



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

NGWELEZANA TERTIARY HOSPITAL

NGWELEZANA NEWS HUB

NEWS

OUR PATIENTS / OUR PRIORITY

June 2026

PRIMARY HEALTH CARE OUTREACH SERVICES



CHIEF EXECUTIVE OFFICER :DR BS MADLALA WITH NGWELEZANA TERTIARY HOSPITAL STAFF DURING ISIBHEDLELA KUBANTU EVENT

Ngwelezana Tertiary hospital hosted a successful outreach event at Esikhaleni township Evangelical Church, Ward 20 on the 30th of March 2026.

Ward 20 community led by Cllr Mthiyane came in numbers to access free health services in their

door steps. A total of 362 clients were consulted during the outreach event. These community outreach events are a testimony that the department of health is passionate and committed to rendering health services to disadvantaged communities.

Ngwelezana hospital CEO, Dr. BS Madlala thanked the community for

coming in numbers to receive health services & encouraged males to attend more of such outreach services in numbers as Mens clinic form part of the package of services rendered and males are prioritized.

CEO forwarded special gratitude to all staff members for their continuous dedication and commitment to serve the community with dignity.

01



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

PLEASE FOLLOW US
f o i g x d w
& visit: www.kznhealth.gov.za



PHOTO GALLERY



Elderly citizen taking vitals



Optometrist doing visual test to clients



Dr. B.S Madlala engaging clients



Amadoda awaiting for Men's Clinic Consultation



View of the registration station



Clients taking vital signs

02



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

PLEASE FOLLOW US
f y i s t w
& visit: www.kznhealth.gov.za



ISIBAYA SAMADODA

Mens Health month is officially observed in June in globally.

Ngwelezana Tertiary Hospital hosted a successful Isibaya Samadoda event on the 24th of July 2026 at Obizo-Empangeni under Inkosi Cebekhulu.

Isibaya Samadoda is a cultural and community program that focuses on men's health, mental wellness & social responsibility. It provides a safe space for Men to discuss health issues and other issues affecting men in their daily lives, such as alcohol and drug abuse.

The event was blessed by the presence of Prince Nhlanganiso Zulu from the royal house of the Zulu Kingdom.

During his speech, he emphasized the importance of Medical Male Circumcision (MMC) as one of the key strategies to curb the spread of HIV/AIDS.

He also encouraged all Men to refrain from instigating gender based violence in our families.

In conclusion, he presented Mens Clinic program that is designed to fast track males in Primary Health Care facilities and encouraged males to make use of the clinic.



Obizo Community listening attentively to speeches during the event



Umntwana Hlanganiso Zulu delivering his speech

Services that were offered on the day were MMC, prostate cancer screening, HIV&TB testing & treating of minor ailments. Through the support of our stakeholders, we had mobile x-ray truck

that was assisting with x-rays as part of examinations. Ndunankulu Cebekhulu appreciated department of health for rendering Mens health services to their door steps and encouraged the community to utilize Mens Clinic services.

NURSES DAY COMMEMORATION



Ngwelezana Hospital nurses during nurses day commemoration

Ngwelezana Tertiary hospital hosted a successful Nurses day Commemoration on the 20th of May 2026.at Ngwelezana hospital Auditorium.

Nurses are the backbone of the health system because they provide round the clock patient monitoring and care and act as vital advocates for patient well-being. It is important to acknowledge them.

The aim of the event was to acknowledge, appreciate the hardworking and dedicated nurses that work tirelessly to serve the community of region 3 namely ,King Cetshwayo, Zululand & UMkhanyakude.

The event was blessed by the presence of Mrs.Nene who is a veteran nurse who have served as the nurse for more than 35 years at Ngwelezana Hospital ,

As the guest speaker ,she reminded the nurses about the meaning of the Nurses pledge and encouraged all nurses to treat patients with dignity they deserve. and always portray positive staff attitude.

Dr. B.S Madlala , Chief Executive Officer thanked all nurses for their dedication and continuous commitment to assist our patients although they are working under difficult circumstances as there is shortage of staff within their departments.

PHOTO GALLERY



Nurses witnessing the event



Guest speaker receiving her token of appreciation



CEO addressing Nurses during the event



Nursing Manager leading the Nurses pledge



Lucky winner receiving his price



Ward C staff celebrating Nurses day

A WARM GRATITUDE FOR EXCELLENT SERVICE



From left : Ms. L Zitha; Audiologist , Z Mthimkhulu (Patient), Dr. L Setoaba, Ms Mthimkhulu & Dr. S Mthethwa

The KwaZulu Natal Auditory Implant Program team at Ngwelezana hospital keeps showing off their best clinical skills and positive attitudes towards their respectable patients. Ms. Zamahlubi Mthimkhulu recently came to express her gratitude to the implant team.

