

OCTOCER-DECEMBER 2015

ISSUE 7

# MEET NSELENI CHC BOARD MEMBERS AND EXCO

**NSELENI CHC** 

NEWSLETTER



**From left to Right in back raw :** Mr. M.V Manqele, Mr. W. M Radebe , Mrs. M.F Mthethwa, Mr. E.M Biyela, Mr T.S Nhlapo Pharmacy Manager/ Acting CEO, Mr. G.F Zondi, Mr. M.M Ntengenyane IPC and Acting M&E, Mrs. N.P. Ndlovu HR Manager.

**Sited from left to right :** Pastor J.F. Myaka, Mrs. B.L Mavundla Nurse Manager, Ms. K. Kuboni System Manager, Ms. M.R Mthembu Finance Supervisor.

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### Immunization campaign

Children must be immunized early in life it is essential that infants , both girls and boys, get all recommended vaccines at the right time . Some vaccines require multiple doses for full protection . It is important for every child to complete the full number of these immunizations. To protect the child during and beyond the first year of life , the immunizations in the chart below are necessary. These are most effective when given at the ages specified, or as close to those ages as possible.

#### IMMUNIZATION SCHEDULES FOR INFANTS

- Age at immunization
- At birth
- 6-8 weeks
- 10-12 weeks
- 14-24 weeks
- 9 months
- 9-15 months
- 12-18 months

15 months -6 years

#### EVERY FAMILY AND COMMUNITY HAS TO RIGHT TO KNOW

- 1. Immunization is urgent, every child should complete the recommended series of immunizations.
- 2. Immunization protect against several dangerous diseases.
- 3. It is safe to immunize a child who has a minor illness or a disability or is malnourished.
- 4. All pregnant women and their newborns need to be protected against tetanus.
- 5. A new syringe must be used for every person being immunized.
- 6. Disease can spread quickly when people are crowded together
- 7. The vaccination card of a child (or an adult) should be presented to the health worker before every immunization.

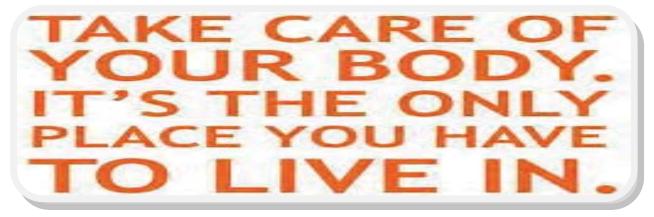


# **HEALTH AND FITNESS**



Ukuzivocavoca umzimba kuyinto enhle kukhulula kuhlanza negazi lakho. Kunciphisa nezifo emzimbeni kunikeza ithuba lokuphila isikhathi eside.





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#### COMMUNITY DIALOG



Kwakwe kwashuba umoya kancane izingane zikhumbuza abazali ngamalungelo azo ashicilelwe kusomqulu wamalungelo abantu. Lenkulumo mpikiswano yayihlelwe yinkosi yesizwe saKwaBhejane- Khoza ngokubambisana neminyango kahulumeni eyahlukahlukene. Abantwana belulekwa abantwana ukuthi kumele baziphathe kanjani ikakhulukazi ezamantombazane , zabe sechazelwa ngokubaluleka kwemfunda esikhathini samanje.



Mrs. M.K. Ngema, Assistant Nursing Manager, naye washayela isipikili sokigcina kulenkulumo mpikiswano







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# STAFF QUALITY DAY

" If you can not do great things... then do small things in a

#### Great way" By: Napoleon Hill

On the 13/11/2015 it was awarding ceremony/quality day where we get an opportunity to pass our gratitude to all our staff from Nseleni CHC and our satellite clinics, Dondotha, Cinci, Sappi, Sokhulu, Nhlabane, Mbonambi and Mobile Teams and departments for their hard work they have put throughout the year, we also thanked our partners who have played the big role in making Nseleni CHC the best organization (Path, Broadreach, Malaria, Saccawu ). And to our sponsors who have made this event possible. The event was organized by Quality Team.



Mr. T. Fakazi Businessman, Chairperson of 1kzntv was our Guest Speaker for the day







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# ENCOURAGING AND AWARDING









"The only way of finding the limits of the possible is by going beyond them into the impossible." By Arthur C. Clarke

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"The difference between a successful person and others is not lack of strength not a lack of knowledge but rather a lack of will." by: Vince Lombardi



Left : Dr. T. Fakazi the chairperson of 1kzntv,Business man who was the key note speaker of the day .Right: Mr. T.S Nhlapho acting Ceo and below Staff from Nseleni CHC, Clinics



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# STAFF/ AUDIENCE



"Nurture your mind with great thoughts. To believe in the heroic makes heroes." By: Benjamin Disraeli







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### Best Overall Clinics Employees (UMbonambi, Sokhulu, Cinci, Dondotha, Sappi, Nhlabane)





"Do not go where the path may lead, go instead where there is no path and leave a trail." by : Ralph Waldo Emerson.









