

# NGWELEZANA TERTIARY HOSPITAL "Our patients, our priority"

#### **NGWELEZANA NEWS HUB**



#### VACCINATION INFLUENCERS PROGRAM: KWA-DLANGEZWA HIGH SCHOOL





MEC's INFLUENCERS PROGRAMME Read more on page 02



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101 YRS OLD COVID 19 SURVIVOR Read more on page 10













# INFLUENCERS VACCINATION CAMPAIGN LEAD BY OUR HONORABLE MEC MS NOMAGUGU SIMELANE



KZN Health MEC Ms Nomagugu Simelane and influencers during the media interview

ZN Health MEC Ms Nomagugu Simelane visited Kwa-Dlangezwa high school vaccination site for influencers vaccination campaign.

The MEC have embark on the provincial road show to encourage communities on the importance of getting vaccinated.

During the media briefing, she stated that "It have been noted with concerns that elders in rural and township areas are reluctant to vaccinate while the majority of them are not covered with health insurance.

When engaging one on one with elders, it was revealed that perception created before vaccination came are impacting the vaccination drive negatively."

As a result the department created a multi program strategy to vaccinate influencers which are community leaders to encourage the elderly to vaccinate.

Amongst the influencers were KCDM Mayor CLLR Lindo Phungula, City of uMhlathuze mayor CLLR Mduduzi Mhlongo, Deputy Mayor CLLR Dudu Sibiya, Religious leaders, Traditional leaders & Traditional health practitioners.

2019 song of the year winner Maskandi artist Ntencane was also vaccinated during the programme.









# **PHOTO GALLEY**





MEC arrival at the vaccination site



Educators waiting to receive their jab



Elderly citizen motivating others to be vaccinated



DOH & DOE task team that was managing educators vaccination site at Kwa-Dlangezwa high school



KCDM Mayor CLLR Lindo Phungula getting his jab.











#### **HEAD OF DEPARTMENT, DR S.C TSHABALALA TOOK HIS JAB AT NGWELEZANA HOSPITAL**

n the 6th May 2021, Head of Health Dr Tshabalala received his COVID19 jab at Ngwelezana tertiary hospital vaccination site.

Dr. Tshabalala complimented the organization of the vaccination site. When addressing the staff, he stated that the process was very efficient, and the health care workers were extremely professional.

He further thanked the staff for dedication and commitment toward the vaccination campaign as they were able to reach the target of 800 Jonson & Jonson doses per day.



Dr. Tshabalala addressing the staff at Ngwelezana hospital vaccination site.

#### THE PIONEERS FOR COMMUNITY VACCINE ROLLOUT



is lead by the most hard working, phenomenal woman Mrs. BJ Kubheka. It is no doubt that the hard-

working term is preached down to the rest of her team.

We can never stress enough gratitude towards the role of outreach

gwelezana PHC Team team in enforcing the Vaccine roll out in communities and making sure that the process runs effectively.

> The team has been handling vaccination smoothly throughout the sites that were identified within . uMhlathuze Municipality catchment area.

Furthermore they have been going an extra mile doing door to door visits to those bed ridden citizens who are 60 years and above strugaling with movement.

Phase 2 of the vaccine roll out was introduced to people who are 60 years and above in May 2021. This group was identified as the most vulnerable because the risk of severe illness from COVID1-9 increases with age.

Educators were amongst government employees to be vaccinated first with Jonson & Jonson vaccine. Educators vaccination drive is progressing very well and the daily targets are met.

Up to date Ngwelezana hospital vaccination statistics are as follows:

Over 60 years; 9548

Over 50 years : 112

Educators: 3712











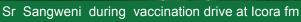
# **PHOTO GALLEY**















60 years & above vaccination station







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### **MALARIA DAY**

ccording to the health calendar, 25th of April 2021 is marked as the World Malaria day. Malaria is a mosquito-borne disease by parasite. People who are infected by Malaria are at risk and can even die. The peak period is usually in May and September where there is a high rise in Malaria infections.

Ngwelezana hospital commemorated Malaria day with The Malaria Control Program (Richards bay) in collaboration with Infection & Prevention Control department. The Malaria Control Programme visited Ngwelezana Hospital to educate patients and staff about Malaria.

Health Education and Training of clients and staff was offered.

Patients were encouraged to screen for Malaria.

There was question and answer session and patients were given gifts.



