



health

Department
Health
PROVINCE OF KWAZULU-NATAL

NORTHDALÉ HOSPITAL

NORTH NEWS

June—December 2016

FROM THE CEO'S DESK



MRS. B.C. MAPHANGA
HOSPITAL CEO

2 016 has been a very eventful year for all who accessed Northdale hospital. As the newly appointed CEO, I commenced duties at the hospital on the 17th of October 2016. At the outset I would like to place on record my sincere appreciation to the Hospital Board, Executive Management team and staff for the warm welcome that was afforded to me.

During the course of the year the hospital was audited by various teams within the health care system. The aim of the audit was to assess our readiness for accreditation and to determine the quality of care that we provide. The audits did reveal a few areas of deficit. I am however, pleased to note that systems have been put in place to address these gaps and that all staff are working consistently to correct these gaps and sustain improvement.

I believe that together the staff and the EXCO will be able to execute action plans timeously and effectively, so as to improve service delivery, and enable us to provide an effective, efficient and compassionate quality health care service, in an environment that promotes holistic healing.

As we approach the end of the year we would like to thank the Head Office, Hospital services, District Manager for her guidance and support, her district management team and our colleagues from other facilities in the district, for their assistance with audits and their openness and willingness to help us address the challenges that we were facing.

It would be remiss of me not to mention some of the highlights of the year.

1. Our Gateway clinic received silver status in the Ideal Clinic audit process
2. Clinics supported by the hospital were accredited this include:
 - Maguzu Clinic Gold
 - Mafakatini Clinic Gold
 - Balgowan Silver
 - Mpophomeni Silver
3. Our CCMDD programme has exceeded the target for the patients enrolled on the programme.
4. Nursery Department received gold status in the KINK audits.
5. Our Dietetics Department shared certificate for their efforts in combating malnutrition.
6. Our Gateway Clinic has now started registering patients on an electronic patient registration system.
7. We have also formalized provision of youth friendly and colposcopy services.

To the Management and staff of Northdale Hospital, I urge you to take this time to reflect on all our challenges and achievements. Let us commit to working tirelessly in 2017, so as to ensure that we, the staff of Northdale and our facility becomes a force to be reckoned with in so far as services delivery is concerned.

I would like to take this opportunity to wish you and your families a peaceful and safe festive season and New Year.

NURSERY DEPARTMENT GETS GOLD



The team that received a certificate of Special Recognition from the MEC for Health at the MASEA Awards.

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he staff of Nursery Department did us proud when they received a gold status in the KwaZulu-Natal Initiative for New Born care (KINK) audit. This programme focuses on improving neonatal health outcomes.

Operational Manager sister Deollal has also been identified as a master trainer for the KINK programme. This is a reflection of the level of experience our staff and the care that our neonates receive.

CHILD PROTECTION WEEK 2016



Staff Members and patients that took place in a march, led by Nurse Nkosi of MAA.

In commemoration of Child Protection Week Northdale Hospital Social Work Department, the Paediatric, Rehab and Crisis Centre team planned a number of activities around the hospital.

The program of the week was commenced with an educational talk by Karen Harden from Khethimpilo. She spoke to the youth that attends the Thembalethu Wellness Centre. Her talk focused on the importance of taking medication on time. She gave children an opportunity to share ways that helps them remember to take their medication thus empowering others.

Staff members were given the chance to exhibit their talent and stand a chance to win various prizes, by participating in a poster competition.

On the 03rd of June 2016 Northdale Staff members embarked on a march that was focused on:

- a) Creating an awareness
- b) Educating staff and patients on issues pertaining to Child Protection.