She is one of the successful cochlear implant candidates that was identified, assessed and implanted at Ngwelezana hospital. She had normal hearing from birth until the age of 27. She relocated from the shores of Zululand to work in Durban as a cashier. That career was short lived as she fell ill and came back home. She was diagnosed in 2012 with debilitating profound sensorineural hearing loss in both ears that

is permanent in nature. Ms. Mthimkhulu narrated her hearing loss journey *"I became deaf at the age of 27, it was very traumatic experience for me. I was coughing a lot when I went to the hospital to check what was going on."*

I discovered that I had MDR TB, I then started with treatment and slowly began to lose my hearing. I informed the doctor but there was nothing they could do to bring back my hearing. I then asked one of my relatives to place me on their medical aid so I can get cochlear implant at a private hospital. I began the process undergoing all the assessment required, just before I could finish I was removed from the medical aid. This broke me and left me so depressed, I just wanted to end my life that time. In the midst of me giving up, years later we heard about the KZNAIP at Ngwelezana hospital and came".story continues

The KZNAIP multidisciplinary team assessed the patient according to the implant criteria and the patient was deemed to be a good candidate based on their summary of results. She was then implanted on the left ear by the ENT Implant Surgeon Dr Lungile P. Setoaba and switched on by cochlear implant audiologist Ms. Lindokuhle N. Zitha.

After multiple Mapping sessions she continued with aural rehabilitation with both the audiologist and speech therapist Ms. Nomvelo Ndlovu. Patient started hearing sounds, speaking to clinicians and siblings at home. According to the speech therapist, the patient is progressing well and is able to participate in the hearing world using verbal communication.

"I thank God for the plans he had for me and a huge thanks to ENT & Audiology team at Ngwelezana hospital- you gave me sound and hope back" said Ms. Mthimkhulu.

The cochlear implant criteria is for all children and adults with hearing difficulties (severe to profound hearing loss) who do not benefit from hearing aids. They should be referred to the KZNAIP team. The team services the entire KZN area four. All health care professionals are urged to refer all patients young and old who have significant hearing loss affecting communication and quality of life to the KZNAIP team for appropriate assessment and intervention.

All referrals to be sent to the ENT or call 035 901 7167/ Audiology department (035 901 7255).

INTRODUCTION OF NEW HEAD OF CLINICAL UNIT :ENT



Dr. Lungile Setoaba– Head Clinical Unit : ENT

Dr. Lungile Setoaba - MBBCH(Wits),FCORL(Wits), MMed (Wits) - is a ENT Head and Neck surgeon practicing at Ngwelezane Tertiary hospital as a Head of Clinical Unit , she is also an honorary lecturer at UKZN.

She has interests in neuro-otology, lateral skull base and endoscopic ear surgery. She is currently one of the lead surgeons in the KZN Auditory implants unit which specialises in cochlear implants, bone conduction implants and middle ear implants.

She is also a member of Executive Committee in the ENT Society of South Africa.



WORLD HEARING AWARENESS DAY



Audiologists & ENT team



Mr. Luyanda Mahaye & Miss Lindelwa Mavundla
:Audiologist Comm service giving health education

The 3rd of March is dedicated to World Hearing awareness day. According to the World Health Organization (WHO) the theme for 2026 was “From communities to classrooms: hearing care for all children” Empower yourself to make ear and hearing care a reality for all.

The audiology department hosted world hearing awareness in three sites. At Umkhontokayise clinic, Masakhane High school and Ngwelezana Hospital. The team conducted health promotional talks and screening for patients and school going children.

According to WHO (2026), there is an estimation of about 95 million children and adolescents (5–19 years) that have disabling hearing loss and 34 million children need hearing rehabilitation services. In South Africa an estimation of 2.2% of children in urban primary schools show educationally significant hearing loss, up to 17.5% in some underserved rural clinic populations. Most common cause in school-age children is untreated middle-ear infections (otitis media). However, many cases are preventable or manageable with early action.

Implications of untreated hearing loss are Academic, social and emotional. Children often experience difficulty following lessons, delayed reading and spelling, poorer maths performance and have lower school achievement. Furthermore, socially they tend to have fewer friendships, withdrawal / isolation and often present with behavioural problems (frustration). Whereas emotionally they have low self-esteem, anxiety, feeling “different” which long-term reduces opportunities, lower confidence into adulthood.

Hearing screening is important for early detection → early help resulting in better outcomes.

NGWELEZANA SURGEONS CONTINUE A PROUD TRADITION OF ACADEMIC EXCELLENCE



Surgery team led by Dr. M Naidoo : HCU

Ngwelezana Tertiary Hospital's Department of General Surgery has once again demonstrated its enduring commitment to surgical training and academic excellence, with several junior doctors successfully passing the FCS (SA) Intermediate Part 1B examinations during 2025.