Malaria Control Programme team



Mrs Mthethwa IPC addressing patients in OPD

#### **HAND HYGIENE**

lobal Hand hygiene day is aimed at increasing awareness about the importance of handwashing. Hand washing is a general term that applies to either handwashing with soap, antiseptic hand wash, alcohol-based hand rub or Surgical hand hygiene/antisepsis.

Clean hands are the single most important factor in preventing the spread of pathogens and antibiotic resistance in healthcare settings. Hand hygiene reduces the incidence of healthcare associated infections.

Hand hygiene day is celebrated annually on 5 May, to mobilize people around the world to increase adherence to hand hygiene in health care facilities, thus protecting health care workers, patients and community from infections especially during this Covid period. Ngwelezana Hospital commemorated this day by holding hand wash campaign to remind employees the basics of hand wash and also to teach our patients the importance of hand washing.





Ngwelezana staff members during hand hygiene campaign.











Burns unit team led by ANM Tshabalala and O/M Lubuta during Burns awareness campaign

n a yearly basis, just before winter, a Burns awareness is being held to disseminate information to the community and Health care workers on issues pertaining to

Burns.

On the 25th May 2021, Burns Unit held a successful awareness at Ngwelezana Hospital.

Internal and external stake holders i.e. Doctors, Dieticians, Social workers, Occupational Therapists, Nurses, ESKOM representative and seven different sales representatives from advanced wound care companies were involved.

The event was divided into two sessions. The first session started at 07:30 till 09:30, where by the team visited Out Patient Department to give health talks on the following topics:

- Prevention of burns at home.
- First aid and management of burns at home

The second was all about empowering health personnel on burns management at the clinic level.

**THEME**: MANAGEMENT OF BURNS WOUNDS.











# **CLUBFOOT DAY**

orld Clubfoot Day, held on 3 June and designed to raise global awareness of clubfoot, is of special significance in Southern Africa where more than 11,000 children are born with clubfoot each year, around 2,000 of them in South Africa. With 150,000-200,000 children affected globally each year, the incidence rate in Southern Africa is considered high.

Clubfoot is the most common musculoskeletal birth defect globally. The baby is born with one or both feet twisted downwards and inwards, in a rigid position. If left untreated the child will be unable to wear shoes or walk normally, leading to a life of disability, isolation and pain. Unlike many other birth defects, Clubfoot is treatable.

At Ngwelezana Hospital, the club foot clinics are held every Friday in the Orthopaedic outpatient department. They treat approximately 50 patients a month and yield great results using the Ponseti method (serial plasters and maintenance boots).

Patient come from varies clinic and hospitals across Northern KZN. While partaking in recent small study, it was made clear that there isn't enough awareness of this deformity and this leads to late presentation or patients going untreated. The team at Ngwelezana Hospital would like to take this opportunity to spread awareness of Club Foot deformity, and further emphasize that it is a correctable deformity.



Medical team during the awareness



**Community listening to Club foot awareness** 















### **NURSES DAY**



Nursing management during the event



Student nurses saying the Nurses pledge



Nurses who attended Nursing day

urse's Day was commemorated on the 12 of May 2021 at the Ngwelezana Nursing College. The theme of the day was "A voice to lead- A vision for the future health care".

The event was attended by the College Educators, student nurses from Ngwelezana Nursing College and Ngwelezana nursing staff.

The atmosphere was pleasant & nurses were proud and excited to be part of the commemoration amidst the Corona Virus Pandemic.

The opening note was given by Dr LB Mthembu and an opening sermon was rendered by Pastor Msane.

Mrs N Mathonsi (AMN) disseminated a beautiful message of appreciation and selfless work ethics to the nurses. A heartfelt tribute to our fallen colleagues was expressed.

Candles were distributed and the lighting of the candle and reading of the Nurses Pledge was conducted, illuminating the occasion. A song "Take my life and let it be" was sung by all, befitting this momentous occasion. The event was concluded with a prayer. DENOSA donated hampers that were distributed to acknowledge their appreciation to the nurses.

A note by: Maya Angelou "As Nurses we have the opportunity to heal the heart, mind, soul and body of our patients, their families and ourselves. They may not remember your name but they will never forget the way you made them feel."















# NGWELEZANA TERTIARY HOSPITAL EMBRACES A 101 YEAR OLD COVID 19 SURVIVOR

he 101 year old heroin who resides in Mzingazi was thrilled with getting her vaccination after surviving Covid 19. Gogo Chithekile Hlabisa spent 4 weeks in Ngwelezana Hospital field hospital after being diagnosed Covid positive in the beginning of year 2021.

