



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

NGWELEZANA
TERTIARY HOSPITAL

NGWELEZANA NEWS HUB

NEWS

OUR PATIENTS / OUR PRIORITY

SEPTEMBER 2023

WOMENS DAY COMMEMORATION



Ngwelezana Tertiary Hospital hosted a prestigious annual women's day commemoration on the 11th August 2023 at Staff residence hall. This was an astonishingly glorious day

where to honoredthe stupendous deeds of women across Ngwelezana Hospital workforce with the message of the day *being "accelerating Socio-economics opportunities for women empowerment."*

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The event was blessed by the honourable Mrs. Thandeka Mchunu who is serving as a member of the National Assembly of South Africa . She gave the key note address, motivating women to be financially independent.

PHOTO GALLERY



Mrs. CNN Mkhwanazi -CEO & O/Ms.



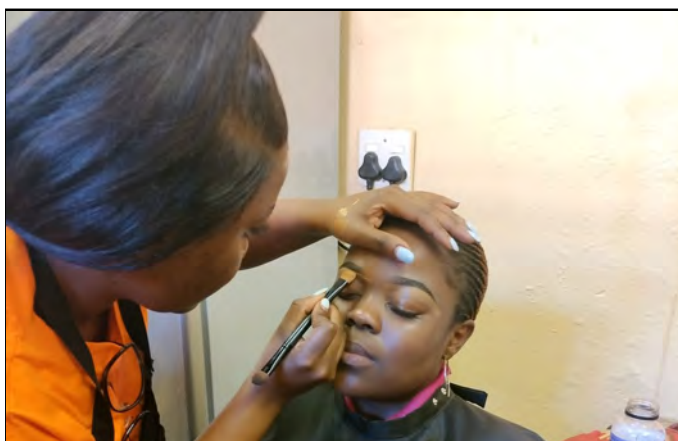
Imbokodo during women's day photo shoot



Best dressed winners receiving the cake



CEO giving a gift to a key note address speaker Mrs. T. Mchunu.



Modish salon doing facial makeup to staff member



Staff members enjoying the event



ISIBHEDLELA KUBANTU



MEC for Health Ms. Nomagugu Simelane , Mr. Maphisa & Dr Nyawo during health chat

Ngwelezana Tertiary Hospital in collaboration with King Cetshwayo Health District hosted a successful Isibhedlela kubantu programme on the 15 September 2023 at Madaka sport field ward 13, Esikhaleni.

The aim of isibhedlela Kubantu was to bring integrated hospital services to the people in the comfort of their community. It is the essential part of primary health care services which is aimed to ensure access and promotion of health services in communities.

Services that were rendered on the day were Dental, Mobile X ray, Optometry, Doctors consultations, pap smears, Men's Clinic , HAST services , comprehensive mobile clinic services, Occupational Therapy & Physiotherapy services.

Wheel chairs , walking sticks & spectacles were handed over to community members who needed them.

The community attended the program in numbers despite the unbearably hot weather conditions. The local leadership expressed gratitude to department of Health for bringing health services to their community.



Ngwelezana staff rendering services to the community



Client taking BP during isibhedlela kubantu



PHOTO GALLERY



Mens Clinic waiting area



Management visiting dental mobile bus



Vital sign station



Patient reading after being give spectacles



Mobile X-ray



Doctors consultation



PHARMACY MONTH COMMEMORATION

Pharmacy month occurs in September every year as part of efforts to promote appropriate use of medicines and to create awareness about the role that Pharmacy has in the health sector. The theme for Pharmacy Month 2023 was 'Pharmacy United in Promoting Healthcare for Patients'.

During this month, pharmacists were focussed on Promotion of Hand-washing as an important measure for infection control, encouraging and educating patients about knowing their vitals signs, education on immunisation, empowering the correct use of antibiotics ie. antimicrobial stewardship and empowering patients to be encouraged to ask questions about their medication, know their medication and side effects.

The Pharmacist Interns who were named the 'Pharmacy Champions' visited various departments within the hospital promoting pharmacy month.

As previously done in the past years, during the pharmacy Month, Ngwelezana Hospital will target the local school and donate school shoes to needy learners.

All staff members are encouraged to support the initiative by donating the box of school shoes before the end of October 2023.



PHARMACY STAFF DURING PHARMY MONTH COMMEMORATION



MR. ZULU GIVING HEALTH EDUCATION AT FMD OUTPATIENT

HEAD OF DEPARTMENT SUPPORT VISIT



District Director : Mrs. Hlophe, EXCO and staff members during HOD 's visit to the Renal unit

Head of the Department of health KZN Dr. S.C Tshabalala visited Ngwelezana Tertiary Hospital on the 3rd August 2023 for a support visit accompanied by KCD District Director Mrs. Hlophe.

His visit was divided in to two sessions, he first met with extended management and HOD's for engagements.

