



health

Department:  
Health  
PROVINCE OF KWAZULU-NATAL

# NORTHDALÉ HOSPITAL

## NORTH NEWS

July–October 2017

### OPEN DAY 2017



On 29th of August 2017 the staff of Northdale Hospital hosted the annual Open Day event. The purpose of the day was to show case the work that is done in the hospital. It was also used as an opportunity to encourage community dialogue and gauge the feelings of the community in relation to the service rendered. The Open Day was well attended by local school Principals, Ward Counsellors, Hospital Board members, CCG's and various external stakeholders.

Northdale Hospital staff showcased their work through stunning displays that were fun but informative.

The day started with a short programme which was coordinated by Mr. K. Naicker (of Supply Chain, Northdale Hospital). The CEO provided an overview of the hospital and noted the performance indicators, vision and mission of the hospital. Mr. Pillay (PHC ANM) explained the referral pathways to and from Northdale Hospital and emphasized the utilization of PHC facilities.

Ms. Qebeyi (Finance Manager) spoke about the procedure to follow when registering a company on the Department of Health Data Base. A question and answer session provided more information to our guests. The event was well received and appreciated by all who participated.

Our gratitude is extended to the following sponsors who contributed to the success of the event:

Food for Life

Jen Box

Nedbank

Mr. Naidoo

Capitol Caterers

Shekinah Nursing School

Hospital Board



# OPEN DAY CONTINUES



Mrs. B.C. Maphanga—Northdale Hospital CEO giving an over view of the hospital.



Mrs. Rachel Soobiah giving a speech on how the community can assist in the smooth running of the hospital



Some of the displays of the day. The community was given a chance to understand the functioning of the hospital.



The Mayikhethele group—gave an outstanding dance performance and kept the audience entertained.



The hall was filled with community members from the areas that are served by Northdale Hospital.





# CONDOM DISTRIBUTION

**M**r. Lizwi Titima who works as a Lay Counselor noted that the number of clients who were newly infected with HIV was increasing. This prompted him to embark on an intensive drive to increase condom distribution within the community .

He identified local taverns, pubs, supermarkets and other businesses to serve as condom distribution sites. In total he identified 20 distribution sites around Northdale Hospital. Mr. Titima ensured that he distributed condoms either monthly or quarterly. He has since distributed 65 000 condoms from January 2017 to date.

The number of condoms distributed and education provided is indicative of our hospital commitment to looking after the health care needs of our community.

Well done Mr. Titima, your insight and initiative is commendable.



**Above:** One of the “condom stations” in a local tavern



**Above:** Mr. Titima handing over condoms to a tavern employee , where he also gave a brief health education on the use of condoms.

**Left:** a tavern owner takes a lead in promoting condom distribution and usage in his business.

He ensures that condoms are accessible in his tavern at all times.

# BREAST FEEDING AWARENESS 2017



Sister FR Ngcobo handing over a gift to one of the



Patients were given a chance to ask questions . They were also asked questions and were given gifts for their participation.

# W

orthdale Hospital celebrated International Breastfeeding week from the 07th—11th of August 2017. The aim was to create an awareness of, and emphasize the importance of breastfeeding for both mothers and babies.

The MBFI team started the week by giving talks in all the outpatient departments, so as to educate the public about the benefit of breastfeeding and dispel any discomfort that people may feel about breastfeeding.

Thembaletu clinic was included in the programme. Clients here were given information to help them understand that it is possible to breastfeed your baby even though you are HIV positive.

The programme was well coordinated by sister Ngcobo (our MBFI champion) and her team staff from all departments were involved in the activities by participating in skits to educate the mothers on the advantages of breastfeeding. Mothers were also taught how to express and share breast milk.