According to Gogo she thought that it was the end for her looking at her age and all other comorbidities that comes with old age. She has had chronic heart condition but through God's grace she pulled through and won the battle against the Covid 19 virus. She believes that God gave her all the strength that she needs and has kept her for so long.

After getting the jab, Gogo Chithekile encouraged everyone to take the vaccine. She further stated that she has been waiting for the vaccine ever since she head that it will be made available. The uMhlathuze city mayor, Mr M. Mhlongo was also present during the session, he showered Gogo with gifts.

Gogo responded well to the vaccine she had no complications after observation period. Mrs Mkhwanazi, Acting CEO Ngwelezana hospital informed the community about vaccination sites around Umhlathuze municipality. She further encourage 60 years and above to vaccinate.

Gogo Chithekile is proof that we can indeed survive the battle against Covid 19 if we follow all COVID-19 precautions.



Sr Manzini administering Covid 19 vaccine dose to Gogo. .



Gogo was showered with gifts



From right: Mr Ncalane Communications manager uMhlathuze, CLLR Mhlongo-mayor of uMhlathuze Municipality, Mrs Mkhwanazi-Acting CEO for Ngwelezana Tertiary hospital, Mr . Mjadu, Ms Muntu Hlabisa (family members)& Gogo Hlabisa









### **WORLD BLOOD DONOR DAY**



Mrs Mkhwanazi, the acting CEO donating blood.

orld blood donor day is commemorated annually on the 14 June in a global celebration of the million of people throughout the world who give their blood on a voluntary, unpaid basis to save lives of those in need.

This is an initiative by the World Health Organization (WHO) aimed to spread awareness about blood donation and the need for safe blood and blood products.

Blood is a precious resource that anyone can give someone in need. Blood donors provide the most essential service to the community by making a difference in the lives of those who need blood transfusion.

Participation in blood donation



is also rewarding because you get to receive free check up of your body functions, your blood pressure, body temperature, heart rate, hemoglobin/ iron levels. We kindly encourage all employees to participate in



Ngwelezana staff donating blood











### **JUNE 16: YOUTH COMMEMORATION**



Myaluza Security Netball Team

ealthy mind in a healthy body is equally to productive employee. Work and play is encouraged in the workplace because it yield positive results.

Health workers are central to the COVID-19 pandemic response. The current COVID-19 pandemic has put a massive strain to the health system & healthy employees. Work and play games assist in destressing and freshening our minds so that employees can provide acceptable service delivery to the community.

In commemoration of June 16 :Youth Day, Ngwelezana Tertiary hospital held an prestigious sports & recreation day. These were competitive internal games where different departments were playing each other for number one price.

Sport codes were Soccer , Netball & indigenous games. The winners were Doctors team in soccer category & Myaluza security in netball. The first place winners scored themselves team kits (Jersey & balls), trophies and medals.

Special gratitude goes to Sport & recreational committee for organizing the tournament. All sponsorship received from different organizations were much appreciated.



**Doctors Soccer Team** 



Chess game



Umlabalaba game









Psychology

Psychology

NGWELEZANA & QUEEN NANDI HOSPITAL STAFF MENTAL HEALTH SERVICES HELPLINE

063 854 6156







# FOR SUPPORT AND INFORMATION ABOUT MENTAL HEALTH SERVICES RELATING TO COVID – 19

- Book an appointment when in need of counselling services
- Referrals to appropriate services
- Obtain helpful resources for self-care

#### Email: phefumulamanje@gmail.com

Go online to the website:

phefumulamanje.wixsite.com/psychologyngw

Or use 24hr Healthcare Workers Care Network 0800212121 or SMS 43001

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### INTRODUCTION OF HOSPITAL BOARD MEMBERS

Ngwelezana Tertiary Hospital management is pleased to Introduce & welcome our new hospital board members. The hospital board was appointed by the MEC for Health Ms Nomagugu Simelane. They will serve the 3 years term (April 2021–21 March 2024).



MR. NW QWABE: CHAIRPERSON



MS .TP MKHIZE : BOARD **MEMBER** 



**CHAIRPERSON** 



MR. SM GUMEDE: BOARD **MEMBER** 



MS .TC NDLOVU: BOARD MEMBER



MS. NY MATHENJWA: BOARD **MEMBER** 



MR. LS GUMEDE: BOARD **MEMBER** 









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