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### **INTERVIEWED BY 1KZNTV**



Dr. T. Fakazi



Mr. T.S Nhlapho

# ENTRAINMENT



Youth friendly Ground



DJ Ndumi Mhlongo

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### COMMUNITY OUTREACH



Senior citizen were checked for Diabetes and BP



NSELENI CHC WAS VISITED BY AMERICANS AND BROADREACH



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#### FREE AIDS GENERATION



World aids day is celebrated throughout the world, some remembered their loved ones who have pass on through this pandemic. another's support to those who are infected by Hiv and Aids. The most important thing about this day is to remind ourselves that we have the power to overcome the pain that Aids has brought into our lives and believe that love and support can



overcome this no matter what. We also need to love those who have be infected, support them in every step of the way, Encourage them to look after themselves give them strength in times of their weakness most of all we shouldn't judge them.

Aids has left many orphans, widows and grandmothers to look after their grandchildren, we as the country we need to come together and fight for free Aids generation. We can have that if we educate our children, be true to them as our elderly people would say "INDLELA IBUZWA KWABAPHAMBILI" especially for our daughters and Sisters (INZALA BANTU) women must know their worth, self-love is most important value one can have and no one can take that away from you , also know that education is the key, have dreams work hard for your dreams to come true, believe in yourself that you can achieve anything in life if you put your mind into it, never be afraid to speak out.

**Care and concern.** It is being worn by increasing numbers of people around the world to demonstrate their care and concern about HIV and AIDS – for those who are living with HIV, for those who are ill, for those who have died and for those who care for and support people who are directly affected.

**Hope.** The red ribbon is intended to be a symbol of hope – that the search for a vaccine and cure to halt the suffering is successful and the quality of life improves for those living with the virus.

**Support**. The red ribbon offers symbolic support for those living with HIV, for the continuing education of those not infected, for maximum efforts to find effective treatments, cures or vaccines, and for those who have lost friends, family members or loved ones to AIDS.

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# WORLD'S AIDS DAY EVENT



N.W MNGOMEZULU (OM), P.S XABA (SCHOOL HEALTH) SISTER NTULI ( COMMUNITY OUTREACH)



Mrs. N. Dladla (PHC SPECIALIST DISTRICT HEALTH) was guest speaker of the day

THE MEESAGE OF THE DAY WAS CLEAR TO EVERYONE WHO WAS ATTENDING THE EVENT. ALL THE SPEACKERS WAS ON THE SAME TRACK , "NO ONE CAN LEAD OUR LIVES FOR US. WE ARE RESPONSI-BLE FOR OUR ACTIONS. SO PEO-PLE – ESPECIALLY THE YOUNGER GENERATION---NEED TO BE VERY CAREFUL ESPECIALLY WHERE SAFE SEX IS CONCERNED." THAT WAS THE MESSAGE OF THE DAY.



SISTER N.S NTULI

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## INTERVIEWS WITH 1KZNTV NEWS





### ENTERTAIMENT









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### CANDLE LIGHT FOR THOSE WHO HAVE PASS ON













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# MESAGIES OF SUPPORT

## AIDS IS NO LONGER A DEATH



WE NEED TO BAND TOGETHER AS A UNIT EVERY DAY, ESPECIALLY TO CON-QUER THE STRENGTH OF THE AIDS VIRUS.



"Every minute of every day, a child under 15 is infected with HIV - the overwhelming majority of children under 15 who are HIV-positive get infected through their mothers at birth. Without treatment, half of these children die before they reach their second birthday."

-- GABRIEL BYRNE

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#### 2015 YEAR END PRAYER

#### FROM PRO'S DESK

As Public Relations Office, we would like to pass our gratitude's to all internal and external stakeholders , Nseleni CHC EXCO, Staff Members, Clinics,



Mr. V.N Khuzwayo

outreach teams, administration, Security Team, Cleaning Team for their Support to our Office throughout the year 2015.

It was a great year indeed for our office because of you. We humble ourselves as we agreed that each journey has its ups and downs but we also like to apologies to all those who we have step our fit on their toes, it was nothing personal but it was the pressure for that particular moment.

We also like to thank the editorial team for our articles and newsletters, you are the best team we've ever worked with.

As you celebrate and starting year 2016, may your heart be filled with joy and peace. May these year blessings linger in your home and stay with you throughout the year.

Hope year 2016 will be warm and sweet as a cup of hot cocoa and filled with more granted wishes than you can count till we end it. May God bless you all and stay blessed.







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