Some expectant fathers also attend and they got a chance to learn how to save money by promoting breastfeeding. The event was well received by all who participated and we are confident that our clients realise that

**‘ BREAST MILK IS THE BEST’**



# PHARMACY

**N**orthdale Hospital Pharmacy staff did not miss out on the opportunity to celebrate Pharmacy Month in September.

In preparation for the activities the staff embarked on a fundraising drive. They appealed to the sweet tooth of the staff by having a cake sale, which helped them to raise enough funds to support their pharmacy month events

During the Pharmacy month, the team conducted daily health education talks in the Out Patients Departments. The talks were based on the theme for the year— DON'T WAIT VACINATE NOW. Patients were given information and guidance on medication management by our highly trained pharmacy staff.

On the last day of the week pharmacy staff visited the Paediatric Wards and Pediatrics Out Patient Department. They handed out goodie bags to the sick children. This was a lovely gesture which was enjoyed by all. The goodie bags were donated by the pharmacy team.



Pharmacy staff as they were distributing goodie bags to the children in POPD, Paeds wards E & F.

Recipients ( kids and their mothers ) were very happy and thankful.



# MANDELA DAY

**N**elson Mandela said “ We can change the world and make it a better place. It is in your hands to make a difference”

In keeping with the spirit of making a difference Northdale Hospital staff celebrated Mandela Day by supporting two(2) indigent families in Eastwood and Cinderella Park, by providing them with food parcels and school uniforms. The EXCO team were joined by the local ward councillor and Deputy Minister of Environmental Affairs—Barbra Thompson, in helping both families to start a food garden. Seedlings and garden implements were donated by the hospital staff.

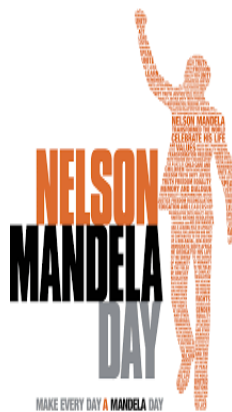
The families were identified during war room meetings which are attended by Mr. Pillay (PHC ANM). The families were ecstatic and appreciated our contribution to their livelihood.

This initiative was made possible through generosity of the staff of Northdale Hospital.

Thank you and well done in your efforts to make a difference!



A vegetable garden was initiated by hospital management



Groceries and uniform handed to the Mtolo family



**Left:** Groceries and school uniform handed to the Franklin family.

**Right:** Some of the items that were donated by Northdale Staff Members.



Human Resource department Team Collected money and bought fruits and snacks.

These were distributed to the paediatric departments.

The gesture was appreciated by the children and parents in the wards.

**Left and Right:** is the HR team with their goodie bags.





# HERITAGE DAY CELEBRATION 2017



Ms. Thobile Molefe one of the Programme directors for the day. " I am a humble and respectful Sotho girl , who was raised in Zululand" said Ms. Molefe when she introduced herself during the event.

# T

he heritage Day celebration, which took place on the 29th of September 2017 was the brainchild of the Northdale NEHAWU branch.

The celebration was aimed at acknowledging the different cultures within the hospital and embracing diversity.

It was a day filled with joy, songs and dance. It was thoroughly enjoyed by all who attended.



Mr. Sihle Makhaye the General Secretary—NEHAWU Northdale Branch. He was co hosting the event with Ms. Molefe .



**Above :** Mrs. J Webster—Nursing Manager

**Below :** Ms. Qebeyi—Finance Manager , Mrs. Webster , Mrs. Maphanga and The District Manager—Mrs. May Zuma Mkhonza.



**Above :** Mrs. BC Maphanga—Hospital CEO

**Below :** NEHAWU delegates from other institutions attended the event









# MEDICATION PICK UP POINTS

**M**edication pick up points were introduced so as to allow stable patients on chronic medicines, the opportunity to fetch their medication at an identified venue nearer their homes.

The aim of this project is to decongest the hospital, decrease the patients waiting times and provide easier access to their medicines by decreasing travel costs.

Success of this initiative is dependent on the goodwill of our networking partners who not only provide the valuable service to our clients, but also go the extra mile in providing a safe venue, basic support and sometimes refreshments. Best of all this service is provided free of charge and is manned by an amazing team of volunteers.