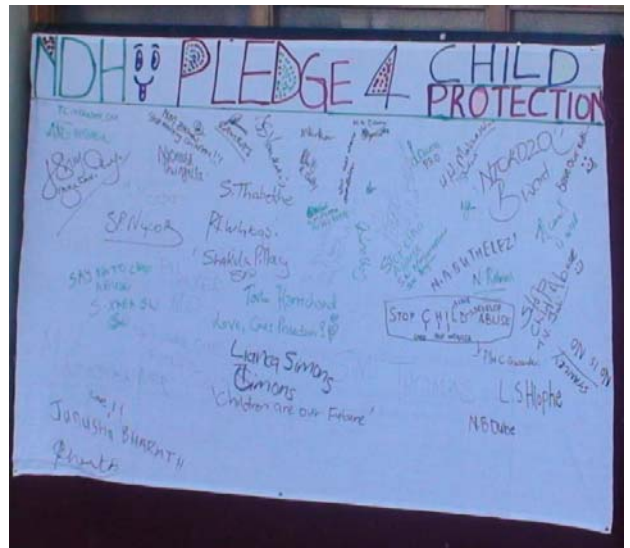
Our staff were joined by members of the SAPS, Youth Clinic, children from HS Ebrahim and other patients.

"NORTHDALE HOSPITAL PLEDGES 365 DAYS OF CHILD PROTECTION "

Child protection week continues



Patient education on child birth registration , which was done Mr. Msomi during Child Protection Week



PLEDGE THAT WAS SIGNED BY NDH STAFF



Poster and Pamphlet exhibition that was displayed for the whole week.



Above: Sister Bharath and Sister Simons of POPD receiving the Prize awarded to them as winners of the Poster Competition .



Left: Patients from the hospital participating in the march.

They were captured saying
 “ Phansi ngama blesser Phansi “

DISASTER DRILL

Mass Disasters not a very pretty scene and often leaves everyone stressed. However every hospital has to be able to respond to any disaster that can occur . Northdale Hospital conducted a mock disaster on the 21st of October 2016 to test the hospital's preparedness if the need arose.

Twenty casualties were brought into the hospital by the District Disaster Team. Of the twenty :

5 were Red

9 yellow and 6 Green Codes

On the same day fate decides to give us a real test when fifteen children were brought in to our Accident and Emergency Department with food poisoning. The patients were successfully treated by our Accident & Emergency staff.

The hospital preparedness was assessed by staff from Grey's, SAPS, EMRS and the Fire Department. It was well orchestrated exercise that proved that Northdale has the capacity to manage a disaster.

Special thanks goes to all students that participated n the drill posing as patients, relatives and journalists.



Left: As the bus comes into Ambulance bay area with patients. **Right:** Patient being carried out of the bus with a stretcher to Casualty.



Above: Green code patients waiting to be seen at POPD

Left: Yellow code patient treated in MAA

INFECTION CONTROL—HAND WASH DAY 2016



Above: Sisters Gramoney, Grendon, Muthalib, Naidoo, Sindhoo, Rajkumar, Moodley and Odayan.



Left: Ridgeview Primary learners who attended lessons on Hand washing

Right: Tokens that were given to the learners as prizes for the poster competition.



Northdale Hospital embarked on a handwashing drive on 1the 0 to 15 October 2016, as part of commemorating Global Handwashing Week. The actual Global Handwashing Day was on 15 October. The theme for this year was: **“MAKING HANDWASH A HABIT.”**

A number of activities were embarked upon throughout the week. The Dental Clinic and Pharmacy staff provided health education to the patients and demonstrated effective in their departments.

The IPC team visited Ridgeview Primary school in Northdale in an attempt to teach learners the importance of hand washing. They also had a colouring in competition, and distributed hand wash posters and alcohol based hand sprays to every classroom. On the last day of the campaign the team went back to the school and had a quiz in relation to handwashing. It was evident that they won the hearts of the learners with encouraging them making hand wash a habit. Prizes for hand wash posters were also awarded to the poster competition winners.

BREAST FEEDING AWARENESS



NURSING STAFF DEMONSTRATING WAYS OF EXPRESSING AND PRESERVING BREAST MILK .



