniques and early intervention.

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