Pictured in the front row from left to right are Dr Jash Rajoo, Dr Sekoaere Malatji and Dr Naeem Shaik, all of whom achieved this important postgraduate milestone while working full-time in one of KwaZulu-Natal's busiest tertiary surgical units. The FCS 1B examination represents a critical step in the Fellowship pathway, assessing advanced applied surgical sciences and serving as a gateway toward specialist surgical training.

Another junior doctor who also passed this major examination hurdle is Dr Kapil Sevnanan, who has since relocated to a registrar training post in the Western Cape. While this success is celebrated, it also highlights a longstanding structural limitation: passing the FCS 1B examination often signals the completion of available training opportunities at Ngwelezana, necessitating further registrar training at other institutions.

The Head of Department of General Surgery, Trauma and Burns, Dr Maheshwar Naidoo, is actively working to enhance the academic standing and training capacity of Ngwelezana Tertiary Hospital. By 2027, he hopes to expand the department's accreditation to allow for three of the five years of the recommended surgical registrar training programme. At present, the department is accredited to train surgical registrars for two of the five years only.

Standing behind the successful candidates are the consultants who continue to anchor and mentor the programme: Dr Maheshwar Naidoo, Dr Funso Jolayemi, Dr Avin Dayanand and Dr Ravi Naidoo. Together, they form a senior leadership team that has cultivated a structured, disciplined and supportive training environment, despite persistent service pressures, staffing shortages and high clinical volumes.

Missing from the photograph, but not to be forgotten, is another key senior mentor, Dr Juan Macalpine, who was on leave on the day the photograph was taken and has played an important role in registrar and junior doctor mentorship within the department.

Ngwelezana Hospital has a long-established reputation for producing high-calibre young surgeons, with consistent examination success documented over more than a decade.

This latest achievement reflects not only the dedication and perseverance of the candidates, but also a departmental culture that values teaching, mentorship and academic rigour alongside service delivery.

Ngwelezana hospital CEO, Dr BS Madlala, has consistently emphasised that rural and regional hospitals must actively invest in training if they are to attract and retain motivated doctors. The continued success of Ngwelezana's candidates affirms that excellence in postgraduate surgical education is achievable outside major metropolitan centres.

As these doctors progress further along the surgical training pathway, their success reinforces Ngwelezana Tertiary Hospital's standing as a vital incubator of future surgical specialists for KwaZulu-Natal and South Africa.

INTRODUCTION OF NEW HEAD OF CLINICAL UNIT :ENT



Dr. A.E Alherek : Head Clinical Unit:

Dr A E A Alherek is a urologist graduated from college of medicine South Africa.

MBChB

FCUrol(SA)

Mmed UKZN

With urology experience since 2016.

Currently working as Head of clinical unit HCU of urology at Ngwelezana Tertiary Hospital.

He is responsible urologist for in patients and out patients units.

Also running the theater lists for urology and doing calls after hrs.

Participate in urology academic meeting as moderator /lectures.

Play an important rule in academic as well as clinical teaching for undergraduate and postgraduate student.

Have a lot of knowledge related to urology.

Also have 5 cases reports has been published.

HEALTHY LIFE STYLE AWARENESS DAY



Specsavers company doing visual screening for our staff

Ngwelezana Tertiary hospital hosted a successful Healthy life style awareness day commemoration on the 27th March 2026 at 192 building open space.

The purpose of the event was to raise awareness to employees about different health issues and promote healthy lifestyle and also to ensure healthy and safety of all employees in the hospital in order to achieve good health , physically and emotionally.

It has been noted that employees dedicate their own health serving the community forgetting about their health, this event was also to ensure that all employees have access to health services while on duty.

During the event, the following health screenings were done:

- Diabetes mellitus screening,
- Hypertension screening,
- Obesity screening,
- Sexually transmitted diseases screening,
- Tuberculosis screening,
- HIV Pre and post voluntary counselling and testing.
- Visual screenings

Activities such as Board games (chess & umlabalaba) , Egg and spoon race, Tug of war and Aerobics were done.

Health talk were presented by the dietician (Mrs. S Swart) who emphasized the importance of healthy eating.

HAST manager (Mrs. Biyela) gave health education on TB management & prevention as March is also commemorated as TB Month.

Dr. BS Madlala: CEO forwarded special gratitude to wellness team for organizing such prestigious event and encourage all employees to live a healthy lifestyle.