In the words of Helen Keller: “ alone we can do so little, but together we do so much”

Our deepest gratitude goes out to all the wonderful people who volunteer their time at our pick up points.

**Right :** Sabha hall celebrated it's 3rd Anniversary as a medicine pick up point. This point serves the community of Northdale and it has enrolled more than plus minus 700 patients to date who collect in a monthly basis.



**Above:** Ms. Jenifer Myburgh—the coordinator for Eastwood pick up point was very delighted that Northdale Hospital Management honored her invitation to the center.



## CONGRATULATIONS!!!

Northdale Hospital scores 89% in the NCS Peer Review Audit .

Congratulations OM V. Gramoney and Staff Nurse Prudence Mardondo

For receiving a certificate of commendation from Khethimpilo for PICT

Northdale Gateway Clinic scores 90% in the NCS audit and achieves GOLD status in the Ideal Clinic assessment .

Hand Wash Certificate

# DIWALI CELEBRATION



The staff of Northdale Hospital organized a hugely successful Diwali celebration.

Staff were welcomed by Mrs. Maphanga( CEO) who also acknowledged the significance of Diwali. Dr Maistry conducted the service and provided the key note address on the significance of Diwali. He incorporated in his talk the theme of the day which was “ Culturally many, spiritually one” he was supported in his message by the programme director (Matron Harrichand), who explained the significance of Diwali as a festival that symbolizes the victory of light over darkness, knowledge over ignorance, good over evil and hope over despair.

A local band contributed by the rendering of melodious Indian religious music. A scrumptious vegetarian meal and sweet meats.

Our gratitude is once again extended to ISCKON Food for Life—for the lovely meal and the band for the beautiful music.

Sister Pillay of (Operational Manager—Casualty Department) .



**Right:** Mrs. Maphanga the CEO and Ms. Ndlovu in their beautiful attire.

**Top Left:** the event was attended by all categories of staff in the hospital.

**Middle left:** Mrs. Sivraman—QA Manager doing the vote of thanks.

**Bottom left:** Matron Harrichand who was the programme director for the day





# PLAY AREA UP GRADE

P

lay therapy is an important aspect in the healing of our paediatric patients. The play area that was used by them was in need of an upgrade after years of use.

Following a presentation by Compass Waste Services on their CSI projects, the Northdale Hospital management team invited them to assess that play area which was in need of refurbishment.

Compass Waste, as a part of their CSI project undertook to revamp the play area by: painting the jungle gym, varnishing the swing poles and stabilizing the seats and ropes. A new play-house with wooden stove and washing machine was installed in the play area. They further went on to add a flower box with plants and bench for the lodger mothers to sit on while keeping their playing children under their watchful eye.

“It is a long day in a hospital bed, especially for children, and we are so glad we could play a small part in making it more enjoyable for them and their parents,” says Carol Coleman, head of corporate affairs for Compass.