Pregnant mothers also had fun as they were given a chance to dance and entertain others. There were prizes as well that were given to mothers when answering breast feeding related questions well.

On the 05th of August 2016 Northdale Hospital celebrated International Breast Feeding week. The main aim was to create awareness and emphasize the importance of breast feeding for both mothers and babies.

Northdale Hospital is MBFI accredited and it is only through the structured effort of the MBFI team that this status is being maintained. Apart from educating new mothers and pregnant women about breastfeeding, staff members were also reminded about the infant Breastfeeding Policy and encouraging this practice.

The programme for the day was well conducted by Sister Ngcobo—our MBFHI champion staff from all departments participated in the activities by playing skits to educate mothers on the advantages of breast feeding.

They were taught how to express and store their own breast milk. It was emphasized that breast milk is the best and the safest milk that can be given to their babies.

PHARMACY WEEK



On the 5th – 11th of September 2016 Northdale Hospital celebrated National Pharmacy Week in a very productive way. Preparations started early as the pharmacy staff embarked on a fundraising drive with the aim of contributing to a successful Pharmacy week that they had planned.

During the Pharmacy week, the team conducted daily Health Education talks to all clients in the Out Patients Departments. The talks were based on the theme for the year— USE MEDICINES SAFELY . Patients were given an opportunity to ask questions about any kind of medication and they were given information by our highly trained pharmacists.

A number of staff members were lucky and received different prizes from the daily competition conducted during pharmacy week. There was also a raffle which was competed for by NDH staff members and was won by Ms. Mlaba from Social Work Department

On the last day of the week pharmacy staff visited the Paediatric Wards and Pediatrics Out Patient Department. They handed out goodie bags to the sick children. This was a lovely gesture which was enjoyed by all. The goodie bags were donated by the pharmacy team.



Pharmacy staff as they were distributing Goodie bags to the children in POPD.



BREAST CANCER AWARENESS



October is Breast Cancer Awareness month and it was commemorated in style at Northdale Hospital. The event was coordinated by Surgical out Patients Department—SOPD staff.

SOPD staff sold roses and stickers to the hospital staff. Proceeds of the sales were forwarded to the Cancer Association of South Africa (CANSA).

They also organized shavathon amongst other activities.

Patients were educated on how to conduct a breast self examination and still others had examination performed for them. They were also told about the symptoms of Breast Cancer and how to access help should they require it.

OUT REACH



HAST TEAM—led by Mr. S. Pillay went on a door to door home visit in Jesmondene Informal Settlement near Panorama Gardens. This was well organised and supported by staff from different departments such as Orthopaedics, Gateway Clinic, IPC and Thembaletu Wellness Centre.

They rendered services such as TB testing HIV counselling and health education to the 78 patients that they found in the area. Some patients were referred to the hospital Gateway, Thembaletu clinic for further management.

E

very Friday is the youth clinic day in our Themba lethu Wellness Center. Youth clinic was developed as an initiative to encourage adherence to the young people on chronic.

The clinic has been running for 3 years and from last year 2015, Dr. John Mbaya and his team together with Social Work department decided to host Fun/Sport day for these young people. This year 2016, it was held on the 02nd of December 2016 in the hospital sport grounds and later to the hall in the nurses residents. Theme for the day—**TOGETHER WE CELEBRATE OUR ACHIEVEMENTS.**

The event was well attended by the youth and staff of Northdale. As part of talent show members of Adolescent and Youth Friendly Services—AYFS initiative gave motivational talks, danced and sang this was entertainment for the day. They were also awarded with certificates in acknowledgment of adherence with taking medication.

Special thanks goes to:

- Khethimpilo for providing refreshments for the day.
- Youth For Christ—Mazikhathale group for great entertainment.
- Northdale netball and soccer teams led by Mr. Thabethe for assistance with sport codes.
- Mr. Dos Santos for the entertainment.
- Mrs. Mbaya for organizing goodie bags.
- Social Work Department all your efforts did not go unnoticed.



