PREVENT COVID-19

THE NORTH NEWS

COVID-19

DRTHDALE HOSPITAL

March 2021

NORTHDALE HOSPITAL
STAFF EN-ROUTE TO
EDENDALE HOSPITAL
FOR THEIR JOHNSON &
JOHNSON COVID-19
VACCINATION.







STAFF VACCINATION



NDH SOCIAL WORKERS



NDH FRONT LINERS



TB CAN BE CURED



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JOHNSON & JOHNSON VACCINES BRING EXCITEMENT TO NORTHDALE'S FRONTLINE WORKERS.

The 05th March 2021 - a great day to be remembered by frontline workers at Northdale Hospital. This is the day that about 50 health care workers from Northdale hospital received the much awaited Johnson & Johnson vaccine. The KZN Department of Health at UMgungundlovu District had identified Edendale hospital as a central point to enroll the vaccination programme.

Sr S. Mkhize, Operational Manager of R ward at Northdale hospital was amongst the first group to receive the Johnson & Johnson COVID-19 vaccine. When interviewed by PRO about her experience Sr Mkhize responded and said "I am happy to be vaccinated and I'm feeling well I don't feel any pains. I want to encourage everyone to register so that we all get vaccinated".



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JOHNSON & JOHNSON VACCINES BRING EXCITEMENT TO NORTHDALE'S FRONTLINE WORKERS.

HAST Coordinator and Acting ANM of Out Patient Department at Northdale Hospital, Sr Ulentra Chetty highlighted that "Frontline care workers have to be vaccinated because the vaccine is a lifesaving intervention against COVID-19. This is an intervention that can protect our colleagues, families and loved ones from COVID-19".

The vaccination programme continues and the numbers of health care workers who getting vaccinated is increasing.

Staff who have been vaccinated were encouraged to continue wearing their PPE's even after receiving the vaccine. The practice of wearing a mask, hand washing and sanitizing and social distancing was emphasized.





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From Left: Ms. Mthobisi Mlaba (Social worker), Ms. Smangele Mngomezulu (Acting Supervisor), Mrs. Happy Makhathini (Social Auxiliary worker), Mrs. Nokuthula Mthembu (Social worker)

Northdale hospital social work department is an imperative department that operates within the hospital. The function of this department is to provide therapeutic services to all patients admitted in the hospital. This includes adults, children and psychiatric patient. Their operating hours are from 07h30 to 16h00 from

Services provided are as follows:

Monday to Friday.

- Elderly care (psycho-social assessment of patients home circumstances)
- Abandoned babies (provision of counselling and awareness to mothers of babies and placement in alternative care facilities for babies)
- Substance abuse (Referring patient to rehabilitation centres or outpatient programs like SANCA)

- HIV/AIDS prevention and management (providing counselling and awareness, therapeutic groups for youth from Thembalethu clinic)
- Psychiatric health care (placement to alternative care; which include application of relevant documents like I.D's and application of disability grant)
- Various forms of abuse and treatment compliance

Tracing families of patients.

There are challenges that the department is facing. Some of these challenges include difficulties finding placement for patients that have been abandoned, difficulties with grant application and often to deal with difficult patient. However the department works hard to overcome those daily challenges.

There are many external stakeholders which Northdale hospital social work department works hand in hand with including SAS-SA, HOME AFFAIRS to mention a few.



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FRONTLINE FRIENDS SHOW SUPPORT TO NURSES AT NORTHDALE HOSPITAL

When COVID -19 struck during the second wave, **FRONTLINE FRIENDS** a private organisation visited Northdale hospital to say thank you to health care workers. 600 nurses were acknowledged for their efforts and their commitment to fighting COVID- 19.

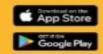
This generous organisation donated sanitizers, and brought cakes and doughnuts for the nursing staff to enjoy during their tea time. This initiative warmly received by the nursing staff.

The Assistant Nursing Manager of the medical wards Ms. T. Ndlela thanked the Frontline Friends for their generous and acknowledgement of health care workers. "We are so grateful as nursing department at Northdale hospital for this donation because it demonstrates to us that what we are doing as nurses has a positive impact on the community".

"This activity of appreciating nurses also boosts the moral of staff and it encourages each and every one of us to work beyond the call of duty". She said.



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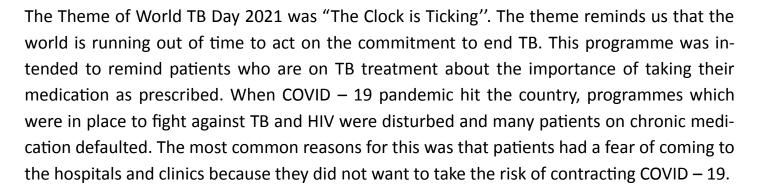






"THE CLOCK IS TICKING"

The 24th of March is world BT day and Northdale hospital celebrated it by providing health education to patients regarding Tuberculosis. The purpose of the programme was to raise public awareness about the possible consequences of TB in a person's life.



During the TB awareness campaign patients were educated about the importance of voluntary screening for TB. Patients were informed that TB screening can benefit people who are at risk of getting the disease, as early detection and treatment can improve their outcomes. It can also benefit entire communities at higher risk for TB, by reducing the prevalence of TB disease and preventing future people from falling ill.

Patients were also educated on how to identify the symptoms of TB. These symptoms include coughing for a period that lasts more than two weeks, Loss of appetite and unintentional weight loss, Fever, and Night sweats.



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COMPLIMENT

Appreciation for care at Northdale Hospital



he Jossie family would like to give our heartfelt appreciation to Northdale Hospital R ward for the care and compassion that was given to our mum, Gloria Mathurray. With all the negativity that was going around social media regarding the hospital, we want to share our appreciation in memory of her.

Our mum was in hospital for 13 days from January 18 to January 31, 2021. She was given the utmost care by the doctors, nurses and all that attended to her while being there. We used to phone every day to find out about her progress.

Mrs. Mkize made it her duty to keep us informed daily. She was polite and caring towards us in relaying our mother's progress. When mum's condition became critical, we were given the chance to go to the hospital and see her. There again, the nurses were compassionate and Mrs. Mkize gave us the full, detailed story regarding

mum's health.

We got to spend some time with our mother before she died. We even tried to feed her. We were so thankful for the opportunity, especially because of Covid-19 protocols under which no visitors were allowed. We used to phone many times a day and the nurses were always helpful and never complained. Even the doctors on duty kept us updated.

We appreciate the care that was given to her by all that were on duty for the duration of her stay and her last days. We don't know each healthcare worker by name, but we acknowledge you and we remain so thankful for each on of you and the role you played in caring for our mother.

May God richly bless the doctors, matrons and nursing staff of R ward at Northdale Hospital. The Jossie family salu'es each one of you.

Jossie familly



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