Dr BS Madlala-CEO playing board games with staff members



Mr Myeni leading aerobics during wellness day

PHOTO GALLERY



HAST manager Mrs Biyela leading TB team during wellness day



Dr. BS Madlala –CEO addressing staff during wellness day event



Patient Admin staff posing with their Manager Ms Khumalo during wellness day



Mrs. Swart -Dietician giving health education on healthy eating

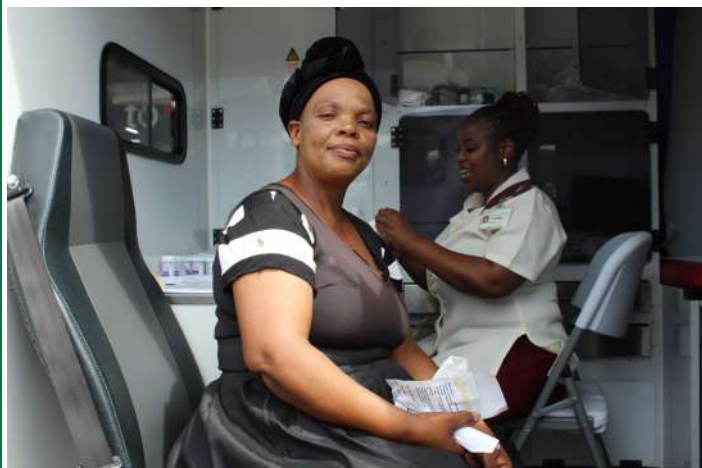


Staff playing games during wellness day



Organ Donation team stall

TUBERCULOSIS OUTREACH EVENT



Patient excited to receive health services



HAST team during visit at Esikhaleni Mall



HAST manager assisting a patient at UNIZUL

Tuberculosis (TB) is an airborne disease, an infectious disease caused by a bacteria called *Mycobacterium Tuberculae*. TB mainly damages the lungs by growing and causing local destruction.

It can also occur in some parts of the body outside the lungs such as the brain, larynx, lymph nodes, pleura, kidneys, bones and joints. These are called extra – pulmonary TB and are not infectious to others.

TB can spread in the air when people who have active TB are coughing, sneezing or singing. Despite Government intervention and the fact that TB is curable, it is still one of the top cause of death in

Ngwelezana Tertiary Hospital hosted a successful World TB day build up commemoration on the 6th of March 2026 at Esikhaleni Mall and activities continued on the 19-20 March 2026 at University of Zululand.

The emphasis in the National Strategic Plan on HIV, STIs and TB 2023-2028 has been to provide innovative, people and community – centred intervention and multi sectoral approaches to reduce the barriers and enhance access to equitable HIV, TB and STI prevention and treatment services.

Persons seeking treatment or evaluation for a particular STI should be screened for HIV and other STIs as indicated by community prevalence and individual risk factors.

The aim of the events was to:

- Educate the community about HIV and STI & TB .
- To educate community on PREP and healthy lifestyle.
- Screen for STI /HIV and TB.
- Engaging treatment interrupters back to care.

Special gratitude was forwarded to our supporting partner (Isibani NGO) for providing mobile X-ray and our team for commitment in fighting against the spread of TB.

WORLD KIDNEY COMMEMORATION & RENAL TRAINING



Ngwelezana Hospital Social Work team



Dr. Chiliza giving health education to patients



KCD professionals during the training

Chronic kidney disease is classified as a life limiting and threatening condition. It is one of the leading killer diseases in the world. Raising awareness on disease is critical public health is imperative because chronic kidney disease often develops silently without noticeable symptoms until advanced stages.

On the 13th March 2026, Ngwelezana Hospital Social work department in collaboration with renal unit has embark on a mission of creating awareness to conscientise and sensitize the community about kidney disease.

The other purpose of the event was to equip professionals to address the profound emotional, and psychosocial challenges of kidney disease such as fear, uncertainty, and support and adjustment to treatment to newly diagnosed patient.

The first session started at outpatient department where kidney health awareness was presented to the community by different specialist covering different topics.

Second sessions was focusing on the training of professionals. The training was attended by social workers from different institutions around KingCetshwayo District.



Mrs. Mashiyane : Social work Manager addressing patients

ACKNOWLEDGEMENTS

EDITORIAL TEAM



Mr. SE Buthelezi
WRITER
PRO



DR. B.S Madlala
EDITOR
CEO



Mrs. N Mkhize
EDITOR
M&E

CONTACT DETAILS

Physical Address: Thanduyise Road
Ngwelezana township
Empangeni
3880

15

SWITCH BOARD:
035 901 7000

FAX NUMBER:
035 795 1684

Postal Address: Private bag X 20021
Empangeni 3880

Email address :
pro.ngwelezana@kznhealth.gov.za



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

PLEASE FOLLOW US

& visit: www.kznhealth.gov.za