After the first sessions, he did a walk about visiting different departments. Ngwelezana Hospital staff members were honored to be visited by the HOD : Dr. S.C Tshabalala.



Left : Mrs. Hlophe –District Manager, Dr. SC Tshabalala-HOD & Mrs. CNN Mkhwanazi-CEO



Dr. Garach engaging HOD during emergency unit visit



CONTINUOUS AMBULATORY PERITONEAL DIALYSIS WORKSHOP



From left : Dr. N Zibi, Maretha Schoeman, Mrs Naidoo, Samira Badat, Dr Nonkala and Nancy Maistry

Ngwelezana Tertiary Hospital hosted its first Continuous Ambulatory Peritoneal Dialysis (CAPD) Workshop which was held on the 23rd of August 2023 at the hospital Staff Residence Hall.

The workshop was a joint effort between Adcock Ingram and Ngwelezana Hospital departments, i.e. Internal Medicine – Dr N Zibi, Inservice Coordinator – RN M Naidu, Organ and Transplant Coordinator- RN Z Ngcobo and Medical Assistant Manager Nursing – Mrs RNJ Ngema.

Two sessions of 3 hours each were held consisting of informative presentations by Adcock Ingram Maretha Schoeman on Physiology of Renal Conditions Susan Swart – Dietetics on Diets for Renal patients and Dr N Zibi – HCU for Internal Medicine on Complications of Peritoneal Dialysis.

Demonstrations for clinical procedures such as how to set up for dialysis including preparation of the patient for the procedure, PD catheter blockage, Care of PD site. Dr Nonkala from Edendale Hospital demonstrated the insertion of a CAPD catheter for the Doctors. The workshop was very interactive allowing attendees to do demonstrations (demo-backs).

The enthusiasm from the attendees was most fruitful. The skills and knowledge from this workshop will assist health care workers in providing a high quality treatment and care as well as allowing community's access to treatment at the nearest facility.

Thank you to all who assisted in this first ever workshop and hopefully there will be more in the future to broaden the training on this fast-growing service for our communities.



Dr. Nonkala demonstrating the insertion of CAPD catheter during the workshop

ORGAN DONOR MONTH COMMEMORATION

August is known as an Organ donor awareness month. According to South African Government website, South Africa is a world leader in the field of organ transplantation. However, while the number of patients waiting for transplants continues to increase the serious shortage of potential donors remains a great concern.

Organ donor foundation and transplant team commemorated this month by raising awareness of the lifesaving impact of organ, eye and tissue donors, and honoring those who have saved lives through the gift of donation.

Throughout the month, the team joined donation advocates across the nation to remind the public that we all have the power to save lives by registering as organ, eye, and tissue donors.

Every day there are opportunities within our local communities to help spread the word and educate others about the ongoing need for organ, eye, and tissue donation.

On the 28 August 2023, Organ donor coordinator visited ICORA FM to give health education on the important aspects of organ donation.

For more information on organ donation and how to register to be a donor please visit : <https://odf.org.za>



Sister Ngcobo : Organ donor & Transplant Co-ordinator



BREAST FEEDING WEEK AWARENESS



Ayanda Ndebele : Community Service Dietician during ICORA FM radio slot

World breast feeding week is an annual celebration which is held from the 1- 7 August. This year 2023, the world Breast feeding week theme was *“Enabling Breastfeeding. Making a difference for working parents.”* The theme emphasizes the necessary actions by policymakers , employers and colleagues to support continued exclusive breastfeeding in working women to their infants.

Community Service Dietitian for Ngwelezana Hospital visited ICORA FM on the 1st of August 2023 to give health awareness to the community about the importance of breast feeding.

During this interview the dietician elaborated on the importance of breastfeeding and how the community can assist working parents to be able to offer the most superior form of feeding to their infants.

Training session for Nursing College students was held on the 7 of August 2023. Topics that were highlighted during these two activities included: Laws protecting and promoting breastfeeding & practical ways employers can assist and support their employees so they can continue to breastfeed.

NGWELEZANA SOCCER TEAM CROWNED KING CESTHWAYO DISTRICT CHAMPIONS



Soccer team handing over trophies and soccer kit to EXCO



Soccer team crowned 2023 KCD Champions

King Cesthwayo District hosted a successful sports day at Eshowe town despite some challenges faced prior to the event.

All the hospitals under the district supported the sport day as they participated in the following sport codes: Soccer, Netball, Athletics, volley ball, Indigenous games and Chess.

Ngwelezana Tertiary Hospital soccer team was crowned Champions after defeating Eshowe hospital 1-0 on finals. The two hospitals have dominated the tournament fighting for the first place for more than 4 years.

Our Chess champion Mr Mncube dominated the chess game and was crowned the champion again in 2023 as he was defending his title.

Unfortunately our netball team could not defend their title as they were crowned as the champions last year. They were relegated in the first rounds of the knockout stages.



Champions trophies



ACKNOWLEDGEMENTS

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