Ladies from Mayikhethale group performing a touching play in relation to women abuse

Guest speaker for the day Thandekile Thusini a young motivational speaker, who gave special speech to the youth.



GATEWAY CLINIC OPEN DAY

On the 09th of November 2016 Gateway Clinic held its open day. The aim of the event was to educate patients and community at large on services rendered in Gateway clinic.

A lot was achieved on the event as 115 patients attended the event and got to be offered following services and information:

- Pap Smears
- Child Immunization
- Education on chronic medication.
- Family Planning.
- Youth Services etc.

Mrs. Rachel Soobiah chairperson of hospital board graced the event with her presence. It was a success and the optimum goal of the event was reached with no doubt.



Sister Gounden giving a talk on Chronic Conditions and Youth Services to the audience .



Sr Ndumo giving information on Child Health Services and ready to hand over the Token to the mother that answered the question during QUIZ TIME.



Left: Mr. Mangaza the HCT champion giving a talk on UTT and MMC to the audience

Right: Mrs. Rachel Soobiah—Hospital Board Chairperson



PHOTO GALLERY



The 8th of November is an annual initiative to raise awareness and interest in Radiography. Northdale hospital X-Ray Department celebrated theirs through giving out information to patients and staff. The department was decorated with all kinds of information/posters on Radiography. There was a viewing station for patients where they could read the posters on Radiography and look at x-rays on the viewing box. Patients that visited were given educational talks on radiation and Radiography.

There was a viewing station for doctors to look at interesting cases study's with x-rays and a lot of doctors showed interest and appreciated that. Patients were given butterflies made from discarded x-rays and balloons to the children that visited the department. The Radiology staff also enjoyed lunch that was sponsored in appreciation of the hard work performed. The dress code for the day was jeans and black T shirts



On the 25th of November 2016, Crisis Center held a Candle light ceremony Sister Maharaj led the team in commemoration of 16 days of activism.

Patients also took part in the event and they were made aware of the ways to prevent and report domestic violence.

Northdale Hospital declares war against Women and Children abuse.



The staff of Q Ward organized a birthday party for their patient Nancy Mkhize who was in the ward for 3 months.

Mkhize happened to be still admitted in hospital on her birthday and the nursing and medical decided to put money together and had a small celebration for Mkhize.

She was very happy with this gesture and she noted that this was one of her birthday she will never forget.

LANDING A HELPING HAND

Christmas came early for the three families in Ezinketheni Area. The hospital CEO Mrs. BC Maphanga together with her management team visited these families with the aim of giving them hope during this festive season. Families were identified by a local Community Care Giver and Hospital Social Work Department as worthy recipients for hampers.

Families were pampered with hamper that contained groceries, toiletries, seeds and gardening forks. They were encouraged to start their own vegetable gardens in order to ensure that they don't go hungry.

Special thanks goes to Bruce's Panel Shop and NCI Brokers for their assistance with donations.

Fighting Disease, Fighting Poverty, Giving Hope



HOSPITAL MANAGEMENT TEAM



MRS BC MAPHANGA
CEO



MRS J. WEBSTER
NURSING MANAGER



DR. MAG MOLLA
MEDICAL MANAGER



MR. R MOSIKILI
SYSTEMS MANAGER



ANDISIWE QEBEYI
FINANCE MANAGER

REVISED VISION , MISSION AND CORE VALUES

VISION

To provide an effective, efficient and compassionate quality health care service to our patients/ clients in an environment that promotes holistic healing.

Mission

By supporting the principles of PHC RE-Engineering, NHI and Batho Pele, we aim to promote a healthy, caring and safe environment by practicing Ubuntu.

Core Values

Trust

Honesty

Innovation

Team Work

Positive Attitude

Participative leadership

Good governance and integrity

Accountability and professionalism

Commitment, compassion and dedication

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