**Thank you COMPASS**

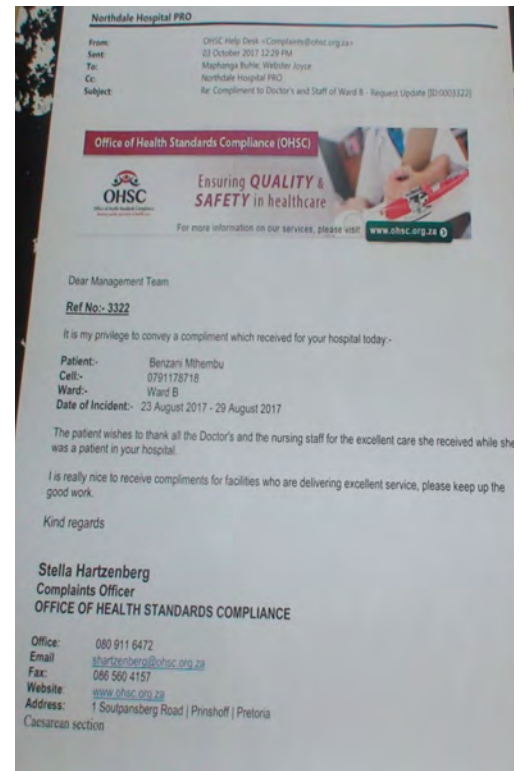
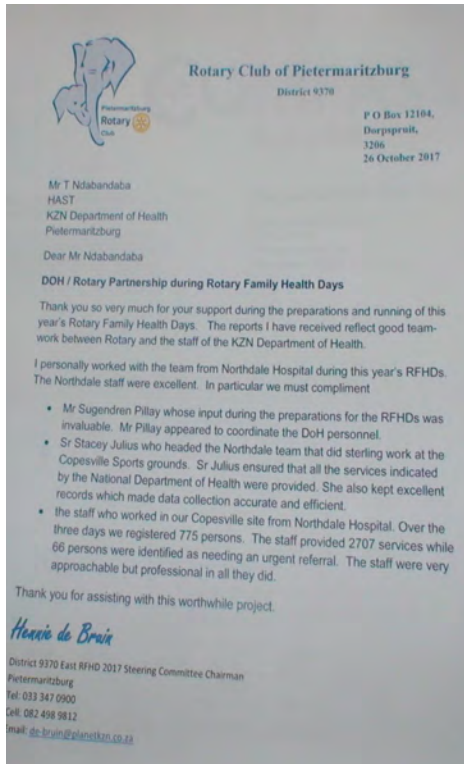


**Back Row:** Carol Coleman (head of Corporate Affairs—Compass Waste,) Sister Mkhabela (in charge of Paediatric Ward ), Mr. Ready Mosikili—Systems Manager , Mr. Zondo—M& E manager and Mr. Cele HR Manager.

**Front Row:** Fanele— Waste Management Intern, Mrs., Joyce Webster—Nursing Manager, Dr Molla—Medical Manager and Ms. Andisiwe Qebeyi—Finance Manager



# COMPLIMENTS



## MEET THE HUMAN RESOURCE MANAGER



**Mr. Sifiso Cele - Human Resource Manager.**

**Phone number: 033 387 9017**

**Email: [sifiso.cele@kznhealth.gov.za](mailto:sifiso.cele@kznhealth.gov.za)**

**N**orthdale Hospital has been without a Human Resource Manager for more than a year.

It is with great pleasure that we introduce Mr. Sifiso Cele, who joined Northdale hospital from the 1st of October 2017.

Mr. Cele is not new in the department of Health. He has worked as a Human Resource Manager for more than 10 years and has all the experience required as a Human Resource Manager.

His appointment is welcomed by Northdale Hospital Management, Hospital Board and Staff.



# OBITUARY

**A**dmist all the exciting happenings at our hospital, we were also faced with moments of immense sadness.

Mr. Adrian Diedricks ( Operational Manager—A& E Department) passed away in July after a long illness.

Mr. Rajkumar Singh - Handyman Fitter passed away, while performing his duties at work.

The death of both these long serving dedicated members of staff have left all of us reeling in shock and sadness. Their contribution to our hospital and the community we serve cannot be measured.

Our deepest and sincere condolences goes to all those staff members who have lost a loved one to death.



Mr. Adrian Diedricks  
Operational Manager  
A& E Department)



Mr. Rajkumar Singh  
Handyman Fitter—  
Maintenance Department

# ACKNOWLEDGEMENTS



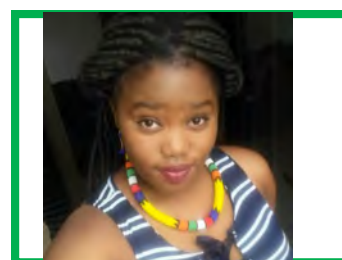
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